

Simple Man (released May 2017)



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Music: Simple Man by Andreas Kümmert from the Album Simple Man
Rhythm/Phase: WC PH V
Footwork: Opposite throughout, directions for M unless otherwise stated
Sequence: **Intro-AB-ABC-A(1-8)-B-End**

INTRO

- 1-8** **WAIT 2 MEAS;; SHRUG SHOULDERS-TWICE; FOOT SWIVEL-BOTH TO THE LEFT;
SHRUG SHOULDERS-TWICE; FOOT SWIVEL-BOTH TO THE RIGHT; WRAPPED WHIP;;**
- 1-2 OP-FCG fcg LOD and ptr - 1d ft free for both wt 2 meas;;
- 1,2,3,4; 3 {**Shrug Shlds**} Lift both shlds as you want to indicate that you have a lack of knowledge, bring down shlds again, lift shoulders, bring down shlds again (no footwork);
- 1,2,3,4; 4 {**Ft Swvl to L**} Placing wt on heels of bth ft swvl toes of bth ft twd COH, place wt on balls of bth ft and swvl heels of bth ft twd COH, place wt on heels of bth ft and swvl toes of bth ft twd COH, place wt on balls of bth ft and swvl heels of bth ft twd COH;
(*W Placing wt on heels of bth ft swvl toes of bth ft twd WALL, place wt on balls of bth ft and swvl heels of bth ft twd WALL, place wt on heels of bth ft and swvl toes of bth ft twd WALL, place wt on balls of bth ft and swvl heels of bth ft twd WALL;*)
Comment: The Foot Swivels are moving apt from ptr and then tog twd ptr.
- 5 {**Shrug Shlds**} Rpt meas 3 of Intro;
- 1á,2,3á,4; 6 {**Ft swvl to R**}; Placing wt on heels of bth ft swvl toes of bth ft twd WALL, place wt on balls of bth ft and swvl heels of bth ft twd WALL, place wt on heels of bth ft and swvl toes of bth ft twd WALL, place wt on balls of bth ft and swvl heels of bth ft twd WALL;
(*W Placing wt on heels of bth ft swvl toes of bth ft twd COH, place wt on balls of bth ft and swvl heels of bth ft twd COH, place wt on heels of bth ft and swvl toes of bth ft twd COH, place wt on balls of bth ft and swvl heels of bth ft twd COH;*)
- 1,2,3&4 7-8 {**Wrpd Whip**} Bk L to dbl hndhold, raising jnd 1d hnds and lding W fwd XRIF of L trn ¼ RF, sd L cont RF trn lowering jnd 1d hnds/cl R, sd and fwd L to end in Wrp Pos on W's L sd; XRIB of L comm RF trn rel M's R and W's L hnd, sd and fwd L compl ½ RF trn to fc ptr in LOP fcing ptr, *Anchor in pl R/L, R; (W Fwd R, fwd L, fwd right passing ndr jnd 1d hnds /cl L, bk R to end in Wrp Pos; bk L, bk R, Anchor in pl L/R, L)*

Part A

- 1-8** **SUGAR PUSH ~ LEFT SIDE PASS;;; WRAPPED WHIP TO HNDSHK;;
FACE LOOP SUGAR PUSH ~ MAN'S UNDERARM TURN;;;**
- 1,2,3&4 1-3 {**Sugar push**} Bk L, bk R, tch L, fwd L; anchor in pl R/L, R (*W fwd R, fwd L, tch R to L, bk R; anchor in pl L/R, L*),
- 1&2 {**L Sd Pass**} Bk L comm LF trn, sm bk R out of the slot comp ¼ LF trn lding W to pass M's L sd; sd L/cl R, fwd L tng ¼ LF, Anchor in pl R/L, R;
(*W Fwd R, fwd L comm LF trn; sd R cont trn/ XLif of R cont trn, bk R comp ½ LF trn to fc ptr [French Cross], anchor in pl L/R, L;*)
- 3,4; 4-5 {**Wrpd Whip**} Bk L to dbl hndhold, raising jnd 1d hnds and lding W fwd XRIF of L trn ¼ RF, sd L cont RF trn lowering jnd 1d hnds/cl R, sd and fwd L to end in Wrp Pos on W's L sd; XRIB of L comm RF trn rel M's R and W's L hnd, sd and fwd L compl ½ RF trn to fc ptr in LOP fcing ptr, *Anchor in pl R/L, R; (W Fwd R, fwd L, fwd right passing ndr jnd 1d hnds /cl L, bk R to end in Wrp Pos; bk L, bk R, Anchor in pl L/R, L)* to end in a R HNDSHK;
- 1á,2;3,4;
- 1,2,3&4
- 1,2,3&4

