

NO QUIERO PERDERTE
(Don't Wanna Loose You)

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Record: Star 128B – Don't Wanna Loose You, Lynn Garner/Dance & List

Rhythm: Rumba - Phase IV + 1 (Cuddle)

Sequence: Intro AB AB Footwork: Opposite (Woman's in Parentheses) Speed: 45

INTRODUCTION

1-4 2 MEAS CUDDLE CL;; CUDDLE TWICE;;

- 1-4 Wait Cuddle Closed (W hnds on M shldrs);; Push sd L, rec R, cl L to R (Swivel ¼ RF on L bk R, rec L to fc M, sd R placing R hnd on M L shldr),;-; Push sd R, rec L, cl R to L to low bfly (Swivel ¼ LF on R bk L, rec R to fc M, sd L),;-;

PART A

1-8 BASIC TO HNDSHAKE;; FLIRT TO FAN;; HOCKEY STICK;; LARIAT;;

- 1-2 Fwd L, rec R, sd L,;-; Bk R, rec L, sd R to join R hnds;
3-4 Fwd L, rec R, sd L (Bk R, fwd L, fwd R trn LF to Varsouienne),;-; Bk R, rec L, release L-L hnds sd R,;- leading W to fan position (Bk L, rec R trn RF, cont trn sd & bk L to fan position fc RLOD),;-;
5-6 Fwd L, rec R, cl L (cl R, fwd L RLOD, fwd R),;-; Bk R, rec L, fwd R following W (fwd L, fwd R trn LF to fc partner, sd & bk L),;-;
7-8 In place L, R, L (Circle M clockwise w/lead hnds joined fwd R, fwd L, fwd R),;-; In place R, L, R (fwd L, fwd R, fwd L to fc M),;-;

9-16 HALF BASIC; UNDERARM TRN TO HNDSHAKE; SHADOW BREAKS 2X TO FC RLOD;; WHEEL 6;; REV UNDERARM TRN; SHLDR TO SHLDR;

- 9-10 Fwd L, rec R, sd L,;-; Bk R, rec L, sd R to join R hnds (XLIF trn ½ RF, rec R to fc M, sd L),;-;
11-12 Bhd L, rec R, sd L,;-; Bhd R, rec L, fwd R both fc RLOD,;-;
13-14 Both wheel RF fwd L, fwd R, fwd L,;-; Fwd R, fwd L, fwd R to fc RLOD,;-;
15-16 XLIF, rec R, sd L to fc wall (XRIF turn ½ LF under joined lead hnds, rec L to fc M, sd R),;-; XRIF, rec L, sd R,;-;

PART B

1-8 TIME STEP IN 4; TIME STEP; CRAB WK 6;; TIME STEP IN 4; TIME STEP; CRAB WK 6 TO RLOD;;

- 1-4 XLIB, rec R, sd L, rec R; XLIB, rec R, sd L,;-; XRIF, sd L, XRIF,;-; sd L, XRIF, sd L,;-;
5-8 XRB, rec L, sd R, rec L; XRB, rec L, sd R,;-; XLIF, sd R, XLIF,;-; sd R, XLIF, sd L,;-;

9-16 SHLDR TO SHLDR; AIDA; SWITCH CROSS W/SPOT ENDING TO LOD; PROGRESSIVE WK 6;; IN AND OUT RUNS W/(OPTIONAL)TWIRL;; THRU SD CL; (LAST MEASURE AT END AIDA & HOLD;)

- 9-10 XLIF, rec R, sd L,;-; keep ld hnds jnd thru R, sd & bk L com RF trn, bk R to V bk to bk,;-;
11-13 Trn LF to fc W sd L chk bringing joined hnds thru, rec R, XLIF trn RF (W trn LF) to fc LOD,;-; In SCP fwd R, fwd L, fwd R,;-; fwd L, fwd R, fwd L,;-;
14-15 Fwd R trn RF, sd & bk on L to CP, bk R to CBMP (Fwd L, fwd R between M's feet, fwd L to CBMP),;-; Bk L trng RF, sd & fwd R, fwd L to SCP (Fwd R starting RF trn, fwd & sd L continuing trn, fwd R),;-;
Optional W Twirl Measure 15 – man twirls W RF under lead hnds Bk L trng RF, sd & fwd R, fwd L to SCP (Fwd R trng RF ½, fwd L trng RF ½, sd R to SCP),;-;
16 Thru R, sd L, cl R to L to low bfly,;-; (2nd time thru change Measure 16 Part B to Repeat Measure 10, Part B to V bk to bk & hold,;-);

INTRO

1-4 2 MEAS;; CUDDLES TWICE;;

A

1-16 BASIC TO HNDSHAKE;; FLIRT TO FAN;; HOCKEY STICK;; LARIAT;; HALF BASIC;
UNDERARM TURN TO HNDSHAKE; SHADOW BREAKS 2X TO FC RLOD;; WHEEL
6;; REV UNDERARM TRN; SHLDR TO SHLDR;

B

1-16 TIME STEP IN 4; TIME STEP; CRAB WK 6;;
TIME STEP IN 4; TIME STEP; TO RLOD CRAB WK 6;;
SHLDR TO SHLDR; AIDA; SWITCH CROSS W SPOT ENDING TO LOD;
PROG WK 6 ;; IN AND OUT RUNS;; THRU SD CL; (AIDA)

END BREAK BK & HOLD