

SUGAR SUGAR

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Record: Eric Records Eric 4015, Sugar, Sugar/The Archies 894-3801
Footwork: Opposite Except As Noted (Woman's instructions in parentheses)
Level: Phase IV+2 (Open Hip Twist, Cuban Breaks) CHA-CHA SLOW to 44

Sequence: INTRO, A, B, A, B, C, A(1-13), ENDING

MEAS

INTRODUCTION

1 - 4 WAIT; WAIT; SKATE TOGETHER; 4 AND SNAP;;

1-2 Wait 2 meas with hands on hips facing 6-8 feet apart;;
3-4 Swivel lf on R & step fwd on L, draw R to L swinging arms to left & snap fingers, swivel rf on L & step fwd on R, draw L to R swinging arms to right & snap fingers; Repeat meas 3 to a right handsnake;

PART A

1 - 4 OPEN HIP TWIST; FAN; HOCKEY STICK OVERTURNED TO LEFT OPEN;;

1-2 Rk fwd L, rec R, bk L/cl R, bk L pushing arm fwd gently to trn W(Rk bk R, rec L, fwd R/fwd L, fwd R/swivel 1/4 rf on R); Bk R, rec L changing hands, sd R/cl L, sd R(Fwd L, fwd R making 1/2 lf trn, bk L/lk RIF of L, bk L leaving R extended fwd no wgt);
3-4 Fwd L, rec R, in place L/R, L(Cl R, fwd L, fwd R/L, R); Bk R, rec L, fwd & sd R/cl L, sd R trng to LOP fcg RLOD(Fwd L, fwd R trng 5/8 lf to fc ptr, bk & sd L/cl R, sd L trng to LOP RLOD);

5 - 8 NEW YORKER; WHIP & TWIRL; NEW YORKER; WHIP;

5-6 Step thru L, rec R trng lf to fc ptr in BFLY, sd L/cl R, sd L; Bk R trng 1/4 lf, rec fwd L trng 1/4 lf, sd R/cl L, sd R(Fwd L outside M on his left side, fwd R trng 1/2 lf, under M's L & W's R hnds twirl 1 full lf trn sd & fwd L/R, sd L to BFLY);
7-8 Repeat meas 5 but start by trng rf to LOP fcg LOD; Repeat meas 6 except woman does sd L/cl R, sd L with man instead of twirl;
* NOTE: Standard Whip may be substituted for Whip & Twirl

9 -12 OPEN BREAK; DOUBLE UNDERARM TURN; HAND TO HAND; CRAB WALK;

9-10 Rk bk L extending trailing arm straight up, rec R lowering arm and put hand on hip, sd L/cl R, sd L; XRIF of L trng lf, rec L cont lf trn, sd R/cl L, sd R to BFLY(XRIF of R trng rf, rec R cont rf trn, sd L/cl R, sd L); * (Both trng under lead hands)
11-12 Trng lf to OP(W rf)bk L, rec R trng to BFLY, sd L/cl R, sd L; fwd XRIF of L, sd L, fwd XRIF of L/sd L, fwd XRIF of L;

13-16 CRAB WALK; SPOT TURN; SHOULDER TO SHOULDERS TO LEFT HAND STAR;;

13-14 Sd L, fwd XRIF of L, sd L/cl R, sd L; XRIF of L trng lf, rec L cont lf trn, sd R/cl L, sd R to face ptr putting hands on hips;
15-16 Fwd L outside ptr to SCAR(W bk R)both extending R arms straight up, rec R to fc lowering arm and hand back to hip, sd L/cl R, sd L; Fwd R outside ptr to BJO(W bk L)both extending L arms straight up, rec L to fc joining L hands that are raised, sd R/cl L, sd R trng to fc REV(W trn to fc LOD to a left hand star);

PART B

1 - 8 UMBRELLA TURNS;;; CHASE PEEK-A-BOO;;;