- 1,2,3&4 6-8 **{Fc Loop Sugar Push}** Bk L, sm rec R nearly on plc w/ slight RF bdy trn plc jnd R hnds
 1&2 over M's head to neck & place man's free L hand on ptr R hip, Tch L to R,
 fwd L pushing ptr bk, Anchor in pl R/L, R (*W Fwd R, Fwd L, tch R to L, Bk R sliding
 R hand dwn ptr L arm; Anchor in pl L/R, L;*)
- 3,4;
 1,2,3&4 **{M's undrm trn}** Bk L, fwd and sd R twd W's L sd raising jnd ld hnds comm RF trn; sd L
 cont trn/XRIF cont trn, bk L comp 1/2 RF trn [French Cross], fwd R, Anchor in pl R/L,R;
 (*W Fwd R, fwd L comm LF trn; sd R cont trn/XLIF cont trn,
 bk R comp 1/2 LF trn to fc ptr [French Cross], Anchor in pl L/R, L;*)

9-16 WHIP TURN;; TUCK AND SPIN ~ CHEEK TO CHEEK;; MAN'S UNDERARM TURN ~ LEFT SIDE PASS;;

- 1,2,3&4; 9-10 **{Whip Trn}** Bk L, slight XRF of L mving twd the W's R sd into Loose CP, swv 1/4 RF
 1,2,3&4; on R ft sd L [partial wght]/rec R trn 1/4 RF, fwd L to CP; XRib of L commence RF trn, sd
 and fwd L comp 1/2 RF trn to fc ptr in LOP fcg ptr, Anchor in pl R/L,R;
 (*W Fwd R, fwd L trn 1/2 RF, bk R/cl L, fwd R between M's feet to CP; swvl sharply
 1/2 RF on supporting ft keeping L leg cl to R and undr the bdy bk L, bk R,
 anchor in pl L/R, L;*)
- 1,2, 3&4; 11-13 **{Tuck and Spin}** Bk L, bk R bring ld hnd in to cnt lding W to a R sd ld, tap L to R
 1&2, w/ L shldr ld, fwd L w/ L sd ld to lead W's spn; Anchor in pl R/L,R,];
 (*W fwd R, fwd L slight trn LF to tight LOP fcg ptr, tch R to L, trn 1/2 RF fwd R spn 1/2 RF to
 fc ptr; anchor in pl L/R, L;*)
- 3,4;
 1&2;3,4; **{Cheek to Cheek}** Bk L, rec fwd R comm RF trn; lift L knee up cont RF trn tching M's
 L hip to W's R hip, X L in frnt of R trning LF to fc ptr, in pl R/L, R;
 (*W Fwd R, fwd L commence LF trn; lift R knee up cont LF trn tching R hip to Ms L hip,
 X R in frnt of L trning RF to fc ptr, in pl L/R, L;*)
- 14-16 **{M's Undrm trn}** Rpt meas 6,5-8 of Part A,,
{L Sd Pass} Rpt meas 1,5-3;;

Part B

1-6 UNDERARM TURN TO TRIPLE TRAVEL WITH ROLLS ~ SUGAR PUSH;:::

