

SWAY 4 ME

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Record: Special Pressing "Sway" Contact Palomino Records

Sequence: INTRO A B A B(meas 1-14) ENDING

Phase Rating: Cha Cha, Phase IV&2 (Sgl Cuban, OP Hip Twist)

Recommended speed: 42 RPM's



INTRO

1 - 4 WT; CRB WLK 4; SGL CUBAN & HOLD, SGL CUBAN; -,DRAW & CL;

1. In BFLY Wall with M's R & W's L ft free wt 1 meas;
2. {Crb Wlk 4} XRif of L (bth XIF), sd L LOD, XRif of L (bth XIF), sd L LOD;
- 3-4. {Sgl Cuban} In BFLY XRif of L (bth XIF) with ckng action/rec L, sd R RLOD, hold 1 bt, {Sgl Cuban} maintaining BFLY XLif of R (bth XIF)/rec R; Sd L LOD in BFLY, {Draw & Cl} draw R twd L, cont draw, cl R to L;

PART A

1 - 4 BASIC;; REV UNDRM TRN; WHP;

- 1-2. In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
3. XLif of R lifting M's L & R's R arms up to ld W into LF undrm trn, rec R, sd L/cl R, sd L (W XRif of L undr jnd ld hnds trng 1/2 LF, rec L cont trn to fc ptr, sd R/cl L, sd R);
4. Bk R trng LF, rec L to fc COH, sd LOD R/cl L, sd R (W fwd L stepping outside M on his L sd commencing LF trn, sd R COH cont LF trn to fc Wall, sd LOD L/cl R, sd L) to BFLY COH;

5 - 8 NY; KICK TO THE 4 & LK LOD; NY; WHP;

5. Trng RF (W LF) to LOP LOD rk thru L, rec R trng LF (W RF) to BFLY COH, sd RLOD L/cl R, sd L;
6. Retaining BFLY hndhold throughout this meas kick R thru twd RLOD, swvl RF (W LF) on L ft to fc LOD while allowing R to rise almost to the knee of weighted leg making a figure 4, fwd LOD R/lk LIB, fwd R;
6. Rel M's R & W's L hnds rk thru L LOD, rec R trng LF (W RF) to BFLY COH, sd RLOD L/cl R, sd L;
8. Bk R trng LF, rec L to fc WALL, sd RLOD R/cl L, sd R (W fwd L stepping outside M on his L sd commencing LF trn, sd R WALL cont LF trn to fc COH, sd RLOD L/cl R, sd L) to BFLY WALL;

9 -12 NY; AIDA; SWCH RK; SPT TRN;

9. Trng RF (W LF) to LOP RLOD rk thru L, rec R trng LF (W RF) to BFLY WALL, sd LOD L/cl R, sd L;
10. Maintaining BFLY hndhold thru LOD R, sd L trng RF (W LF) rel M's R & W's L hnds, bk LOD R/lk L IF of R (bth lk IF), bk R to end in slight in slight bk-to-bk pos;
11. Swvl LF (W RF) on R ft and rk sd LOD L to BFLY WALL, rec R, sm sd LOD L/cl R, sd L;
12. Rel hnds XRif of L trng LF (W RF) to fc RLOD, fwd L cont trn to fc ptr, sd R/cl L, sd R jn ld hnds;

13-16 OP HIP TWST; FAN; HKY STK (TO HNDSHK);;

13. Rk fwd L, rec R, bk L/cl R, sm bk L bracing L arm to cause W to swvl 1/4 RF;
14. Bk R trn bdy slightly LF, rec L, sd R/cl L, sd R (W fwd L LOD, fwd R trng 1/2 LF to fc RLOD, bk L/lk R IF of L, bk L);
- 15-16. Rk fwd L, rec R, in plc L/R, L (W cl R, fwd L, fwd R/L, R); Rk bk R, rec L trng 1/8 RF, fwd DRW R/L, R (W fwd L DRW, fwd R trng 1/2 LF trn undr M's L & W's R, bk DRW L/lk R IF of L, bk L)

PART B

1 - 4 FWD BASIC; UNDRM TRN; SHDW BRKS (2X);:

1. Keeping R hnds jnd fwd L, rec R, sd & bk L/cl R, sd & bk L;
2. Bk R, rec L trng slightly LF to fc WALL, sd R/cl L, sd R (W XLif of R commencing RF trn undr jnd R hnds, rec R cont RF trn to fc ptr, sd L/cl R, sd L);
- 3-4. Trng LF (W RF) to fc LOD rk bk L keeping R hnds jnd acrs frnt of W with W's free L arm xtnded bhnd M, rec R to fc ptr, sd L/cl R, sd L; Trn RF (W LF) to fc RLOD rk bk R keeping R hnds jnd acrs frnt of M with M's free L arm xtnded bhnd W, rec L to fc ptr, sd R/cl L, sd R;

5 - 8 (FC LOD) BK BRK; W ROLL TRANS TO VARS; PARALLEL CHASE;:

5. Trng LF (W RF) to fc LOD rk bk L keeping R hnds jnd acrs frnt of W with W's free L arm xtnded bhnd M, rec R to stay fcg LOD, fwd LOD L/R, L;
6. Leaving R hnds jnd throughout this meas stp fwd LOD R, fwd L, fwd R/L, R (W roll LF 1 full revolution twd LOD L,R,L,R bringing jnd R hnds in twd M as roll commences then bringing jnd R hnds behind W the up to VARS LOD;
- 7-8. With identical ftwrk rk fwd LOD L trng RF, rec R to fc RLOD in L VARS, fwd RLOD L/R, L; Rk fwd RLOD R trng LF, rec L to fc LOD in VARS, fwd LOD R/L, R;

9 -12 BASIC, W TRANS TO TANDEM;: CHASE; M TRN TO FC;

- 9-10. Rk fwd LOD L, rec R, bk RLOD L/R, L; Rk bk RLOD R, rec L, stp in plc with no fwd progression for M R/L, R (W rk bk RLOD R, rec L, rel all hnds and stp fwd LOD R, L to Tandem pos LOD with W IF of M [Now opposite ftwrk];
- 11-12. Rk fwd LOD L trng RF (W LF), rec R cont RF (W LF) trn to Tandem pos RLOD with M IF of W, fwd RLOD L/R, L; Rk fwd RLOD R trng LF (W no trn), rec L cont trn to fc ptr & LOD, fwd LOD R/L, R to LOP fcg pos LOD;

13-16 FCG HKY STK;: SHLDR-SHLDR (2X);:

- 13-14. Rk fwd L, rec R, sd & bk L/cl R, sd & bk L trng 1/4 RF to fc Wall (W rk bk R, fwd L, fwd R/L, R); Rk bk R, rec L trng 1/8 RF, fwd DRW R/L, R (W fwd L DRW, fwd R trng 1/2 LF trn undr M's L & W's R, bk DRW L/lk R IF of L, bk L) blending to BFLY SCAR;
- 15-16. Rk fwd L outsd ptr in BFLY SCAR, rec R trng to fc, sd L/cl R, sd L; Trng to BFLY BJO rk fwd R outsd ptr, rec L trng to fc, sd R/cl L, sd R to BFLY WALL;

ENDING

1 - 2 ONE SHLDR-SHLDR; RUMBA AIDA & HOLD;

1. Rpt meas 15 of PART B;
2. Maintaining BFLY hndhold thru LOD R, sd L trng RF (W LF) rel M's R & W's L hnds, bk R to end in slight in slight bk-to-bk pos,-;