Lola Lola Cha Cha Cha

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MUSIC:	Whatever Lola Wants (Della Della Cha Cha Cha, track 6)		
RHYTHM:	Cha Cha		TIME @ BPM:
PHASE (+):	V		
FOOTWORK:	Opposite unless indicated (W's footwork in parentheses)		
SEQUENCE:	Introduction A B C A B C (1 – 14) Ending		

Introduction

<u>1-6</u> <u>Wait; ; Box Turn Back to Back; Box Turn to Face; Quick Cucaracha Line and Reverse; Lunge Line, Recover, Look, -;</u>

- 1-2 Wait in Open Facing Position Man facing WALL with trailing hands joined and lead feet free; ;
- 3-4 [Box Back to Back and to Face (QQS; QQS)] Forward L down LOD turning LF, side R down LOD, close L to R to end in Back to Back position facing DC, -; Forward R down LOD turning RF, side L down LOD, close R to L to end in Open Facing Position Man facing WALL, -;
- 5-6 [Quick Cucaracha; Lunge, Recover (1&2 3&4; 123-)] Rock side L / recover R, close L to R, rock side R / recover L, close R to L; Lunge side L toward LOD, recover R to Open Facing Position Man facing WALL with lead hands joined, look at partner, hold;

<u>Part A</u>

<u>1-8</u> <u>Basic; Chase Woman Turns; Both Turn; Man Turns to R Handshake; Basic to Skaters face</u> <u>RLOD; Wheel to Face WALL; Rock Forward, Recover, Rock Back, Recover; Rock Forward, Recover; Rock Back, Recover;</u>

- 1-4 [Basic to Chase (123&4 x 4)] Rock forward L, recover back R, back L / close R to L, back L; Rock back R, recover forward L, forward R / close L to R, forward R; Rock forward L then turn 1/2 RF, recover forward R towards COH, forward L / close R to L, forward L; Rock forward R then turn 1/2 LF, recover forward L towards WALL, forward R / close L to R, forward R joining R hands; [W: Rock back R, recover forward L, forward L, forward R / close L to R, forward R; Rock forward L then turn 1/2 RF, recover forward R towards WALL, forward R / close L to R, forward R; Rock forward L then turn 1/2 RF, recover forward R towards WALL, forward L / close R to L, forward R; Rock forward L then turn 1/2 RF, recover forward R towards WALL, forward L / close R to L, forward R; Rock forward R then turn 1/2 LF, recover forward L towards COH, forward R / close L to R, forward R; Rock forward R then turn 1/2 LF, recover forward L towards COH, forward R / close L to R, forward R; Rock forward L, recover back R, back L / close R to L, back L joining R hands;]
- 5-6 [Basic to Wheel (123&4 x 2)] Rock forward L, recover back R, side L / close R to L, side L to end in Skaters Postion facing RLOD; Wheel 3/4 RF forward R, forward L, forward R / close L to R, forward R to end in Skaters Position facing WALL;
 [W: Rock back R, recover forward L, side R towards COH / close L to R, side and slightly back R to end in Skaters Position facing RLOD; Wheel RF back L, back R, back L / close R to L, back L;]
- 7 8 [Continuous Rocks (1234; 1234)] Rock forward L, recover R, rock back L, recover R; Repeat; [W: Rock back R, recover L, rock forward R, recover L;]

<u>9 – 16</u> <u>Hip Twist To Fan; ; Alemana; ; Natural Opening Out QQS; Lower and Rise (Close); Natural Opening Out; Cross Body Face RLOD in BFLY CHECK; ;</u>

- 9-10 [Hip Twist to Fan (123&4 x 2)] Rock forward L, recover R, side & back L / close R to L, side & back L; Rock back R, recover L place W's R hand in Man's L, rock R XIF of L / recover L, side R to end in Fan Position Man facing WALL;
 [W: Rock back R, recover L;
- 11 12 [Alemana (123&4 x 2)] Rock forward L, recover R, close L to R / close R to L, close L to R raising joined lead hands and ending in Open facing position Man facing WALL; Turning to face DWR rock back R, recover forward L then turn to face WALL, side R / close L to R, side R to CP facing WALL;

{W: Close R to L, forward L, forward R / closes L to R, forward R then turn 1/4 RF to face Man; Turn 1/8 RF then step forward L outside of Man's L side, turn 1/2 RF then step forward R toward DWR, turn 1/8 RF to face COH side L / close R to L, side and forward L to end in CP;]

- 13 14 [Natural Opening Out; Lower and Rise (QQS; SS)] Rock side L releasing lead hands, recover R, close L to R to ending CP facing WALL, -; Lower into L knee and turn body slightly LF extending R side and back toward RLOD, -, rise over L, close R to L to end in CP facing WALL; *{W:Turning RF 3/8 rock side and back R, recover L then turn LF to CP, close R to L, -; Lower into R knee extend and turning slightly LF to extend L leg down LOD, -, rise, close L to R;*]
- 15 16 [Natural Opening Out; Cross Body Check RLOD (123&4; 123-)] Rock side L, recover R, turning LF to face LOD side L / close R to L, side L; Rock back R, turning LF to face COH recover forward L, continue LF turn side R toward COH to end in BFLY facing RLOD, -;
 [W: Turn RF 3/8 then rock back R, turning LF to face LOD recover forward L, continue LF turn forward R toward COH / close L to R, forward R; Forward L stepping past partner then turn LF to face RLOD,continue LF turn stepping side and back R toward DCR, continue LF turn side L toward COH to end in BFLY, -;]

