

## SHE CAN'T FIX GRITS

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Rhythm: Jive Speed: As on CD CD: Everybody Dances Swing Series #1 Track #8 Ripete 2257 TIME: 2:26  
Download on Internet [MusicNet@aol.com](mailto:MusicNet@aol.com) & various other sites Music: "She Can't Fix Grits" Artist: "Shagtime"  
Sequence: INTRO A-B-C-A-END Footwork: Opp for Woman (except where noted) Release Date: July 2005  
Phase: V+2 (Turk Twl, Shldr Roll) Website: <http://members.aol.com/gphurd/index/html> E-mail: [gphurd@aol.com](mailto:gphurd@aol.com)

### INTRO

#### **1-4 WAIT;; KICK KICK SAILOR SHUFFLE 2X (SHK HNDS);;**

- 1-2** (Wait) M Fcg ptr & LOD hnds dn at sides no hnds jnd & lead foot pointed side wait 2 meas;;  
**3-4** (Kick Kick & Sail Shfl 2X ) Kick L fwd & across R snap fingers, kick L sd & fwd L snap fingers, XLIBR/sd R, sd L; Kick R fwd & across L snap fingers, kick R sd & fwd R snap fingers, XRIBL/sd L, sd R join R hnds;

#### **5-8 TRADE PLACES 2X;; LADY L TO R/M CHG HNDS BHND BK & SLO PT SD TO SCP;;**

- 5-6** (Trade Places 2X) Rk apt L, rec R, pull past ptr on R sd fwd chasse L/R, L trng ½ RF (LF) to L handshake; Rk apt R, rec L, pull past ptr on L sd fwd chase R/L, R trng ½ LF (RF) to R handshake M fcg ptr & LOD;  
**7-8** (W Chg L to R/M Chg Hnds Bhnd Bk & Pt Sd) Rk apt L, rec R, chasse fwd L/R, L raising jnd R hnds trng ¼ LF lowering R hnds change hnds bhnd bk to fc COH; Cont LF trn ½ R/L, R to fc ptr ld hnds now jnd, (W rk bk R, rec L, chasse fwd R/L, R trng ¾ LF under ld R hnds to fc COH; Sm chasse L/R, L,) slow pt L (W pt R) ft sd twds LOD blending to SCP/LOD,-;

### PART A

#### **1-4 2 FWD TRIPLES; SWIVEL WALK 4; THROWAWAY; CHG L TO R (4 QKS);**

- 1** (2 Fwd Triples) Chasse fwd L/R, L, fwd R/L, R;  
**2** (Swvl 4) In SCP fwd L, R, L, R (W swvl LF on L stp sd R, swvl RF on R stp fwd L, swvl LF on L stp sd R, swvl RF on R stp fwd L);  
**3** (Throwaway) Chasse fwd L/R, L, chasse sd & fwd R/L, R (W picking up R/L, R, chasse sd & bk L/R, L) to end M fcg ptr & LOD;  
**4** (Chg L to R in 4) Rk apt L, rec R raising jnd ld hnds, sd L to fc ptr & wall, sm sd R (W rk bk R, rec L, fwd R trng ¾ LF to fc ptr, sm sd L) to LOP M fcg ptr & WALL;

#### **5-8 LINDY CATCH TO M'S TANDEM COH;; TURKISH TOWELS 2X;;**

- 5-6** (Lindy Catch to M's Tandem COH) Rk apt L, rec fwd on R twds W's R sd leading W to stp fwd, release hnds place R hnd on W's waist & allow to slide around W's waist as you chasse fwd L/R, L trng RF ½ arnd W to end on W's L sd fcg COH (W rk apt R, rec L, chasse fwd R/L, R); Fwd R lead W to stp bk release hnd hold, fwd L twds COH in front of W, in place chasse R/L, R (W bk L, bk R no trn, chasse bk L/R, L) xtndng both hands bk (W hnds fwd) to low bfly M's palms up (W's palms dn) end with M in front both fcg COH;  
**7-8** (Turkish Twls) Trng body LF (RF) check sd & bk L looking L twds ptr (W looks R), rec R, sm chasse L/R, L with W now on M's R sd; Trng upper body RF (LF) check sd & bk R looking R twds ptr (W looks L), rec L, sm chasse R/L, R with W now on M's L sd;

