THIS IS LOVE

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CHOREO: Åke & Birgitta Grahm
ADDRESS: Backstigen 9, 37030, Rödeby, Sweden
PHONE: +46 455 48716 **E-MAIL:** grahm@telia.com
MUSIC: Song: Eso Es El Amor Music Media Source: CD DLD 1073,1086,STAR 132
Artist: Ross Mitchel Flip of:
Music Modified: No **MPM/BPM:** BPM:30 **TIME @ BPM:** 2.17
FOOTWORK: opposite unless indicated (W's footwork in parentheses)
RHYTHM: CH **RAL PHASE:** IV + 2 (open hip twist / sweethearts)
V with option challenge chase

SEQUENCE: INTRO, A, B, C, A (1-14) END

MEAS.

INTRODUCTION

1-4 **WAIT; AIDA ; SWITCH ROCK : SPOT TURN;**
1-2 OP FCG/WALL trl ft free Wait; Thru R, fwd L trn RF, bk R/cl L, bk R to V bk-bk pos;
3-4 Trn LF to fc ptr sd L, rk sd R, sd L/cl R, sd L; Thru R to LOD trn ½ LF, fwd L to RLOD cont trn to BFLY, sd R/cl L, sd R;

PART A

1-4 **HAND TO HAND TWICE;; BREAK BK TO OPEN; WALK AND CHA;**
1-2 Bk L (bk R)to OP LOD, rec R to BFLY, sd L/cl R, sd L; Bk R (bk L) to LOP RLOD, rec L to BFLY, sd R/cl L, sd R;
3-4 Bk L to OP LOD, fwd R, fwd L/cl R, fwd L (bk R to OP LOD, fwd L, fwd R/cl L, fwd R); Fwd R, fwd L, fwdR/cl L, fwd R (W fwd L, fwd R, fwd L/cl R, fwd L);

5-8 **SLIDING DOORS TO OPEN;; BASIC/LADY TO FACING FAN;;**
5-6 Rk sd L, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif to OP LOD;
7-8 Fwd L, rec R, bk L/cl R, bk L (fwd R, rec L, bk R/cl L, bk R); Bk R, rec L, fwd R/cl L, fwd R (W fwd L, trn ½ LF to fc RLOD bk R, bk L/lk R, bk L); to HNDSHK

9-12 **ROCK FORWARD TO BACK TRIPLE CHA;; WHIP TO FORWARD TRIPLE CHA;;**
9-10 Rk fwd L, rec R, bk L/cl R, bk L [w/L sd lead & R hnds tchg] ; bk R/cl L, bk R[w/R sd lead & L hnds tchg], bk L/cl R, bk L [w/L sd lead & R hnds jnd];
11-12 Bk R comm LF trn, rec fwd L cont trn fc RLOD (W fwd Loutsd M, fwd R trn ½ LF to fc LOD), fwd R/cl L, fwd R [w/R sd lead & R hnds tchg]; fwd L/cl R, fwd L [w/L sd lead & L hnds tchg], fwd R/cl L, fwd R [w/R sd lead & R hnds jnd];

13-16 **HALF BASIC; UNDERARM TURN TO FACE WALL; TIME STEP TWICE;;**
13-14 R hnds jnd fwd L, rec bk R comm LF trn, sd L/cl R, sd L; Bk R, rec fwd L to fc WALL, sd R/cl L, sd R (W fwd L comm RF trn, fwd R cont trn to fc ptr, sd L/cl R, sd L);
15-16 XLib, rec R,sd L/cl R, sd L; XRib, rec L, sd R/cl L, sd R; to LOP FCG

PART B

1-4 **OPEN HIP TWIST; FAN; HOCKEY STICK;;**
1-2 Fwd L, rec R, bk L/cl R, bk L (W Bk R, rec L, fwd R/cl L, fwd R/swvl RF to fc LOD); Bk R, rec L, sd R/cl L, sd R (W fwd L, fwd R trn ½ LF to fc RLOD, bk L/lk R, bk L);
3-4 Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R); Bk R, rec L to fc DRW, fwd R/cl L, fwd R (W fwd L, fwd R trn LF undr jnd ld hnds to fc DC, bk L/cl R, bk L);