- 123&4 1-4,5 **{UA Trn to Trpl Travel w/ Roll}** bk L trng RF, fwd R twd W's R sd trng
 5&678 RF, fwd L/cl R, fwd L to R hnd star M fcg WALL; Sd R/cl L, sd and fwd R comm
 1&23&4 RF trn 1/4, fwd L cont RF trn 3/4, fwd R cont RF trn 1/2 comp 1 1/2 trns to a L Hnd Star;
 5&678 sd L/cl R, sd L trn 1/2 LF to a R Hnd Star, sd R/cl L, sd R trn 1/2 R fc to a L Hnd Star;
 1&2 sd L/cl R, sd and fwd L comm LF trn 1/4, fwd R cont LF trn 1/2, fwd L cont L fc trn 1/2
 [making a 1 1/4 turn] to fc ptr jn ld hnds; anchor in pl R/L,R,
 (*W fwd R, fwd L, undr jnd Lead hnds fwd R/fwd L, fwd R trng LF to fc COH;
 Sd L/cl R, sd and bk L comm RF trn 1/4, fwd R cont RF trn 3/4, fwd L cont RF trn 1/2
 comp 1 1/2 trn to a L Hnd Star; sd R/cl L, sd R trn 1/2 LF to a R Hnd Star, sd L/cl R,
 sd L trn 1/2 RF to a L Hnd Star; sd R/cl L, sd and bk R comm LF trn 1/4, fwd L cont LF
 trn 1/2, fwd R cont LF trn 1/2 [making a 1 1/4 trn] to fc ptr jn ld hnds; anchor in pl L/R, L;*)
- 4,5-6 **{Sugar push}** Rpt meas 1-1,5 of Part A,,

SUGAR BUMP ~ LEFT SIDE PASS;;; TUMMY WHIP;;
SLOW SIDE BREAKS; QUICK SIDE BREAKS; KICK BALL CHANGE-TWICE;

- 1,2,3á,4; 7-9 {**Sugar Bump**} Bk L, rec fwd R comm RF trn ¼, lift L knee up cont RF trn tching L hip to
 1á,2, W's R hip cont to trn RF rolling bottoms, rel ld hnds fwd L cont RF trn to fc ptr jning ld
 hnds; anchor in pl R/L,R, (*W Fwd R, fwd L comm LF trn, lift R knee up cont LF trn tching
 R hip to M's L hip Cont to trn LF rolling bottoms, rel ld hnds fwd R cont LF trn to fc ptr
 jning ld hnds; anchor in pl L/R, L,*)
 {**L Sd Pass**} Rpt meas 1,5-3;;
- 1,2,3á,4; 10-11 {**Tummy Whip**} Bk L, rec R acr L start RF trn, plcing R hnd on W's R hip
 1,2,3á,4; cont RF trn sd & fwd L/rec R, sd & fwd L; XRIB of L trn RF, rec L cont RF trn - lead
 W to bk up, anchor in pl R/L,R; (*W fwd R, L, fwd R both arms go out to RLOD/cl L to R
 both arms come up to go bhd the hd, bk R both arms; W bk L, bk R, anchor L/R,L*)
- á1,-,á3,-; 12 {**SI Sd Brk**} Sd L/ sd R,-,stp undr bdy L, cl R,-; (*W Sd R/ sd L,-,stp undr bdy R, cl L,-;*)
 á1,á2,á3,á4; 13 {**Qk Sd Brk**} Sd L/ sd R, stp undr bdy L, cl R, Sd L/ sd R, stp undr bdy L, cl R;
 (*W Sd R/ sd L,stp undr bdy R, cl L, sd R/ sd L,stp undr bdy R, cl L;*)
- 1á,2,3á,4 14 {**Kbchg**} Kick L fwd/take weight lightly on ball of L ft, replace wgt on R, rpt Kbchg,;

