"ROUND DANCER" Magazine
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DANCE
(VOCAL)

Vernon's Inc.
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Composers--Paul & Laura Merola, 55 Bryant St., W. Bridgewater MA 02379
Record--CAPITOL #3768 -- "The Old Fashioned Way" -- Helen Reddy Vernon's VR-008
Position--INTRO & LOD: CP M facing LOD
Footwork – Opposite, directions for M unless otherwise indicated

MEASURES ---------- INTRODUCTION ----------

---- INTRO: (1 Meas).
CP facing LOD: Your first beat will be a BELL TONE, however the following beats are silent so we suggest you count immediately after BELL, TWO, THREE, FOUR; Then "STEP–OUT" on word "DANCE"

---------- PART – A ----------

1---3 FWD,–,FWD,–; SIDE,CLOSE,FWD,–; SIDE,CLOSE,FWD,–;
1–2.... In CP M facing LOD slow L,–,slow R,–; Side twd COH quick L, quick R to L, fwd LOD slow L,–;
3.....Side twd wall quick R, close quick L to R, fwd LOD slow R,–;
4---9 TURN,–,SIDE,CLOSE; TURN,–,SIDE,CLOSE; FWD,–,SIDE,CLOSE; THRU (SCP),–,TURN,SIDE; BJO,–(Bjo),BK,SIDE; FWD,–(SCP),CHECK,–;
4.....Stay CP M turn LF twd COH slow L,–,side COH quick R, close quick L to R end CP M facing RLOD;
5.....Continue LF turn M bk COH slow R,–,side LOD quick L, close quick R to L end CP M facing LOD;
6.....M facing LOD slow L,–,side twd wall quick R, close quick L to R;
7.....Step thru twd COH M slow R,–(W also step thru slow L) end SCP facing LOD/COH, M turns LF toeing in twd RLOD/COH quick L (W 1/4 LF turn steps twd COH as she pivots on the ball of her R ft), turning into a Bjo Pos M side twd COH quick R (W quick L twd COH/LOD);
8.....In SNUG BJO pos M steps bk LOD slow L,–(W fwd LOD slow R) end M facing RLOD, M step bk COH/LOD XIF of W quick R (W fwd LOD L), M swd & fwd LOD to SCP, quick L (W fwd LOD R);
9.....M fwd slow R twd LOD (W slow L) end SCP M facing LOD,–,turning to CP M facing ptr & wall steps swd LOD slow L (STRONG CHECK)(W check R swd twd LOD),–;
10–13 REC,XIF,SIDE,–; DRAW,–,ROCK,2; 3,4,BK,–; BK,–,SIDE,CLOSE;
10.....M recover swd RLOD quick R, quick XLIF of R (W twirls LF under her R & M's L twd RLOD quick L,R) end M CP facing wall, still moving RLOD M swd slow R,–(W slow L);
11.....Draw slow L to R (W slow R to L), taking no wgt end CP M facing wall, turning LF in place M rock fwd quick L, bk quick R;
12.....Fwd quick L, bk quick R (W R,L,R,L) end CP M facing COH, (NOTE:) "Goucho Rock Style" may be used -- moving diag Wall/RLOD M steps bk slow L,–;
13.....Slow R,–(W R,L), M swd RLOD quick L, close quick R to L (W R,L) end CP M facing COH;
14–16 SIDE,–,THRU (SCP),–; SPOT PIVOT,–,2,–; PIVOT,–,2,–;
14.....Continue moving RLOD M swd slow L,–(W slow R). M step thru in RLOD slow R,–(W slow L) end SCP face RLOD;
15–16.. Take CP do a RF spot pivot (Do Not Progress LOD) slow L,–,slow R,–; Slow L,–,slow R,– end CP M facing LOD;

---------- PART – B ----------

17–24 FWD,–,CHECK,–; XIB,SIDE,FWD,LOCK; FWD,FWD,LOCK,FWD; (Face) SIDE,CLOSE,SIDE,CLOSE; SIDE,–,THRU,–(SCP); PIVOT,–,2,–; PIVOT,–,2,–; (Quick Hitch) FWD,CLOSE,BK,CLOSE;
17.....Moving from CP to Bjo M fwd slow L,–(W bk R), check fwd LOD slow R,–(W bk L);
18.....M cross quick L in bk of R (W XIF), side twd wall/LOD quick R (W L), fwd LOD quick L (W bk quick R), M lock quick R behind L (W lock in front);
19.....M fwd LOD quick L, quick R (W R,L), M lock quick L behind R (W lock in front), M fwd quick R (W L) end Bjo M facing LOD;
20.....Turning 1/4 RF to CP M side LOD quick L, close quick R to L, side LOD quick L, close quick R to L (W R,L,R,L);
21.....M swd LOD slow L (W R),–,slow R thru LOD (W L) to end SCP,–;
22–23.. Progressing LOD do a slow RF couple pivot L,–,R,–; L,–,R,– end CP M facing LOD;
24.....Do a quick 4 count hitch L,R,L,R;

---------- PART – C ----------

25–27 STEP,KICK,STEP,KICK; FACE,KICK,STEP,KICK; STEP,KICK,STEP,–;
25.....Turning from CP to SCP M step LOD on L (W R), kick R fwd in LOD (W kick L), step fwd R (W L), kick L fwd (W kick R);
26.....While turning to face ptr & wall M step L next to R (W R to L), M kick R twd wall between W's feet (keep toes very close to floor)(W kick L outside M R & twd COH), M step R beside L (W L beside R), kick L twd wall outside W's R leg (W kick R between M's feet)'
27.....Quickly turning to SCP M short step L LOD (W R), kick R fwd LOD & Wall (W kick L), M step R beside L facing ptr & wall (W L beside R), hold 1 ct to end CP M facing wall;
28–32 PUSH,PULL,AROUND/STEP,STEP; BK/STEP,STEP,ROCK,REC; IN PLACE/STEP,STEP,TURN/STEP,STEP; PUSH,PULL,TURN/STEP,STEP; IN PLACE/STEP,STEP,SIDE,CLOSE;
28.....Use a strong Push Pull Action (DO NOT RELEASE ANY HAND HOLDS) M bk COH quick L (W bk wall quick R), recover fwd quick R (W L), from this "PUSH–PULL" momentum M quickly steps L/R,L turning RF almost in place (W R/L,R) to end SCP M facing RLOD;
29.....Moving bwd in LOD M steps R/L,R (W L/R,L), moving slightly apart from each other in a relaxed SCP M steps L, R (feet hardly leaving the floor)(W R,L);
30.....M raise his L (W's R) hands high (NOTE: M's R hand firm on W's bk) steps almost in place L/R,L as he motions W twd RLOD/Wall (W ready to move UNDER JOINED L/R hands steps R/L,R), M turns 1/4 LF steps in place R/L,R (W under joined L/R hands turns RF L/R,L) end facing ptr & wall with ONLY M's L & W's R hands joined;
31.....Using a "PUSH–PULL" action M rocks bk COH on L, recover R (W bk R, recover L) raising joined L–R hands high M turns 1/4 LF ALMOST IN PLACE L/R,L (W turns RF 1/4 under joined L–R hands steps R/L,R at this point W is looking down LOD);
32.....M steps in place R/L,R (W continues her RF turn steps L/R,L end in CP), M facing LOD moving twd COH (short steps) M swd quick L, close quick R to L (W R,L) to end CP M facing LOD;

SEQUENCE: AB – ABC – ABCC – ENDING
ENDING: Repeat Meas 25–27 then M STEP BK COH SLOW L,–,POINT SLOW R TWD PTR,–(W Bk R Point L) while music fades;