

THE ROSE



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Record: Atlantic 3656, The Rose; Artist: Bette Midler
Speed: 43
Rhythm: Foxtrot
Phase: VI
Footwork: Directions for man , woman opposite (or as noted)
Sequence: Intro-A-A[3-10]-BRG-B-A[3-10]-BRG-C-A[3-10]MOD-Ending
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INTRODUCTION

1-4 WAIT 2 MEAS;; RAISE ARMS;;

- 1-2 Wait 2 meas shadow pos bth fcg DLW, bth L ft free, M's arms on W's (W's arms at sd), heads bowed;;
- 3-4 Slowly raise arms & head [blendg] to SKTRS;;

PART A

1-2 FORWARD HOVER, RECOVER; BACK TO PICKUP (W IN 2):

- 1-2 Fwd L, -, sd & fwd R w/ rise, rec L in SKTRS DLW; bk R trng LF, -, sd & fwd L cont trng LF, cl R (W fwd L swvlg LF to fc M, -, tch R, -) to CP LOD;

3-6 THREE STEP; HALF NATURAL; IMPETUS TO SEMI; BIG TOP [RLOD]:

- 3-4 Fwd L, -, fwd R, fwd L; fwd R trng RF, -, sd & bk L (W bk R heel trn), bk R to CP;
- 5 Bk L trng RF, -, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP;
- 6 Fwd R, -, LF trn XLib of R w/ R sd stretch, cont spn slp R bk past L w/ sm stp to fc RLOD in CP (W fwd L, -, fwd R arnd M spng LF, cont spn brush L to R and stp fwd L in CP);

7-10 INSIDE SWIVEL;THRU HOVER BJO; BACK TURNING WHISK; FEATHER;

- 7 Sd & bk L shaping bdy twd ptr (W fwd R between M's feet) and allow W to swvl RF to SCP RLOD ovr entire meas;
- 8 Fwd R, -, fwd & sd L w/ rise, rec bk R (W fwd L, -, fwd & sd R trng LF, trn LF to BJO fwd L);
- 9-10 Bk L trng RF, -, sd & bk R cont trn, XLib of R to tight SCP; fwd R, -, fwd L, fwd R to BJO;

11-14 THREE FALLAWAYS WITH FEATHER FINISH;;;:

- 11-14 Fwd L trng LF, -, sd R, XLib of R to SCP; bk R trng LF to CP, -, sd & fwd L, XRib of L to RSCP; fwd L trng LF, -, sd R, XLib of R to SCP; bk R trng LF, -, sd & fwd L, fwd R outsd W to BJO;

15-19 WHISK; WING; TELESPIN;; BACK & CHASSE BJO;

- 15-16 Fwd L, -, sd & fwd R w/ rise, hk L bhd R (W hk R bhd L); Fwd R leading W in frnt to SCAR, -, draw L, tch L (W fwd R trng LF, -, fwd L arnd M cont LF trn, fwd R);
- SQQ 17-18 Fwd DLC L comm LF trn, -, fwd & sd R trng LF (W heel trn), sd & slightly bk L LOD & QQS w/partial wgt keeping L sd fwd twd W (W fwd R LOD); Trn LF xfer full wgt to L, sd R cont trn, bk L, -(W fwd L on & ct of previous meas trng LF to CP/ sd & bk R cont LF trn, cl L to R for heel trn, fwd R, -) to CP RLOD;
- 19 Bk R commence LF trn, -, sd L/cl R cont trn, sd & fwd L to BJO DLW;

20-24 OPEN NATURAL; OUTSIDE SPIN TO HOVER CORTE;; BACK WHISK; FEATHER;

- 20 Fwd R outsd ptr comm RF trn, -, sd & bk L, bk R w/ rt shldr ld to BJO;
- 21-22 Trn RF small stp L comm RF piv, -, fwd R outsd ptr cont RF trn, bk L (W strong stp fwd R outsd ptr trn RF, -, cl L on toe for RF spin, fwd R between ptr feet) to CP RLOD; bk R trng LF, -, cont trn sd & fwd L w/ rise, rec bk R to BJO;
- 23-24 Bk L, -, bk & sd R, hk LIBR w/ rise; fwd R, -, fwd L, fwd R to BJO;