1-2 Rk fwd L, rec R, bk L/cl R, bk L(W rk bk R, rec L, fwd R trng 1/2 lf to fc REV/cl L, bk R and mom join R hands in front of man's chest); Rk bk R, rec L, fwd R/cl L, fwd R(W rk bk L, rec R, release R hand hold fwd L trng 1/2 rf to fc LOD/cl R, bk L);
3-4 Repeat meas 1; Rk bk R, rec L trng lf to fc wall & BFLY, sd R/cl L, sd R(W rk bk L, rec R trng rf to fc ptr sd L/cl R, sd L);
5-6 Dropping hands fwd L trng 1/2 rf, rec fwd R, fwd L/cl R, fwd L(W bk R, rec L, fwd R/cl L, fwd R); Sd R looking over left shoulder, rec L, in pl R/L, R(W sd L, rec R, in pl L/R, L);
7-8 Sd L looking over right shoulder, rec R, in pl L/R, L(W sd R, rec L, in pl R/L, R); Fwd R trng 1/2 lf, rec fwd L, fwd R/cl L, fwd R to a right handsnake(W fwd L, rec R, bk L/cl R, bk L);
* SECOND time through PART B come to loose CP for PART C *

MEAS

PART C

1 - 8 HALF BASIC; FAN; ALEMANA;; FENCE LINE; TRIPLE CHA BACK;; TRIPLE CHA FORWARD;

- 1-2 In loose CP rk fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R(W fwd L, trng 1/4 lf step sd & bk R, bk L/lk RIF of L, bk L);
- 3-4 Fwd L, rec R, in pl L/R, L(W cl R, fwd L, fwd R/L, R to fc ptr); Bk R, rec L, sd R/cl L, sd R to BFLY(W fwd XLIF of R & trn rf, fwd R cont rf trn, sd L/cl R, sd L);
- 5-6 Lunge thru XLIF of R(W XRIF of L) with bent knee & look direction of lunge, rec R, sd L/cl R, sd L; Trng lf to OP fcng LOD step thru R, rec L, bk R/lk LIF of R, bk R;
- 7-8 Bk L/lk RIF of L, bk L; Bk R/lk LIF of R, bk R; Staying in open bk L, rec R, fwd L/lk RIB of L, fwd L;

9 -16 CONT TRIPLE CHA FORWARD; SPOT TURN TRAN; PARALLEL CHASE;; LARIAT TRAN;; CUBAN BREAKS;;

- 9-10 Fwd R/lk LIB of R, fwd R, fwd L/lk RIB of L, fwd L; Fwd R trng lf, rec L cont lf trn to fc wall, sd R/cl L, R(W fwd L trng rf, rec R cont rf trn to fc ptr, sd L cont trng rf 1/2 to fc wall, cl R & raise hands to join with man in shadow VARSOU);
- * NOTE: Next 4 meas are same footwork *
- 11-12 Sd L trng rf to left VARSOU, rec fwd R, fwd L/lk RIB of L, fwd L; Sd R trng lf, cont lf trn fwd L to right VARSOU, fwd R/lk LIB of R, fwd R;
- 13-14 Sd L, rec R, in pl L/R, L(Maintaining both hands joined walk around man fwd L, fwd R, fwd L/lk RIB of L, fwd L); Sd R, rec L, trn rf 1/4 in pl R/L, R letting go of hands to end in BFLY fcng wall(W cont around man fwd R, fwd L, fwd R, fwd L to fc ptr);
- 15-16 In BFLY XLIF of R/rec R, sd L(W XRIF of L/rec L, sd R), XRIF of L/rec L, sd R; Repeat meas 15 to a right hand shake;
- * NOTE: Double Cuban Breaks may be substituted for Cuban Breaks

ENDING

1 - 4 SPOT TURN OVERTURNED; SKATE AWAY 4 AND SNAP;; TURN AROUND & ACK;

- 1-2 XRIF of L trng lf, rec L cont lf trn to fc ptr, sd R cont trng lf 1/2 to face COM and end back to back/cl L, R(W XLIF of R trng rf, rec R cont rf trn to fc ptr, sd L cont trng rf 1/2 to fc wall/cl R, L); Repeat meas 3 of intro;
- 3-4 Repeat meas 4 of Intro except no handshake; Fwd L trng rf to fc LOD, pt R toward ptr as L arm extends straight up and R arm extends toward ptr(W fwd R trng lf to fc LOD, pt L toward ptr as R arm extends straight up and L arm extends towards ptr),,;
- *** SMILE OF COURSE ***