

THAT'S LOVE

(Eso Es El Amor – Ross Mitchell)

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RECORD : DJR-328A SP "That's What Love Is" (Flip of "Meggie's Theme" contact choreographer or Palomino Records also available on Star-132 from Palomino Records) **SP-311**

FOOTWORK: Lady's footwork opposite Man (except as noted)

RHYTHM : Cha Cha

PHASE: V

SPEED: 42-44

SEQUENCE : Intro, A, B, A, B (Mod)

Rel: 7/00 1.1

INTRO

1 - 4 WAIT ; DISCO LUNGES ; CHG/PT (SWVL/PT) to CUBAN BREAK & ARM SWEEP ; ;

- Wait 1 Wait . . tandem W in front both fcg LOD M's L hnd at W's L hip in slight R lunge R arm straight up, W in slight L lunge w/R arm fwd twd LOD & L arm straight up;
- 1-3- 2 {Disco Lunges} Lunge sd L catch W w/R hnd at her R hip L arm up, -, lunge sd R catch W w/L hnd at her L hip R arm up, - (Lunge sd R w/R arm up and L arm fwd, -, lunge sd L w/L arm up R arm fwd, -);
- 1&2- 3-4 {Change/Point (Swivel/Point) to Cuban Break Action} Hold as lead W to stp fwd with slight
4&1 hip push w/L hnd, cl L/pt R sd to hnd shk, -, XRIB/rec L, sd R (Fwd R & swivel RF, lift L knee/pt L
- 234 sd twd WL, -, XLIF/rec R, sd L); {Arm Sweep} Raise M's L arm (W's L) quickly up and slowly down with the "waterfall" of the musical notes; [The arm sweep is on counts 2,3,4]

PART A

1 - 4 BRK to LUNGE (Bota Fogo Trn) ; SYNC UNDRARM TRN ; BASIC to NATRL TOP ; ;

- 123&4 1 {Forward Break to Side Lunge (W Bota Fogo Turn)} Retain hnd shk as ck fwd L, rec R, bk L/cl R, lunge sd L twd LOD fcg WL (Bk R, rec L, fwd R/sd L trng RF, cl R body fcg DLW);
- 123&4 2 {Syncopated Underarm Turn} Rec R lead W fwd to LF undr arm trn, rec L, fwd chassè LOD R/L,R change to normal hold (Fwd L, fwd R start LF trn, spin L/R,L comp 1&1/2 LF trn);
- 123&4 3 {Basic to} Fwd L, rec R, sd chassè L/R,L trng RF blnd to CP;
- 123&4 4 {Natural Top} XRIB trng RF, sd L trng RF, XRIB trng RF/sd L trng RF, cl R end CP fcg WL (Sd L trng RF, XLIF, sd L/XLIF, sd L);

5 - 8 BRK BK & SD CHA ; ROLLING AIDA ; BRK REC BOTA FOGO TRN ; SPOT TRN ;

- 123&4 5 {Break Bk & Side Chassè} Brk bk L trng LF, rec R trng to fc ptr, sd chassè L/R, L rel ld hnds jn trlg hnds (Brk bk R, rec L trng LF, sd chassè R/L, R);
- 123&4 6 {Roll to Aida} Thru R trlg hnds thru, sd & bk L trng RF trlg hnds bk & rel to lead, qk roll RF R/L, sd & bk R to Aida fcg DRC (Fwd L, sd R & bk trng LF, qk roll L/R, sd & bk L to Aida fcg DRW); [Lead first step like the first step of a New Yorker then quickly change to an outside roll]
- 123&4 7 {Break Back Recover to Bota Fogo Turn} Cl L to fc RLOD, fwd R, fwd L/sd R trng LF, rec sd L brief BFLY fcg WL (Cl R to fc RLOD, fwd L, fwd R/sd L trng RF, rec sd R);
- 123&4 8 {Spot Turn} Thru R trng LF, rec L trng LF, sd chassè R/L,R fcg WL (COH);

9 - 12 NEW YORK ; UNDR ARM to X HNDs ; SPOT TRN (BASIC) ; BASIC (DBL UNDR ARM) ;

- 123&4 9 {New Yorker} Fwd L trng 1/4 RF, rec R trng 1/4 LF, sd chassè L/R,L;
- 123&4 10 {Underarm Turn to Crossed Hands} XRIB, rec L, stacked hands R-R hnds over L-L hnds as sd chassè R/L,R fcg DRW (Fwd L trng RF, rec R trng RF, sd chassè L/R,L);
- 123&4 11 {Man Spot Turn (W Basic)} Fwd L trng RF undr jnd R hnds, rec R trng RF undr jnd L hnds, lower both jnd hnds in front of body as sd chassè L/R,L DLC (Bk R, rec L, fwd chassè R/L,R DLC remain to M's R sd); [The "feel" for the man is two head loops, first on count 1 second on 2]
- 123&4 12 {Basic (W Double Underarm) w/Head Loops} Bk R raise jnd L hnds ovr W's head & lower, rec L raise jnd R hnds ovr W's head & lower, as start fwd chassè LOD R/L, R loop jnd R hnds ovr W's head and then behind M's head and place on his R shoulder and loop jnd L hnds ovr W's head and place on her L shoulder (Fwd L DLC trng LF undr L hnds, bk R cont. trng LF undr R hnds, fwd L/R cont. LF trn undr R hnds then L hnds ovr head as turn is completed, fwd L); [The "feel" for the lady is roll across to M's L side, and cont. roll twd LOD to end fcg LOD, nearly two full LF turns (1 5/8)]