Part C

1-8 **WRAPPED WHIP;; WHIP TURN;; SLOW SIDE BREAKS; QUICK SIDE BREAKS;**
KICK BALL CHANGE-TWICE; WALK BACK 2 & POINT TOWARD COH;

- 1-2 {**Wrpd Whip**} rpt meas 7-8 of Intro;;
 3-4 {**Whip Trn**} rpt meas 9-10 of Part A;;
 5 {**Slow Sd Breaks**} rpt meas 12 of Part B;
 6 {**Quick Sd Breaks**} rpt meas 13 of Part B;
 7 {**Kbchg**} rpt meas 14 of Part B;
 1,2,3,-; 8 {**Wk bk 2 & Pt twd COH**} } Bk L, Bk R, pt L twd COH,-;
 (*W fwd R, fwd L, pt R twd COH,-;*)

End

1-11 **WRAPPED WHIP;; WHIP TURN;; SLOW SIDE BREAKS; QUICK SIDE BREAKS;**
WALK BACK 2 & CLOSE; SHRUG SHOULDERS-TWICE;
FOOT SWIVEL-BOTH TO THE LEFT; SHRUG SHOULDERS-TWICE;
POINT TRAIL HANDS TOWARD PARTNER;

- 1-2 {**Wrpd Whip**} rpt meas 7-8 of Intro;;
 3-4 {**Whip Trn**} rpt meas 9-10 of Part A;;
 5 {**Slow Sd Breaks**} rpt meas 12 of Part B;
 6 {**Quick Sd Breaks**} rpt meas 13 of Part B;
 1,2,3,-; 7 {**Wk bk 2 & cl**} Bk L, Bk R, cl L to R,-; (*W fwd R, fwd L, cl R to L,-;*)wght on bth feet.
 8 {**Shrug Shlds**} Rpt meas 4 of Intro;
 9 {**Ft Swvl to L**} Rpt meas 3 of Intro;
 10 {**Shrug Shlds**} Rpt meas 4 of Intro;
 1 11 {**Pt w/ index finger of trail hnd twd ptr**} Use your index finger of trail hnd and
 pt twd ptr,-,-;

Comment: In this cuesheet we used most of the Roundalab definitions, but we dance it in modern style as we use unstead of "step and point" a triple instead.

I'm using the expression Anchor for the last triple of most of the WC figures.

That's for the Man: Sm bk R w/ toes trned out and instep cl to heel of L/ rec slightly fwd L, slightly bk R,

Tha't for the Lady: Sm bk L w/ toes trned out and instep cl to heel of R/ rec slightly fwd R, slightly bk L,

Recommended Cues

Simple Man

Choreographers: Klaus & Marion Voelkl

WC PH V

Music: Simple Man-Andreas Kümmert

Sequence: Intro-AB-ABC-A*-B-End

- Intro:** Fc Pos M-fcg LOD wait;; Shrug Shoulders-twice;
Foot Swivel both to the left; Shrug Shoulders-twice;
Foot Swivel both to the right to Bfly; Wrapped Whip;;
- Part A:** Sugar Push;;; Left Side Pass;; Wrapped Whip to HNDSHK;;
Face Loop Sugar Push;;; M's UA trn;; *
Whip turn;; Tuck & Spin;;; Cheek to Cheek;; Man' Underarm Turn;;; Side
Left Pass;;
- Part B:** Underarm Turn to Triple Travel with Rolls;;;;;, Sugar Push;;
Sugar Bump;;; Left Side Pass;; Tummy Whip;;
slow Side Breaks; Qk sd Breaks; Kick Ball Change-twice;
- Part C:** Wrapped Whip;; Whip turn;; slow Side Breaks;
Qk side break; Kick Ball Change-2x; Walk bk 2 & point twd COH;
- End:** Wrapped Whip;; Whip turn;; slow Side Breaks; Qk side break;
Walk bk 2 & Close; Shrug Shoulders;
Foot swivel to the left; Shrug Shoulders; Point w/ index finger twd ptr;