#### **9-11 RK & SPIN HER OUT TO FC & R CHASSE;; RK & CHASSE ROLL 2 TRIPLES BK TO BK;;**

- 9-11** (Rk & Spin Her Out to Fc & R Chasse) Rk bk L leading W fwd, rec R, chasse almost in place L/R, L (W fwd R, fwd L comm to trn RF, spin RF R/L, R) to fc M fcg ptr & COH; Chasse sd R/L, R twds LOD blending to ½ OP fcg RLOD,  
(Rk & Chasse Roll 2 Triples Bk to Bk) Rk bk L, rec R to fc; Chasse sd L/R, L trng ½ RF (W LF) bk-to-bk, chasse sd R/L, R stay in bk to bk pos M fcg wall (W fcg COH) no hnds jnd;

#### **12-14 CROSS CHK REC & CHASSE ROLL 2 TRIPLES TO FC;; CHG HNDS BHND THE BK;;**

- 12-14** (X Chk Rec & Chasse Roll 2 Triples to Fc) XLIF (W XRIF) of R xtnd both arms sd, rec R, chasse sd L/R, L trng ½ LF (RF) to fc ptr & COH; Chasse sd R/L, R end LOP M fcg ptr & COH,  
(Chg Hnds Bhnd Bk) Rk apt L, rec R begin placing W's R hnd in M's R hnd; Fwd L/R, L trng LF ¼ change hnds R to L bhnd M's bk, cont LF trn ¼ R/L, R to LOP M fcg ptr & WALL;

#### **15-16 BOOGIE BK 2 SLOS; TOG 4 QKS (BFLY);**

- 15** (Boogie Bk) Release hnds bk away from ptr sd L/sd R, clap hands, sd L/sd R, clap hands;  
**16** (Tog 4 Qks) Small fwd L, R, L, R with jazz hands xtnd both arms dn but bent at elbows with palms fcg out & wiggle spread fingers vigorously preparing to blend low BFLY/WALL;

