

# Love Potion West

June 2003 v1.1

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SONG: Love Potion #9, Herb Alpert & Tijuana Brass Whipped Cream and Other Delights Album Speed to suit, Contact  
Choreographer for music info  
FOOTWORK: (Women's footwork in parenthesis)  
RHYTHM: West Coast Swing RAL Phase V+1 (whip inside turn) +2 unph (Reverse Whip, Half Whip) suggest Phase V+2  
SEQUENCE: Intro, A, A, B, A, B, C, END

## INTRO

### 1-4 WAIT; SNAP TO FACE & COMB THE HAIR;

- 1 Wait 1 meas of drum roll in bk to bk M fc RLOD M's L (W's R) hooked behind with lead hnds joined low;
- 2 **Snap to Face & comb hair** Unwind LF (W RF) on ball of R to fc LOD pnt L foot, start R arm up bringing it back to comb the hair over the next three beats (W option to do what she wants comb/fluff/stand/ hip pops/look cute etc); LOP/LOD

## PART A

### 1-4 WHIP TURN TO HNDSHK;; REVERSE WHIP WITH U/A EXIT STACKED HANDS L OVER R;;

- 1-2 **Whip Turn to hndshk** bk L, rec R twd W's R sd trn RF, sd & fwd L trn RF/rec R trn RF, sd L (W fwd R, L trn RF, bk R/cl L, fwd R into M); xRib, sd L, anchor R/L, R join R hnds (W sd & bk R trn RF, bk L, anchor L/R, L); HNSHK/LOD
- 3-4 **Reverse Whip w/Underarm exit** bk L, cl R trn 1/4 RF lead W to L position, sd L/cl R, sd L join L hnds (W fwd R, L trn LF with R hnd low behind back, bk R/cl L, fwd R); cl R, sd L, lead W to trn RF under joined L hnds, anchor R/L, R (W fwd L, R, fwd L sharp RF turn under L hnds/cl R, fwd L); stacked hnds L over R face LOD; *note: the move turns the W LF wrapping into her arm to M's R sd ending in an L-pos with her R arm behind her back. Joining L hnds M move to LOD (cl sd xRib side) as the W walks fwd in the L-position. M anchors while W trns RF under joined L hnds ending L hnds over R.*

### 5-8 FACE LOOP SUGAR PUSH - KICK BALL CHANGE;; WHIP W/INSIDE TURN;;

- 5-6 **Face Loop Sugar Push** bk L, cl R slight LF trn to v-position joined R hnds low in front raise joined L hnds over man's head, tap L to sd, xLib releasing L hnds (W fwd R, L slight RF trn, tap R, bk R); sd R/cl L trn RF to fc W, bk R joining lead hnds (W anchor L/R, L), **Kick ball Change** sm kick L/in pl L, R (W kick R/in pl R, L); LOP/LOD
- 7-8 **Whip w/inside Turn** bk L, rec R twd lady's R sd trn RF, sd & fwd L trn RF/rec R trn RF, sd L (W fwd R, L trn RF, bk R/cl L, fwd R into M); xRib, sd L, anchor R/L, R (W fwd R trn 1/2 LF under joined hnds, bk L, anchor L/R, L); LOP/LOD

### 9-10 WRAPPED WHIP;;

- 3-4 **Wrapped Whip** bk L, rec R to W's right sd join both hds raising lead hds over W's head, fwd L/R, L around W RF (W fwd R, L, fwd R/cl L, bk R); xRib release trailing hds, fwd L, anchor R/L, R (W bk L, R, anchor L/R, L); LOP/LOD

## PART B

### 1-4 REVERSE UNDERARM TURN - TRIPLE TRAVEL WITH ROLL;;; -

- 1-4.5 **Underarm turn triple travel w/roll** bk L, rec R to lady's R side, comm RF trn raise joined hds in pl L/R, fwd L to R hnd star fc DRW (W fwd R, L trn LF under joined hds, fwd R/xLif, bk R to fc DLC); sd R/cl L, sd R comm RF roll, fwd L, R complete 1 1/2 trn to L hnd star fc DRC (W fc DLC); sd L/cl R, sd L trn 1/2 LF join R hds, sd R/cl L, sd R trn 1/2 RF join L hds; sd L/cl R, sd L start LF roll, fwd R, L complete 1 1/2 trn join lead hds;