5-8 **ALEMANA;; LARIAT;;**
5-6 Fwd L, rec R, sd L/cl R, sd L lead W to trn RF (W bk R, rec L, sd R/cl L, sd R comm RF trn); Bk R lead W to cont trn RF, rec L to fc wall, sd R/cl L, sd R (W fwd L trn RF, fwd R cont trn, fwd L/cl R, fwd L to M´s R sd);
7-8 Sd L, rec R, sip L/R, L (W fwd R, fwd L, fwd R/cl L, fwd R arnd M); Sd R, rec L, sip R/L, R (W cont arnd M fwd L, fwd R, fwd L/cl R, sd R to fc ptr);

9-12 **TIME STEP; AIDA; SWITCH CROSS; SIDE WALK;**
9-10 Repeat Part A meas 15; repeat Intro meas 2;
11-12 Trn LF sd L to fc ptr, rec R, XLif/sd R, XLif; Sd R, cl L, sd R/cl L, sd R;

13-16 **CHASE;;;; (OPTION CHALLENGE CHASE WILL MAKE THE DANCE PHASE V)**

13-14 Fwd L trn ½ RF to fc COH, fwd R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R); fwd R trn ½ LF to fc WALL, fwd L, fwd R/cl L, fwd R (W fwd L trn ½ RF,fwd R, fwd L/cl R, fwd L);

15-16 Fwd L, rec R, bk L/cl R, bk L (fwd R trn ½ LF to fc COH, fwd L, fwd R/cl L, fwd R to BFLY); bk R,rec L, fwd R/cl L, fwd R ; to HNDSHK

optional 13-14 *Option Challenge chase*: fwd L trn RF to fc COH, fwd R, trn 1½ revolutions RF L/R, L to fc ptr (bk R, rec fwd L, fwd R/cl L, fwd R); Bk R, rec fwd L, fwd R/cl L, fwd R (fwd L trn RF to fc WALL, fwd R, trn 1½ revolutions LF L/R, L to fc ptr);

optional 15-16 *Option Challenge chase* repeat optional meas 13-14;; to HNDSHK

PART C

1-5 **FLIRT;; SWEETHEART 3 TIMES , LADY TURNS TO FC;;;**

1-2 R hnds jnd fwd L, rec R to VARS, sd L/cl R, sd L (W Bk R, rec L trng LF, cont trn to VARS sd R/cl L, sd R); Bk R, rec L, sd R/cl L, sd R to L VARS (W Bk L, rec R, sd L/cl R, sd L to L VARS);

3-5 Ck fwd L, rec R, sd L/cl R, sd L (W Ck bk R, rec L, sd R/cl L, sd R); ck fwd R, rec L, Sd R/cl L, sd R (W Ck bk L, rec R, sd L/cl R, sd L); repeat meas 3 but join R hnds at the last step & W trns RF to fc M;

6-8 **SPOT TURN; HAND TO HAND TWICE;;**

6-8 Repeat Intro meas 4; repeat Part A meas 1-2;;

9-12 **REVERSE UNDERARM TURN; WHIP & TWIRL; NEW YORKER; WHIP;**

9-10 XLif ld W to trn LF, rec R, sd L/cl R, sd L (W XRif trn LF under jnd ld hnds, rec L cont trn to fc ptr, sd R/cl L, sd R); bk R comm ¼ LF trn , rec L cont trn ¼ LF to fc ptr, sd R/cl L, sd R (W fwd L outsd M, fwd R trn ½ LF, twirl L/R, L undr jnd ld hnds);

11-12 Thru L to LOP LOD, rec R, sd L/cl R, sd L; bk R comm ¼ LF trn , rec L cont trn ¼ LF to fc ptr & WALL, sd R/cl L, sd R (W fwd L outsd M, fwd R trn ½ LF, sd L/cl R, sd L);

13-16 **REVERSE UNDERARM TURN; AIDA; SWITCH ROCK; SPOT TURN;**

13-14 Repeat Part C meas 9; Repeat Intro meas 2;

15-16 Repeat Intro meas 3-4;;

REPEAT PART A, meas 1-14

1-4 **HAND TO HAND TWICE;; BREAK TO OPEN; WALK AND CHA;**

5-8 **SLIDING DOORS TO OPEN;; BASIC/LADY TO FACING FAN;;**

9-12 **ROCK FORWARD TO BACK TRIPLE CHA;; WHIP TO FORWARD TRIPLE CHA;;**

13-14 **HALF BASIC; UNDERARM TURN TO FACE WALL;**

END

1-2 **HALF BASIC; AIDA IN 3, HOLD;**

1-2 Fwd L, rec R, sd L/cl R, sd L ; thru R, fwd L trn to LOP/RLOD, Bk R to V bk-bk, hold;