BRIDGE**1-2 DOUBLE REVERSE TWICE;;**

- 1-2 Fwd L trng LF, -, sd R cont trn (W heel trn L trng LF/sd & bk R cont trn), spin LF tch L (W XLif of R); fwd L trng LF, -, sd R cont trn (W heel trn L trng LF/sd & bk R cont trn), spin LF tch L (W XLif of R) to LOD;

PART B**1-8 DIAMOND TURN;;; TELESPIN TO THROWAWAY OVERSWAY;;; FALLAWAY RONDE & SLIP;**

- 1-4 Fwd L, -, sd R, bk L; bk R, -, sd L, fwd R ending BJO DLC; repeat last 2 meas;;
- SQQ 5-7 Fwd DLC L comm LF trn, -, fwd & sd R trng LF (W heel trn), sd & slightly bk L LOD & QQS w/ partial wgt keeping L sd fwd twd W (W fwd R LOD); trn LF xfer full wgt to L, sd R cont trn,
- SS cont trn sd & bk L (W fwd L on & ct of previous meas trng LF to CP/ sd & bk R cont LF trn, cl L to R for heel trn, cont LF trn fwd & sd R twd LOD), -; hold wgt on L relaxing L knee trn bdy LF twd ptr ldg W to swvl LF while trng hd well to R looking at W (W swvl LF on R drawing L past R & xtnd L bk well undr bdy w/o wgt keeping hd to L);
- 8 Sd R lower into knee & trn L hip twd ptr starting her ronde then ronde L (W ronde R), -, bk L undr bdy, slp R bk (W bk R undr bdy, trn LF to CP fwd L) ending DLC;

9-12 TELEMAR TO BJO; HALF NATURAL; BACK PIVOT TO RUDOLPH RONDE; [SWIVEL] DEVELOPE;

- 9-10 Fwd L comm to trn LF, -, fwd & sd R arnd W (W heel trn) cont LF trn, fwd & sd L to BJO DLW; fwd R trng RF, -, sd & bk L (W bk R heel trn), bk R to CP;
- SS 11 Comm RF trn bk L trng $\frac{1}{2}$ to fc LOD, -, fwd R cont to trn upper bdy RF while lowering on wgted ft and checking motion, (W bk L ronde R ft CW) -;
- SS 12 XLib (W XRib), -, pt R fwd across wgted ft sway & look to R, - (W swvl LF on R, raise L knee & straighten L leg horizontal twd DRW);

13-16 LINK TO SEMI; PICKUP HOVER CORTE; BACK TURNING WHISK; FEATHER (W TRANS SKATERS);

13-14 Fwd R in BJO, -, rising & trng W to SCP tch L, fwd L DLC lowering; thru R bringing W to CP comm LF trn, -, fwd L w/ hvrng action cont LF trn leading W to trn LF to BJO, rec bk R fcg DRC;

15-16 Bk L trng RF, -, sd & bk R cont trn, XLib of R to tight SCP; fwd R, -, fwd L, fwd R (W fwd L, fwd R, fwd L, cl R) blendg to SKTRS DLC;

17-24 SHADOW DIAMOND TURNS (M TRANS);;;; M HEAD LOOP CHAIR & SLIP; TELEMARK TO BJO; HALF NATURAL; HESITATION CHANGE;

17-20 In skaters with same footwork fwd L, -, sd R, bk L; bk R, -, sd L, fwd R; fwd L, -, sd R, bk L; bk R, -, sd & fwd L, -(W bk R, -, sd L, fwd R);

21-22 Raise W's L arm over M's hd blendg to 1/2 OP fwd lunge R, -, rec L (W rec R comm LF trn), bk R trng LF (W slp fwd L to CP) ending CP DLC; fwd L comm to trn LF, -, fwd & sd R arnd W (W heel trn) cont LF trn, fwd & sd L to BJO DLW;