13 - 16 NEW YORKER (CP) ; WHIP ; SWVLS to CUBAN-EXPLD ; HLD & REC (W KNEE LIFT & SPIN (CP)) :

- 123&4 13 {New Yorker to CP COH} Fwd L, rec R trng 1/4 LF, sd chassè L/R,L to CP COH;
123&4 14 {Whip} Bk R trng LF, fwd L trng LF lead W to pass in front twd WL, chassè R/L,R trng to fc WL
blnd to Paso Doble hold (Fwd L, fwd R trng 1/2 LF, sd chassè L/R,L);
-3&4 15 {Swivels to Cuban Break & Explode} Hold postn as lead W's slo swvls, -, fwd L/rec R,
(123&4) lunge sd L explode to OP LOD sweep L arm up & out (XRIF swivel RF, XLIF swivel LF, XRIF/rec
L, lunge sd R explode to OP LOD sweep R arm up & out);
-3--16 {Hold & Rec (W Knee Lift Spin CP)} Hold in lunge line, -, rec R as lead W's LF free spin to CP
(123&4) LOD (Lift L knee w/R hip out, -, fwd spin LF L/R,L to CP);

PART B

1 - 4 BASIC FAN ; ; STOP & GO HOCKEY STICK (Variation) ; :

- 123&4 1,2 {Basic Fan} Fwd L, rec R, sd & bk chassè L/R,L ; Bk R trng 1/8 LF, rec L, release R sd hld
123&4 retain lead hnd hld as sd chassè trng 1/8 RF R/L,R (Bk R, rec L, sd & fwd chassè R/L,R; Fwd L
btw M's feet trng 1/8 LF, rec R trng 1/8 LF, bk chassè fcg WL);
123&4 3,4 {Stop & Go Hockey Stick} Fwd L, rec R, sd chassè L/R,L; Release jnd hnds as XLIF catch W
123&4 with R arm like Tummy Check, rec L lead W to rec also, regain lead hnd hld as sd chassè R/L,R (Cl R
to L, fwd L, fwd chassè R/L,R; ck fwd L, rec R [see note], bk chassè L/R,L); [as ck fwd & rec take
both arms fwd then up over head to "caress" back of head with both hands]

5 - 8 HOCKEY STICK to 3 CHA'S ; ; BASIC ;

- 123&4 5,6,7 {Hockey Stick to 3 Cha's} Fwd L, rec R lead W fwd, sd chassè L/R,L ; bk R lead W fwd raise
123&4 ld hnd, rec L trng 1/8 RF ld hnd ovr W's head, fwd to 3 Cha's DLW R/L,R; L/R,L, R/L,R (Cl R, fwd
5&6,7&8L, fwd chassè R/L,R fwd L trng 1/8 LF, fwd R trng 1/2 RF, bk to 3 Cha's L/R,L; R/L,R L/R,L); [Use
Cha Cha Locks on the 3 Cha's]
123&4 8 {Basic} Fwd L, rec R, chassè L/R,L trng RF to CP (Bk R, rec L, fwd chassè R/L,R);

9-12 NATRL TOP (W Underarm Trn) ; OPN HIP TWIST ; MOD WHIP ; DRAW to CONT CHASSE ;

- 123&4 9 {Natural Top (W Underarm Turn)} XRIB, sd L, raise jnd lead hnd lead W's LF trn as XRIB/sd
L, cl R to fc DLW (Sd L trng RF, XRIF, trn LF undr lead hnds to fc M L/R, L); [W dances 2 steps of
the Natrl Top then Underarm Trn on 3&4 to fc ptrn]
123&4 10 {Open Hip Twist} Fwd L, rec R, bk chassè L/R, L [slightly sd & fwd] w/L sd lead for hip twist
(Bk R, rec L, fwd chassè R/L, R swivel RF fcg LOD);
123&4 11 {Modified Whip} [Retain lead hands only] Bk R trng LF lead W to step fwd, rec L trng LF fcg
COH placing R hnd at W's R hip, sd chassè LOD R/L,R (Fwd L, fwd R trng LF fc WL, sd chassè
L/R,L);
1&2&3&4 12 {Draw to Continuous chassè} Draw L to R, cl L/sd R, cl L/sd R, cl L/sd R; (Draw R to L, cl
R/sd L, cl R/sd L, cl R/sd L); [push off of each closing foot to take the following side step for a series
of 4 closing steps - figure continues thru the first split counts of the next measure]