### 5-9 ANCHOR FINISH - HALF WHIP;; THROWOUT - SUGAR PUSH;;

- 5-6 **Anchor finish** anchor R/L, R (W anchor L/R, L), LOP/RLOD **Half Whip** bk L, rec R trn slight RF; sd & fwd L trn RF/rec R trn RF, sd L (W fwd R, L trn RF, bk R/cl L, fwd R into M), chasse R/L,R to RLOD (W chasse L/R,L); SCP/LOD *note: this is similar to a turning basic*
- 7-9 **Throwout** sd L to L-position, rec or cl R, small chasse L/R, L (W bk R, fwd L, fwd R/L, R turn 1/2 LF); anchor R/L, R (W L/R,L), **Sugar Push** bk L, R (W fwd R, L); tap L, fwd L anchor R/L, R (W tap R, bk R, anchor L/R, L); LOP/LOD

### PART C

**1-4 WHIP TURN TO HANDSHAKE;; REVERSE WHIP WITH U/A TURN LEFT OVER RIGHT;;**

1-2 Whip Turn to hndshk Repeat prt A meas 1-2

3-4 Reverse Whip w/Underarm exit Repeat prt A meas 3-4

**5-8 LADY UNDER TO SIT KICK 2X;; FACE LOOP SUGAR PUSH - KICK BALL CHNG;;**

QQS 5 Lady under to Sit Kick bk L raising joined L hnds keeping R hnds low, fwd R , sd L/R, L lunge line looking DRW at W lower L hnds, -(W fwd R, L trn LF under L hnd R hnd behind back, sd & bk R sit line look at M, kick L up and out);

QQS 6 Lady under to Sit Kick sd R raising joined L hnds, cl L, sd R lunge line looking DLW at W (W fwd L, R trn RF under L hnd, sd & bk L, kick R up and out) end stacked hnds L over R fcng LOD;

7-8 Face Loop Sugar Push - kick ball change repeat prt A meas 5-6;;

**9-12 WHIP W/INSIDE TURN ;; REVERSE WHIP WITH U/A TURN LEFT OVER RIGHT;;**

9-10 Whip w/inside Turn repeat prt A meas 7-8

11-12 Reverse Whip w Underarm exit Repeat prt A meas 3-4

### END

**1-5 LADY UNDER TO SIT KICK 2X; FACE LOOP SUGAR PUSH - POINT COH;;**

1-2 Lady under to Sit Kick repeat prt C meas 5-6

5-6 Face Loop Sugar Push bk L, cl R slight LF trn to v-position joined R hnds low in front raise joined L hnds over man's head, tap L to sd, xLib releasing L hnds (W fwd R, L slight RF trn, tap R, bk R); sd R/cl L trn RF to fc W, bk R joining lead hnds (W anchor L/R, L), Point COH point L to sd extend free arm out to side (W pt R to sd) as music fades

### **HEAD CUES IN 4 MEASURE GROUPS**

**SEQUENCE INTRO, A, A, B, A, B, C, END**

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### PART A

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**5-8 FACE LOOP SUGAR PUSH - KICK BALL CHANGE;; WHIP W/INSIDE TURN;;**

**9-10 WRAPPED WHIP;;**

### REPEAT PART A

### PART B

**1-4 REVERSE UNDERARM TURN - TRIPLE TRAVEL WITH ROLL: : : : -**

**5-9 ANCHOR FINISH - HALF WHIP;; THROWOUT - SUGAR PUSH: : ;**

### REPEAT PART A

### REPEAT PART B

### PART C

**1-4 WHIP TURN TO HANDSHAKE;; REVERSE WHIP WITH U/A TURN LEFT OVER RIGHT;;**

**5-8 LADY UNDER TO SIT KICK 2X;; FACE LOOP SUGAR PUSH - KICK BALL CHNG;;**

**9-12 WHIP W/INSIDE TURN ;; REVERSE WHIP WITH U/A TURN LEFT OVER RIGHT;;**

### END

**1-5 LADY UNDER TO SIT KICK 2X; FACE LOOP SUGAR PUSH - POINT COH;;**