

The Way We Were

Choreography: Richard E. Lamberty 909 Marina Village Pkwy #309, Alameda, CA 94501 510-839-7644
Record: The Way We Were (Flip of Papillon) REXL Records
Sequence: Introduction A A B C C Ending
Phase: 6
Date: June 26, 1995 (Version 1.0)

INTRODUCTION

1 - 4 Wait 2 meas; ; Open Telemark; Feather Ending;

- 1 - 2 Wait two measures in CP facing DC; ;
3 - 4 Standard figures. Commence in CP \ DC. End in CP \ DW.

PART A

1 - 4 Reverse Wave; Check & Weave; ; Three Step;

- 1 - 4 Standard figures. Commence facing DW. End in CP \ DW..

5 - 8 Natural Preparation; Samefoot Lunge; Hover (Transition) to BJO; Weave Ending;

- 5 [Natural Preparation; SQH;] Fwd R between ptr's feet commence RF trn rising, -, fwd & arnd L cont RF trn to face COH [W: heel turn], touch R near L;
[W: SQQ; Bk L rising, -, close R to L heel trn RF, cont RF trn small step bk L twd LOD;]
6 [Samefoot Lunge: SH;] Lowering into L knee and swaying L step sd & slightly fwd R twd ptr, -, change sway to R, -;
[W: Lowering into L knee and swaying R step bk R, -, change sway to L closing head, -;]
7 [Hover (Transition) to BJO: HQQ;] Changing sway to L lead W to step fwd onto her L, -, blending to CP facing DWR fwd L rising, sd & bk R twd DC;
8 [Weave Ending: QQQQ;] Bk L [W: fwd R outside ptr], bk R blending to CP, trng LF trn sd & fwd L twd DW, fwd R outside ptr;

PART B

1 - 4 Running Three Step; Travelling Contra Check; Open Natural; Slow Outside Swivel;

- 1 [Running Three Step: SQ&Q;] Fwd L twd DW blending to CP, -, fwd R heel to toe / fwd L, fwd R lowering and swaying L;
2 [Travelling Contra Check: SQQ;] Fwd L twd DW and as weight is transferred change sway to R, -, cl R to L then rise, trng to SCP facing DW sd & fwd L;
3 [Open Natural: SQQ;] Thru R, -, trng RF across ptr sd & arnd L [W: fwd R between M's feet], sd & bk R twd DW;
4 [Slow Outside Swivel: SH;] Lowering well into R and shaping body twd ptr bk L [W: fwd R outside ptr] and allow W to swivel to SCP facing DCR over two slow counts;

5 - 8 Big Top; Reverse Pivot to Throwaway Oversway; ; Recover, Hover to SCP;

- 5 [Big Top: SQQ;] Thru R commencing to rise, -, trng strongly LF bk L nearly to COH, rising slip bk R to end facing DC in CP;
[W: Thru L rising, -, trng strongly LF fwd & arnd ptr R blending to CP, cont trng on ball of R then slip fwd L lowering;]
6 - 7 [Reverse Pivot to Throwaway Oversway: SS; SS;] Fwd L twd DC commence LF trn rising, -, fwd & arnd R cont LF trn [W: heel turn], -; Lowering into R knee reach back with L twd LOD and swaying strong L step onto L trng LF to face DW leave R leg extended and change sway to R;
[W: Bk R rising, -, close L to R heel turn, -; Swaying to R and looking to R reach fwd R trng LF to end backing DW and pass L leg under body extending it back twd DW changing sway and head to L;]
8 [Recover, Hover to SCP: SQQ;] Increasing R sway slightly collect the free legs under the bodies, -. cl R to L rising, trng to SCP facing DC sd & fwd L;

PART C**1 - 7 Promenade Weave; ; Three Step; Continuous Natural Hover Cross with Breaks; ; Double Reverse Spin;**

- 1 - 3 Standard figures. Commence facing DW. End in CP \ DW..
- 4 - 6 [Continuous Natural Hover Cross with Breaks: SQQ; 8 Q; ;] Fwd R between ptr's feet commence RF trn rising, -, fwd & arnd L cont RF trn [W: heel turn], sd & fwd R foot pointing DW and body facing LOD; Fwd L small step and high on toes outside ptr in SCAR checking, rec R, fwd L small step outside ptr in SCAR, trng RF cl R to L [W: sd & arnd L] blending to CP facing DW; Cont RF trn bk L twd RLOD [W: fwd R outside ptr], bk R blending to CP, sd & fwd L twd DC, fwd R outside ptr;
- 7 [Double Reverse Spin: SQQ&;] Standard Figure. Commence facing DW. End facing LOD in CP.

8 - 12 Reverse Wave; Back Three Step; Back Feather; Back Three Step; Tipple Chasse Pivot;

- 8 - 11 [Reverse Wave Sequence: SQQ; ; ; ;] Standard Figure. Commence facing LOD. End backing LOD.
- 12 [Tipple Chasse Pivot: SQ&Q;] Bk L commence RF trn, -, sd R twd LOD / cl L to R rising, fwd R between ptr's feet pivot 1/2 to face RLOD still in CP;

13 - 16 Closed Impetus; Feather Finish; Fallaway Lilt; Outside Change to SCP;

- 13 - 14 [Closed Impetus & Feather Finish: SQQ;;] Standard figures. Commence backing LOD in CP. End facing CBJO \ DC.
- 15 [Fallaway Lilt: QQQQ;] Fwd L blending to CP commence LF trn, sd R twd DC, bk L in fallaway position, rising and allowing W to trn LF to CBJO bk R twd LOD;
- 16 [Outside Change to SCP: SQQ;] Bk L in CBJO, -, blending to CP bk R, trng to SCP \ DW fwd L;

17 - 20 Natural Weave; ; Change to Direction; Travelling Contra Check;

- 17 - 19 Standard figure. Commence in SCP \ DW. End in CP \ DC.
- 20 [Travelling Contra Check: SQQ;] Fwd L twd DC and as weight is transferred change sway to R, -, cl R to L then rise, trng to SCP facing DC sd & fwd L;

ENDING**1 - 2 Thru to a Challenge Line; Oversway.**

- 1 [Challenge Line: SS;] Thru R twd DC, -, lunge sd L in SCP with a strong L sway, -;
- 2 [Oversway: S---.] Lowering into L knee change sway to R and hold.