

Switchin In The Kitchen

Sequence: Intro-ABC-A-B(12)-End

JV Ph VI

- Intro:** in OP fcg LOD both with Left free wait;; Circle left in 4; ; Scoot Left & Right;; Skate Left & Right; Throwaway Transition; American Spin;;, Link to Dbl Whip;;;
- Part A:** Change of Places Right to Left;;, Rock to Boogie Points;;;, Kick Ball/Change; Left to Right;;, Rock to Boogie Points;;;, Kick Ball/Change; Double Whip with Lady Inside Turn;; Lunge Hold; Hip Rolls; She Go- He Go;;, Rock to Boogie Points;;;, Kick Ball Change;
- Part B:** Left to Right-SH;;, Rolling Off The Arm with a 4 Count Wheel;;; Change Hands Behind the Back;;, Curly Whip Man's Inside Turn;;;, Rock to Handshake, Triple Wheel with Miami Special Ending;;; Hip Pop Hold; Replace Again;(2x->**End**) Kick to Shoulder Shove;;, Dbl Whip Throwaway;;;
- Part C:** Chugging Around;;; Woman Underarm Spin to Half Open,, Rock to Boogie Kicks;;; Throwaway; American Spin to Hammerlock:,, Rock to Back Pass;; Rock and Unwind to Semi Wall;;, Right to Left to fc wall;; Link to Continuous Chasse ;;
- End:** Kick to Shoulder Shove;;, Change of Places Left to Right Triple Travel with Roll to Stork Line;;;; Turn to Shadow Transition; Side Lunge.