13-16 KNEE LIFT CUBAN BRK END ; HOCKY STK END (HND SHK) ; TRADE PLACES 2X ; ;

- &567&8 13 {Finish Continuous chassè, Knee Lift, Cuban Break} Cl L/sd R, lift & tuck L knee, XLIF/rec
R, sd L (Cl R/sd L, lift & tuck R knee, XRIB/rec L, sd R); [Knee lift in on count 6]
123&4 14 {Hockey Stick End to hand shake} Bk R trng RF, rec L trng RF, lead W's underarm trn
sd R/cl L, sd R to hnd shk fcg DLW (Fwd L trng LF, fwd R trng 1/2 LF, bk chassè L/R,L hnd shk);
123&4 15 {Trade Places} Brk bk L, lead W fwd as rec R trng 1/2 RF rel R hnds as pass W, bk chassè L/R,L
jn L-L hnds (Brk bk R, rec L trng 1/2 LF, bk chassè R/L,R);
123&4 16 {Trade Places} Brk bk R, lead W fwd as rec L trng 1/2 LF rel L hnds as pass W, bk chassè R/L,R
jn R-R hnds (Brk bk L, rec R trng 1/2 RF, bk chassè L/R,L); [End M fcg LOD, W RLOD]

Repeat A Seq

- 1 - 4 BRK to LUNGE (W Bota Fogo Trn) ; SYNC UNDRARM TRN ; BASIC to NATRL TOP ; ;**
5 - 8 BRK & SD CHA ; ROLLING AIDA ; BRK REC BOTA FOGO TRN ; SPOT TRN ;
9 - 12 NEW YORK ; UNDR ARM to X HNDS ; SPOT TRN (BASIC) ; BK BASIC (DBL UNDR ARM) ;
13 - 16 NEW YORK (CP) ; WHIP ; SWVLS to CUBAN-EXPLD ; HLD & REC (KNEE LIFT & SPIN (CP)) ;

Repeat B Seq (Mod meas 11 - 16)

- 1 - 4 BASIC FAN ; ; STOP & GO HOCKEY STICK ; ;**
5 - 8 HOCKEY STICK to 3 CHA'S ; ; BASIC ;
9 - 12 NATRL TOP (Undr Arm Trn) ; OPN HIP TWIST ; MOD WHIP to TRPL TRAVLER w/ROLL ; ;
123&4 11 {Modified Whip to Tripple Traveller with Roll} Bk R trng LF lead W to step fwd, fwd L trng LF fcg COH placing R hnd at W's R hip, sd chassè/w trn R/L, fwd R trng RF on last step rel jnd hnds (Fwd L, fwd R trng LF fc WL, sd chassè/w trn L/R, bk L trng RF on last step);
567&8 12 {cont. Tripple Traveller} Roll RF L, R full trn to fc WL to L-L hnds palm-to-palm, sd chassè/w trn L/R, fwd L trng 1/2 LF on last step to fc COH to R-R hnds palm-to-palm (Roll RF R, L full trn to fc COH to L-L hnds, sd chassè/w trn R/L, bk R trng 1/2 LF on last step to fc WL to R-R hnds);

13-16 cont. Tripple Traveller & Roll ; ; BASIC WRAP ; HEAD LOOPS & EXPLODE ;

- 1&23&4 13 {cont. Tripple Traveller} Continue sd chassè/w trn R/L, fwd R trng 1/2 RF on last step to fc WL to L-L hnds palm-to-palm sd chassè/w trn L/R, fwd L trng 1/4 LF on last step (Sd chassè/w trn L/R, bk L trng 1/2 LF on last step to fc COH to L-L hnds, sd chassè/w trn R/L, bk R trng 1/4 LF);**
567&8 14 {cont. final Roll & Fwd Cha} Roll LF R, L to fc LOD in LOP fcg, fwd chassè R/L, R (Roll LF R, L trng to fc RLOD, bk chassè L/R, L);
123&4 15 {Basic with Wrap} Fwd L to dbl hnd hld, rec R, cl L/sd R, pt L raising L hnd trng W LF to wrapped postn L hnd over R (Bk R, rec L comm LF trn, cont trn R/L,R in wrap postn in front of man R hnd ovr L);
1234 16 {Head Loops & Arm Explosion} Raise jnd L-R hnds ovr W's head and place on her R shoulder, raise jnd R-L hnds ovr W's head and place her L shldr, release hld & raise hands straight up turn palms out, and quickly sweep arms out and down in big circle.

OPTIONS (For Ladies that have problems with spins):

Part A – Meas. 12 & 16

- 123&4 12 {Cross Body to LOP} Bk R lead W fwd, rec L chg hnds to M's L W's R, as start fwd chassè in LOP fcg LOD R/L, R (Fwd L DLC trng LF, fwd R cont. trng LF, fwd L/R, L);**
-3-16 {Hold & Rec (Knee Lift Roll to CP)} Hold in lunge line, -, rec R as lead W's LF roll to CP (123&4) LOD (Lift L knee w/R hip out, -, roll LF L/R, cl L to CP);