**PART B****1-4 CHASSE L & R (BFLY); LINK & TRIPLE WHIP (SCP/LOD);;****1** (Chasse L & R) Chasse sd L/R, L, sd R/L, R to BFLY/WALL;**2-4** (Link & Triple Whip) Rk apt L, rec R comm RF trn, cont RF trn chasse fwd L/R, L to CP/DRW; Cont RF trn XRIBL, cont RF trn sd L, cont RF trn XRIBL, cont RF trn sd L; Cont RF trn XRIBL, cont RF trn sd L, cont RF trn small sd chasse R/L, R (W rk apt R, rec L comm RF trn, cont RF trn chasse fwd R/L, R to CP/DRW; Cont RF trn fwd L, cont RF trn sm fwd R btwn M's feet, cont RF trn fwd L, cont RF trn sm fwd R btwn M's feet; Cont RF trn fwd L, cont RF trn sm fwd R btwn M's feet, cont RF trn chasse small sd chasse L/R, L) completing 2 full revolutions to end in SCP/LOD;**5-8 FALLAWAY THROWAWAY;; CHG L TO R;; MERENGUE 4 OKS (SHK HND);****5-7** (Falawy Throwawy) In SCP rk bk L, rec R, chasse fwd L/R, L; Chasse sd & fwd R/L, R (W rk bk R, rec L, picking up R/L, R; Chasse sd & bk L/R, L) to end in LOP M fcg ptr & LOD, (Chg L to R) Rk apt L, rec R; Small chasse fwd L/R, L raising jnd ld hnds trng ¼ RF (W rk bk R, rec L; Chasse fwd R/L, R trng ¾ LF under ld hnds to fc ptr), chasse R/L, R to LOP pos M fcg ptr & WALL;**8** (Merengue 4) Sd L, cl R, sd L, cl R w/Merengue hip action joining R hnds M fcg ptr & WALL;**9-12 RK TO SHLDR ROLL/M FC REV;; TRIPLE WHEEL 3 HANG ON w/SPIN TO FC/WALL;;;****9-12** (Shoulder Roll) In handshake pos rk apt L, rec R comm RF trn, sm fwd chasse L/R, L cont trng RF under jnd R hnds; Cont RF trn R/L, R (W rk apt R, rec L comm LF trn, sm fwd chasse trng LF under jnd R hnds R/L, R; Cont LF trng L/R, L) end with R hnds jnd M fcg ptr & RLOD, (Triple Wheel 3 Hang On w/Spin to Fe) Rk apt L, rec R; Wheel RF L/R, L trng in twds ptr tch her bk w/M's L hnd, cont RF wheel R/L, R trng away from ptr (W wheel RF R/L, R trng away from ptr, cont RF wheel L/R, L trng in twds ptr tch his bk w/W's L hnd); Cont RF wheel L/R, L trng in twds ptr tch her bk w/M's L hnd lead W to spin RF under joined R hnds, sm chasse R/L, R (W cont RF wheel R/L, R trng awy from ptr spinning RF under joined R hnds to fc ptr, sm chasse L/R, L) to end in handshake pos M fcg ptr & WALL;**13-16 TRADE PLACES 2X;; SIDE BREAKS (2 SLOS, 4 OKS TO BFLY);;****13-14** (Trade Places) Repeat meas 5-6 of INTRO to end with R hnds joined M fcg ptr & WALL;;**15-16** (Sd Brks 2 Slo 4 Qk) Release hnds stp out L, stp out R, stp in L, stp in R; Stp out L/stp out R, stp in L/stp in R, stp out L/stp out R, stp in L/stp in R prepare to blend BFLY/WALL;**PART C****1-4 RK REC & POINT STEP 3X;; CHK THRU & HOLD BALL/CHG; THROWAWAY;****1-2** (Rk Rec Pt Stp 3X) In BFLY rk apt L, rec R, pt L fwd, step fwd L; Pt R fwd, step fwd R, pt L fwd, step fwd L;**3** (Chk Thru & Hold Ball/Chg) Chk fwd R w/lead foot xtnd bk, hold,-, rec on ball of L ft/rec R;**4** (Throwaway) Chasse fwd L/R, L, chasse sd & fwd R/L, R (W picking up R/L, R, chasse sd & bk L/R, L) to end in LOP M fcg ptr & LOD;**5-8 LINK & WHIP THROWAWAY TO M'S TANDEM REV;; SWIVEL WKS (2 SLOS, 4 OKS);;****5-6** (Link & Whip Throwaway to M's Tand) Rk apt L, rec R comm RF trn, cont RF trn chasse fwd L/R, L to CP/DLW; Cont RF trn XRIBL, cont RF trn fwd L to fc RLOD changing hnds M's R to W's R hnd, xtnd R hnd bk leading W bk chasse in place R/L, R (W rk apt R, rec L comm RF trn, cont RF trn chasse fwd R/L, R to CP/DLW; Cont RF trn fwd L, cont RF trn sm fwd R btwn M's feet, chasse sd & slightly bk L/R, L) xtnd L hnd bk (W xtnd L hnd fwd) both hands now jnd in low bfly w/M's palms up (W's palms dn) to end with M in front of W both fcg RLOD;**7-8** (Swvl Wks) Swvl LF on R/fwd L,-, swvl RF on L/fwd R,-; Swvl LF on R/fwd L, swvl RF on L/fwd R, swvl LF on R/fwd L, swvl RF on L/fwd R;**9-12 CATAPULT;; AMER SPIN TO HAMMER LK;; RK & LADY UNDER ONE TRIPLE;****9-11** (Catapult) Rk fwd L extend arms slightly bk, rec R leading W to M's L sd, release R hnds in place, L/R, L leading W fwd to spin RF release L hnds; In place R/L, R (W rk bk R, rec sd & fwd L, chasse fwd R/L, R passing M's L sd spinning RF almost 1 full trn; Fwd & across L/R, L) to end LOP M fcg ptr & RLOD,

