COMPOSERS: Bob & Peggy Frey, 105 Joyce Ave., Harrison, Ohio 45030
RECORD: Warner Bros. Records 7-28963 (CCA 3255S)
A LONG AND LASTING LOVE

Lasting Love

FOOTWORK: Opposite, Directions for Man
RHYTHM: Foxtrot **EZ INT Level**
SEQUENCE: INTRO - A - A - B - A - A - B - A(1-10) - Ending

MEAS

INTRO

1 - 6 WAIT; WAIT; WAIT; WAIT; APT,-,POINT,-; TOG,-, TOUCH,-;
1-4 in op fcg **pos** wait 4 meas
5-6 step apart L,-, point R,-; step tog R to cp wall,-, touch L,-;

7 -11 FULL BOX;; VINE 3; PICKUP,-,SIDE,CLOSE; WALK 2;
7-8 cp fcg wall fwd L,-,swd R,cl L; bwd R,-,swd L, cl R;
9-10 swd L,-,XRIB, swd L; XRIF (W XLIF) stepping toward lod picking up woman to cp lod,-, swd coh L, cl R;
11 cp lod fwd **L**,-, fwd R,-;

PART A

1 - 4 FWD,-, RUN,2; FWD,-,RUN,2; TWO LEFT TURNS;;
1-2 cp lod fwd L,-, fwd R, fwd L; fwd R,-, fwd L, fwd R;
3-4 fwd L turning lf,-, swd R continuing turn, cl L to cp rlod; bwd R continuing lf turn,-, swd L, cl R to cp wall;

5 - 8 WHISK; WING TO SCAR; TWINKLE; TWINKLE MANEUVER;
5-6 cp wall fwd L,-,swd R, XLIB (W XRIB) rise & turn to scp lod; fwd d w R,-, fwd L, fwd R(W fwd L,-, fwd R starting around M, fwd L on around to scar);
7-8 fwd L,-, swd R, cl L blending to bjo d c; fwd R,-, swd L, fwd & around R blending to cp rlod;

9 -11 TWO RIGHT TURNS;; WALK,-,2,-;
9-10 bwd L turning ¼ rf to coh,-, swd lod R, cl L; fwd R turning ¼ rf to lod,-, swd L, cl R;
11 cp lod fwd L,-, fwd R,-;

PART B

1 - 4 LEFT TURNING BOX;;;;
1-4 cp lod fwd L turning ¼ lf to coh,-, swd R, cl L; bwd R turning ¼ lf to rlod,-, swd L, cl R; fwd L turning ¼ lf to wall,-, swd R, cl L; bwd R turn ¼ lf to cp lod,-, swd L, cl R;

5 - 8 FWD,-, RUN,2; ONE RIGHT TURN; SPIN TURN; HALF BOX BACK;
5-6 cp lod fwd L,-, fwd R, fwd L; fwd R turning ¼ rf to fc wall,-,swd L continuing rf turn to cp rlod, cl R;
7-8 bk L piv rf,-, fwd R cont piv & rise, rec L ending cp lod; bk R,-, swd L, cl R ending cp lod;

9 -16 REPEAT MEAS 1 - 8 PART B

ENDING

1 - 5 FWD,-, RUN,2; HALF BOX TURNING RIGHT; TWIRL,-,2,-;
SIDE,-,DRAW, CLOSE; APART,-, POINT,-;
1-2 cp lod fwd L,-, fwd R, fwd L; fwd R turning ¼ rf to cp wall,-, swd L, cl R;
3-4 swd L,-, XRIB as W twirls R,-,L,- under M's raised L arm,-; swd lod L,-, draw R to L, cl R;
5 step aprt L,-, point R twd ptr ,-;

