FOXTROT TONIGHT 4/15/88

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RECORD: Roper 172-A Flip Long Ago & Far Away PHASE V
SEQUENCE: INTRO, A, B, A, B, ENDING SPEED: 44 RPM

INTRO

1-4 WAIT 2 MEAS;-; ROLL,-, 2, 3; CHAIR,-, RECOV, SLIP (M TRANS);
1-2 Wait 2 meas in shadow pos fc LOD both R ft free;-;
SQQ 3 Roll twd the wall R,-, L, R again to skaters;
SQQ 4 Chair L twd wall,-, recov R, tch L to fc DC (W swivel L fc on R & step fwd L to CP);

PART A

1-4 REV TRN;-; THREE STEP; START NATL WEAVE;
SQQ 1 Fwd L start L fc body trn,-, sd R cont trn (W cl L to R heel trn), bk L LOD CP;
SQQ 2 Bk R cont L fc trn,-, sd & slightly fwd L DW, fwd R BJO;
SQQ 3 Fwd L to CP,-, fwd R heel to toe, fwd L;
SQQ 4 Fwd R,-, fwd L trning R fc (W cl L to R heel trn), sd & bk R fc DRW with R shoulder lead;
5-8 FINISH NATL WEAVE; TOP SPIN; BK FEATHER; FEATHER FINISH;
QQQQ 5 Bk L in BJO, bk R commence L fc trn, sd & fwd L trn L fc, fwd R to BJO DW checking and spin L fc 1/4 to fc DC;
QQQQ 6 Bk L cont to trn L fc, bk R cont trn, sd & fwd L, fwd R BJO DRW checking;
SQQ 7 Bk L,-, bk R with R shoulder lead, bk L in BJO;
SQQ 8 Bk R trn L fc,-, sd & fwd L, fwd R BJO DW;
9-12 HOVER TELEMARK; OPEN NATL; SLOW OUTSIDE AERIAL SWIVEL; START PROMENADE WEAVE;
SQQ 9 Fwd L,-, diag sd & fwd R rising slightly with body trn 1/8 to R, fwd L in SCP DW;
SQQ 10 Fwd R commence R fc trn,-, sd & bk L cont trn (W fwd R betw M's feet), bk R to BJO fc DRC;
SS 11 Bk L trn body twd W (W fwd R),-, XRIF of L no wgt (W swivel R fc on ball of foot lift L leg bk from hip bent at the knee to SCP DRC),-;
SQQ 12 Fwd R SCP DRC,-, fwd L trn L fc to CP, sd & bk R to BJO DRW (Notice direction and amount of turn is less);
13-16 FINISH PROM WEAVE; THREE STEP; FULL NATL TRN;-;
QQQQ 13 Bk L in BJO, bk R commence L fc trn, sd & slightly fwd L, fwd R in BJO DW;
SQQ 14 Repeat meas 3 part A;
SQQ 15 Fwd R start R fc trn,-, sd DW on L (W close R to L heel trn), bk R LOD CP;
SS 16 Bk L trn R fc,-, small step R heel pull cont to fc DC CP (W sd L cont trn),-;

PART B

1-4 DBL REV SPIN; OPEN TELEMARK; CHAIR & SLIP; REV WAVE;
SQ&Q 1 Fwd L commence L fc trn,-, fwd & sd R arnd W (W cl L to R heel trn), spin L fc on ball of R bring L to R no wgt (W fwd & sd R arnd M trn L fc/ lck LIF of R);
SQQ 2 Fwd L DC commence L fc trn,-, fwd & sd R trn L fc (W cl L to R heel trn), fwd L in SCP DW;
SQQ 3 Check thru R,-, recov L, bk R on toe to CP DC (W swivel L fc on R to step fwd L to CP);
SQQ 4 Repeat meas 1 part A to end DRC;
5-8 CHECK & WEAVE WITH HINGE ENDING; -; HOVER EXIT; FEATHER;
SQQ 5 Check bk R,-, recov L, sd & bk R to BJO DRW;
QQQQ 6 Bk L in BJO, bk R commence L fc trn, sd & slightly fwd L, lower in L knee cont body trn L with L sd stretch (W bk L with head well to L);
SQQ 7 Hold but trn body R fc (W recov R),-, sd R with hover action, recov L to SCP LOD;
SQQ 8 Thru R (W commence L fc trn),-, fwd L (W sd & bk R to BJO), fwd R;
9-12 THREE STEP; HALF NATL TRN; CLOSED IMPETUS; FEATHER FINISH;
SQQSQQ 9-10 Repeat meas 14-15 part A;-;
SQQ 11 Bk L commence R fc trn,-, cl R to L heel trn to DW (W sd & fwd L arnd M trn R fc brush R to L), bk L CP;
SQQ 12 Bk R trn L fc,-, sd & fwd L, fwd R to BJO DC;
13-16 REV WAVE; -; BK FEATHER; BK THREE STEP;
SQQ 13 Repeat meas 4 part B;
SQQ 14 Bk R slight curve R fc,-, bk L curve to fc RLOD, bk R;
SQQ 15 Repeat meas 7 part A;
SQQ 16 Bk R to CP,-, bk L, bk R;
17-18 OPEN IMPETUS; FEATHER;
SQQ 17 Bk L commence R fc trn,-, Cl R to L heel trn (W sd & fwd L arnd M trn R fc brush R to L), fwd L DC SCP;
SQQ 18 Repeat meas 8 part B DC;

REPEAT A
REPEAT B

ENDING

1-7 REPEAT MEAS 1-5 PART A; -; -; -; -; START TOP SPIN TO HINGE; -;
QQS 6 Bk L cont to trn L fc, bk R to fc COH, sd & fwd L,-;
SS 7 Slowly lower in L knee cont body trn L with L sd stretch (W bk L with head well to L);