**PART C (CONTINUED)**

- (Amer Spin to Hmr Lk) Rk apt L, rec R joining both hnds low; Triple in place L/R, L leading W to spin RF on last step of first triple maintaining dbl hnd hold with lead hnds high and trailing hnds low, moving slightly twds wall R/L, R ( W rk apt R, rec L joining both hnds; Triple in place R/L, R spinning RF 1 revolution on last step of triple under joined lead hnds held high, sm sd chasse L/R, L) lowering lead hnds in front with trailing hnds now joined low behind W's bk in hammer lock pos M fcg RLOD and W fcg LOD;
- 12 (Rk & Lady Under Triple) RK bk L, rec R, triple in place L/R, L raising jnd lead hnds trng RF ¼ (W rk bk R, rec L, triple in place R/L, R trng ¾ LF under lead hnds) blndng to CP/COH;
- 13-16 **& WHIP TRN (SCP/LOD); RK REC & KICK BALL/CHANGE; QK RK THE BOAT 4X;;**
- 13 (& Whip Trn) XRIBL trng RF, cont RF trn sd L, sm chasse R/L, R twds RLOD (W fwd L trng R, cont RF trn sm fwd R btwn M's feet, sm sd chasse L/R, L) to SCP/LOD;
- 14 (Rk Rec & Kick B/C) In SCP rk bk L, rec R, kick L fwd, replace L next to R taking wgt on ball of L/replace R;
- 15-16 (Qk Rk Boat 4X) Fwd L lead arms down & out, cl R lead arms in twds body, fwd L lead arms up & out, cl R lead arms in twds body; Fwd L lead arms down & out, cl R lead arms in twds body, fwd L lead arms up & out, cl R lead arms in twds body;

**REPEAT A**

- 1-4 **2 FWD TRIPLES; SWIVEL WALK 4; THROWAWAY; CHG L TO R (4 OKS);**
- 5-8 **LINDY CATCH TO M'S TANDEM COH;; TURKISH TOWELS 2X;;**
- 9-11 **RK & SPIN HER OUT TO FC & R CHASSE;; RK & CHASSE ROLL 2 TRIPLES BK TO BK;;**
- 12-14 **CROSS CHK REC & CHASSE ROLL 2 TRIPLES TO FC;; CHG HNDS BHND THE BK;;**
- 15-16 **BOOGIE BK 2 SLOS; TOG 4 QKS (BFLY);**

**END**

- 1-4 **TRAVELING DOOR; RK SD REC CROSS; TRAVELING DOOR; RK SD REC CROSS;**
- 1 (Trvlng Dr) In BFLY/WALL rk sd L, rec R, XLIFR/sd R, XLIFR;
- 2 (Rk sd Rec X) Rk sd R, rec L, XRIFL,-;
- 3 (Trvlng Dr) Repeat meas 1 of END;
- 4 (Rk Sd Rec X) Repeat meas 2 of END;
- 5-6 **MERENGUE (4 OKS); RK REC M LUNGE/LADY UNDER TO SIT LN;**
- 5 (Merengue 4) Repeat meas 4 of PART B to low BFLY/WALL;
- 6 (Rk Rec M Lunge/LadyUnder to Sit Ln) In low bfly rk apt L, rec R comm RF trn raising lead hnds release trailing hnd & allow it to slide around W's back, trng body RF lunge sd L twds wall with bent L knee and straight R leg now pointing COH lead hnds jnd low M's R hnd on L sd of W's waist (W rk apt R, rec L raising lead hnds comm LF trn, cont LF trn sd & bk R lowering into R knee with L ft pointing WALL, extend trailing arm straight up on last heavy beat look at ptr) end M fcg RLOD and W fcg Wall look at ptr;