

Nightingale's fairy tale

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Music: Cailin Gaelach, The Nightingale's Song, CD: Ballroom Passion
Rhythm/Phase: **Waltz Phase III+2 (open in & out runs, hover telemark)**
Difficulty: Above average
Sequence: **Intro – A – B – Inter – B(1-16) - C – B mod - Ending**
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Intro

1-4 WAIT; ROLL 3 CKG; CROSS CIRCLE TO FACE; BALANCE LEFT;

[Keep eye contact but no touching throughout first 6 meas. Swing arms at waist level]

1 Man fcg ptr & Wall w/ W slightly offset towards LOD & both w/ L ft free wait 1 meas;

2 Both swinging left arm if of bdy & right arm ib roll LF L, R, L down LOD (W down RLOD) one full trn ckg [while rolling chg arms to Rif & Lib];

3 Circ ½ RF R, L, R to end fc ptr & COH [while cirg chg arms to Lif & Rib];

4 Sd L, XRib, rec L [chg arms to Rif & Lib];

5-8 ROLL 3 CKG; CROSS CIRCLE M TOUCH TO CP; QUICK VINE & THRU; CANTER;

5 Roll RF R, L, R down LOD (W down RLOD) one full trn ckg [chg arms to Lif & Rib];

1&23

6 Circ ½ LF L, R, tch L to R (W cl R) to CP WALL;

7 Sd L/XRib, sd L, thru R;

8 Sd L, draw R, cl R;

9-10 QUICK VINE & THRU; CANTER;

9-10 Rpt meas 7-8 of Intro;;

A

1-4 WALTZ AWAY & TOG;; LACE OVER & BK;;

1 Trng to OP waltz fwd LOD L, R, cl L trng to slight BK-TO-BK pos;

2 Fwd R, L, cl R trng to BFLY WALL;

3 Both movg diag across LOD shaping twds each other M passg behind W fwd L, fwd R, cl L (W crosses undr jnd ld hnds) to LOP LOD;

4 Relg ld hnds & jng trl hnds both movg diag across LOD shaping twds each other M passg behind W fwd R, fwd L, cl R (W crosses undr jnd trl hnds) to OP LOD;

5-8 OPEN VINE 3; ROLL 3 TO CLOSED; QUICK VINE & THRU; CANTER;

5 Relg trl hnds & jng ld hnds sd L trng to fc, XRib (W LIB) to mom LOP RLOD, sd & fwd L trng to mom OP LOD;

6 Roll LF R, L, R to CP WALL;

7-8 Rpt meas 7-8 of Intro;;

9-10 QUICK VINE & THRU; CANTER;

9-10 Rpt meas 7-8 of Intro;;

B

1-4 SOLO ROLL 6 LOD;; CONT TURN TO BK TO BK M TCH; BK TO BK BALANCE;

[No hnds until meas 8]

1 Fwd L LOD comm trng away LF from ptr, sd & bk R cont trn, bk L cont trn to LOP RLOD;

2 Bk R cont trn LF trn, sd & bk L, thru R LOD;

3 Fwd L contg solo trn to BK-TO-BK pos, sd R, tch L (W cl R);

4 Both sd L, XRib lookg over R shldr, rec L;

5-8 BK TO BK BALANCE 2X; TURN TO FC; ROLL X CKG; CROSS CIRCLE M TOUCH TO CP;

5 Both sd R, XLib lookg over L shldr, rec R;

6 Both sd L, XRib lookg over R shldr, rec L trng to fc LOD (W RLOD);

7 Changing sides roll R, L, R to fc COH (W rolls in frt of M to fc WALL);

8 Rpt meas 6 of Intro describing a smaller circle;

9-12 HOVER TELEMAR; MANEUVER; OPEN IMPETUS TO FC LOD; HOVER FALLAWAY;

9 Fwd L, fwd R rising slightly & trng bdy RF while trng W to SCP, fwd L DLW in SCP;

10 Step thru R comm RF trn (W fwd L), sd L cont trn RF trn, cl R to CP RLOD;

11 Bk L bringing R beside L w/ no wgt comm RF heel trn, chg wgt to R cont RF trn, fwd L (W fwd R pivoting ½ RF, sd & fwd L around M cont pivoting action brushing R to L, fwd R) to SCP LOD;

12 Fwd R, fwd L rising & ckg, bk R still in SCP;

13-16 BK HOVER TO BJO; MANEUVER; 2 RIGHT TURNS;;

13 Bk L, sd & bk R with a slight rise, rec L;
14 Fwd R outside ptr comm RF trn, sd L cont trn RF trn, cl R to CP RLOD;
15 Bk L comm RF trn, sd R cont trn, cl L fc DLC;
16 Fwd R trng RF, sd L cont trn, cl R to fc Wall;

17-18 TWIRL VINE; THRU FACE CLOSE M TOUCH;

17 Sd L twds LOD, XLib, sd L (W twirl RF under jnd ld hnds R, L, R);
18 Thru R, sd L, M tch R to L (W cl L);

Inter

1-4 BALANCE RIGHT; ROLL 3 CKG; CROSS CIRCLE TO FACE; BALANCE LEFT;

[Keep eye contact thruout Inter]

1 Both sd R, XLib, rec R;
2-4 Rpt meas 2-4 of Intro;;;

5-8 ROLL 3 CKG; CROSS CIRCLE M TOUCH TO CP; QUICK VINE & THRU; CANTER;

Rpt meas 5-8 of Intro;;;

9-10 QUICK VINE & THRU; CANTER;

9-10 Rpt meas 9-10 of Intro;;

Rpt meas 1-16 of Part B

C

1-4 TWIRL VINE TO ½ OPEN; OPEN IN & OUT RUNS;; THRU FACE CLOSE;

1 Rpt meas 17 of B;
2 Fwd R starting RF trn, cont RF trn sd & bk diag LOD & WALL L, cont trn fwd R (W sml fwd L, R, L) to left ½ OP LOD;
3 Sml fwd R, L, R (W fwd R starting RF trn, cont RF trn sd & bk diag LOD & WALL L, cont trn fwd R) to ½ OP LOD;
4 Thru R, sd & fc L, cl R to CP fc Wall;

5-8 WHISK; WING; OPEN TELEMAR; MANEUVER;

5 Fwd L, fwd & sd R rise to ball of foot, XLib of R (both Xib);
6 Fwd R, draw L, tch L to R trng upper body LF (W fwd L comm Xif of M trng slightly LF, fwd R around M cont to trn LF, fwd L around M cont to trn LF) to SCAR DLC;
7 Fwd L, fwd R strong LF trn, fwd L in SCP DLW;
8 Thru R comm RF trn, sd L cont trn RF trn, cl R to CP RLOD;

9-12 SPIN TURN; BOX FINISH; 2 LEFT TURNS;;

9 Bk L pivot 3/8, fwd R dwn LOD btw ptrnr ft and rise, bk L;
10 Bk R, sd L trn to fc DLC, cl R CP DLC;
11-12 Fwd L comm LF trn, sd R to FC RLOD, cl R; bk R comm LF trn, sd L to fc Wall, cl R;

13-14 WALTZ AWAY & TOG;;

13-14 Rpt meas 1-2 of A;;

B MOD

1-11 Rpt meas 1-11 of Part B

12-14 PU SIDE CLOSE; 2 LEFT TURNS;;

12 Thru & fwd R, sd L, cl R CP LOD (W thru L trng LF to CP, sd R, cl L);
13-14 Rpt meas 11-12 of C;;

ENDING

1-7 Rpt meas 1-7 of Part C

8 CHAIR;

8 Fwd R lunge in SCP;