23-24 Fwd R trng RF, -, sd & bk L (W bk R heel trn), bk R to CP; bk L trng RF, -, sd R to fc DC, drw L to R;

REPEAT PART A [3-10]**REPEAT BRIDGE****PART C****1-4 REVERSE WAVE;; IMPETUS TO SEMI; WHIPLASH;**

1-2 Fwd L trng LF 3/8, -, sd R, bk L; crvg LF 1/8 bk R, -, bk L, bk R;

3-4 Bk L trng RF, -, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP; thru R, -, swvl RF to CP DLW pt L DLC w/ rise, -;

5-8 FALLAWAY OUTSIDE SWIVEL; SLOW SIDE LOCK; CHECKED REVERSE SLIP; NATURAL TELEMARK;

S&S& 5 Flare out & bk L (SCP/DLC), -/bk R (BJO/DLC), bk L XRif no wgt (SCP/DLC), - (W flare out & bk R, -/trn LF fwd L (BJO), fwd R, -/ swvl RF to SCP);

6 Thru R ldg W in frnt of M, -, sd L, hk R ib of L in CP;

7 Fwd L, -, fwd R on toe trng LF ckg fwd motion, trng RF rec bk L to CP DLW (W bk R, -, cl L to R trng LF ckg bk motion, trng RF slp R fwd to CP);

8 Fwd R outsd ptr comm RF trn, -, fwd & arnd W L (W heel trn), cont RF trn stp sd & fwd R to SCAR w/ bdy fcg DLC;

9-12 CROSS HOVER SEMI; CHAIR & SLIP; DOUBLE TELEMARK;;

9 XLif of R, -, sd R to CP, fwd L (W swvl RF on L stp fwd R) end SCP DLC;

10 Fwd lunge R in SCP, -, rec L (W comm LF trn), bk R trng LF 1/8 (W fin trn to CP DC);

11-12 Fwd L comm LF trn, -, cont LF trn sd R (W heel trn), sd & fwd L to SCP LOD; fwd R/ fwd L

SQQ trng LF, sd & fwd R, cont trn sd & fwd L, - (W fwd L trng LF to CP/ bk R trng LF, cl L,

&QQS sd & fwd R, -) end SCP DLW;

13-16 OPEN NATURAL; IMPETUS TO SEMI; FEATHER; FORWARD SIDE DRAW;

- 13-14 Fwd R outsd ptr comm RF trn, -, sd & bk L, bk R w/ rt shldr ld to BJO; bk L trng RF, -, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP;
15-16 Fwd R, -, fwd L, fwd R to BJO; fwd L, -, sd R, draw L to R no wgt ending CP DLC;

REPEAT PART A [3-10]MOD - Replace meas 10 w/ the following:

10 SLOW SIDE LOCK;

- 10 Repeat meas 6 Part C;

ENDING

1-6 REVERSE WAVE;; BACK FEATHER; BACK THREE STEP; IMPETUS TO SEMI; PICKUP FAN TOUCH;

- 1-6 Repeat meas 1-2 Part C;; bk L, -, bk R w/ R shld ld, bk L to BJO; bk R, -, bk L, bk R to CP; bk L trng RF, -, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP; thru R ldg W if of M, -, sd L, tch L to R ending CP LOD;

7-13 DIAMOND TURN;;; BALANCE APART; BALANCE TOGETHER (W TURN TO TANDEM); FOLD ARMS & BOW HEAD

- 7-10 Repeat meas 1-4 Part B ;;;
11-12 Bk L pushing apt (W bk R), -, sip R, L bringing jnd hnds together at waist level; fwd R (W fwd L) raising jnd hnds above hds, -, sip L, R (W trng LF R, L) ending in tandem both fcg LOD hnds together arms high above hd;
13 Bring arms down to W's sd M's arms on W's bow heads