<u>Part B</u>

1-8 Basic to Setup; Whip Check; Man Side Lunge Woman Cross Swivel Twice; Quick Cross Swivels to Face; Quick Cucarachas Line and Reverse; Lunge Line, Recover, Look, -; Basic to Cross Body Check; ;

- 1-2 [Basic to Setup; Whip (123&4; 123-)] Rock forward L, recover R, back L / recover R, side L shaping towards partner; Rock back R, turning LF to face WALL recover forward L, continue LF turn side R toward RLOD checking and slightly overturn body to end in BFLY Banjo, -; [W; Rock back R, recover L, forward R to R side of M / side L turning to face WALL, close R to L ane extend bootie back a bit; Forward L stepping past partner then turn LF to face COH, continue LF turn stepping side and back R, side L checking, -;]
- 3 [Lunge/Swivel (1-3-)] Lunge side L toward LOD leading Woman to step toward RLOD and swivel, -, lunge side R toward RLOD leading Woman to step toward LOD and swivel, -; [W: Step fwd and across R toward DCR and with an exaggerated free leg swivel RF to face M, -, step fwd and across L toward DC and with an exaggerated free leg swivel LF to face M, -;]
- 4 [Quick Swivels to face (123-)] Lunge small step side L leading W to step toward RLOD and swivel, lunge side R small step leading Woman to step toward LOD and swivel, stand up to face in BFLY facing WALL; [W: Forward and across R toward DCR and quickly swivel RF to face Man, forward and
 - across L toward DC and quickly swivel LF to face Man, stand up in BFLY, -;
- 5-6 Repeat the action from measures 5 and 6 of the Introduction.
- 7-8 [Basic; Cross Body Check (123&4; 123-)] Rock forward L, recover R, side L / close R to L, side L; Rock back R, turning LF to face LOD recover forward L, continue LF turn side R toward LOD to end in CP facing COH, -;

<u>Part C</u>

<u>1-8</u> <u>Basic to Whip Oveturned to Fan; ; Hockey Stick; ; New Yorker in 4; New Yorker; New Yorker in 4; Spot Turn to Half Open Freeze;</u>

- 1-2 [Basic to Whip Overturned to Fan (123&4 x 2)] Rock forward L, recover R, side L toward WALL/ close R to L, side L; Rock back R, turning LF to face WALL recover forward L, side R toward RLOD / close L to R, side R to end in Fan position Man facing WALL;
 [W: Rock back R, recover L, forward R / close L to R, forward R; Forward L stepping past partner then turn LF to face LOD, continue LF turn stepping side and back R, back L toward LOD / close R to L, back L to Fan Position facing RLOD;]
- 3-4 {Hockey Stick (123&4 x 2)] Rock forward L, recover R, close L to R / close R to L, close L to R raising joined lead hands; Rock back R turning to face DWR, recover forward R allowing Woman to turn LF under joined hands, side R toward RLOD / close L to R, side R; [W: Close R to L, forward L, forward R / closes L to R, forward R to stand in front of Man facing RLOD; Forward L, forward and across R toward DWR then spiral 1/2 LF under joined hands, side L toward RLOD / close R to L, side L;
- 5-7 [New Yorkers (1234; 123&4; 1234)] Turning to face RLOD rock forward L, recover back R, turning to face partner and WALL rock side L toward LOD, recover side R toward RLOD; Turning to face RLOD rock forward R, recover back R, turning to face partner and WALL side L and join trailing hands / close R to L, side L; Releasing lead hands and turning to face LOD rock forward R, recover back L, rock side R toward RLOD, recover side L toward LOD;
- 8 [Spot Turn to Half Open Freeze (123-)] Turning to face LOD thru R, turning 3/8 LF [W: RF] recover forward L, continue LF turn side R blending to Half Open facing LOD and checking with L foot pointed LOD, -;

<u>9-16</u> <u>Promenade Box; ; ; ; Forward, Thru, Flair, Thru; Swivel; Thru, Side, Close; Quick</u> <u>Cucarachas Line and Reverse; Lunge Line, Recover, Look, -;</u>

9-12 [Promenade Box (123- x 4)] Forward L in Half Open, thru R, forward and across L turning RF to Left Half Open facing COH, point R toward COH; Forward R, thru L, allowing Woman to roll across to Half Open facing RLOD close R to L, point L toward RLOD; Forward L in Half Open, thru R, forward and across R turning RF to Left Half Open facing WALL, point R toward WALL; Forward R, thru L, allowing Woman to roll across to Half Open facing LOD close R to L, point L toward to roll across to Half Open facing LOD;

[W: Forward R, thru L, close R to L to end in Half Open facing COH, point L; Forward L, thru R, forward and across L turning RF to Half Open facing RLOD, point R; Forward R, thru L, close R to L, point L; Forward L, thru R, forward and across L turning RF to Half Open, point R;]

- 13 14 [Forward to Serpiente (1234 x 2)] Forward L blending to SCP facing LOD, thru R, flair L CW
 [W: flair R CCW], turning to slight Reverse SCP thru L toward RLOD; Swivel to SCP, thru R, side L, close R to L to end in CP facing WALL;
- 15 16 Dropping joined hands repeat the action from measures 5 and 6 of the Introduction.

Ending

<u>1-5</u> Forward, Thru, Flair, Thru; Swivel; Thru, Side, Close; TWICE; ; Lunge Line.

- 1-4 Repeat the action from measures 13 and 14 of Part C, TWICE.
- 5 Dropping joined hands lunge side L toward LOD and extend.