

COLOURS

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RECORDING: "Colours Of The Wind" [Flip: "Phantom Tango"] Speed 40-41 RPM

PHASE & RHYTHM: Rumba IV + 2 [op hip twist, op out] [Phase V with ropespun option]

SEQUENCE: INTRO, A, B, A, B MOD, B MOD (1-14), END

INTRO

1-4

1-2

3 QQ__
(QQS)

4 QQS

OP HIP TWIST TRANS SHAD; SHAD CUCARACHA;

[WAIT] LOP/WALL wait 2 ms lead hds joined lead ft free;;

[OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, __
(W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, __);

[SHAD CUCARACHA] Hds on W waist sd L, rec R, cl L to R, __ (W sd L, rec R, cl L to R, __);

5-8

5 QQS

6 QQS

7 QQS

8 QQ__
(QQS)

BRK TO SKATERS; FWD WK 2T;; UNDERARM TRN TRANS FC;

[BRK TO SKATERS] Shad/wall sd R, rec L, xRif, __ (W sd R, rec L, xRif, __);

[FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, __ (W fwd L, fwd R, fwd L, __);

[FWD WK] Fwd R, fwd L, fwd R, __ (W fwd R, fwd L, fwd R, __);

[UNDERARM TRN TRANS FC] Fwd L lead W underarm trn, rec R, tch L to R fc WALL, __
(W fwd L rf underarm trn, fwd R, cl L to R fc COH, __);

PART A

1-4

1 QQS

2 QQS

3 QQS

4 QQS

OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;

[OP BRK & CHG SIDES] Join rt hds bk L, fwd R trn rf 1/2 lead W lf trn, bk L fc COH join lt hds, __
(W bk R, fwd L trn lf 1/2, bk R fc WALL, __);

[OP BRK & CHG SIDES] Join lt hds bk R, fwd L trn lf 1/2, bk R fc WALL join rt hds, __
(W bk L, fwd R trn rf 1/2, bk L fc COH, __);

[OP BRK TO SKATERS] Join rt hds bk L, fwd R lead W lf trn, fwd L SKATERS/RL0D, __
(W bk R, fwd L trn lf, bk R fc RL0D, __);

[WHEEL] Fwd R rf wheel, fwd L, fwd R SKATERS/WALL, __ (W bk L rf wheel, bk R, bk L fc WALL, __);

5-8

5 QQS

6 QQS

7 QQS

8 QQS

OP OUT; FAN; HOCKEY STICK;;

[OP OUT] Fwd L, rec R, cl L to R, __ (W bk R, rec L lf trn, fwd R LOD, __);

[FAN] Bk R, rec L, join lead hds sd R lead W fan fc WALL, __
(W fwd L LOD, fwd R trn lf 1/2, bk L fan fc RL0D, __);

[HOCKEY STICK] Fwd L, rec R, cl L to R, __ (W cl R to L, fwd L, fwd R, __);

Bk R, fwd L DRW lead W lf trn, sd R LOP/WALL, __ (W fwd L DRW, fwd R lf trn 5/8, sd L LOP fc COH, __);

9-12

9 QQ__
(QQS)

10 QQS

11 QQS

12 QQS

OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;

[OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, __
(W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, __);

[SHAD CUCARACHA] Sd L, rec R, cl L to R, __ (W sd L, rec R, cl L to R, __);

[BRK TO SKATERS] Shad/wall sd R, rec L, fwd R LOD, __ (W sd R, rec L, fwd R, __);

[FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, __ (W fwd L, fwd R, fwd L, __);

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13-16

- 13 QQS **FWD WK; UNDERARM TRN TRANS FC; OP HIP TWIST; FAN;**
14 QQ **[FWD WK]** Fwd R, fwd L, fwd R, __ (W fwd R, fwd L, fwd R, __);
(QQS) **[UNDERARM TRN TRANS FC]** Fwd L lead W underarm trn, rec R, tch L to R fc WALL, __
15 QQS **[OP HIP TWIST]** Join lead hds fwd L, rec R, cl L to R lead W hip twist, __
(W bk R, fwd L, fwd R swivel rf 1/4 fc LOD, __);
16 QQS **[FAN]** Bk R, rec L, sd R lead W fan pos fc WALL, __ (W fwd L LOD, fwd R trn lf 1/2, bk L fan pos fc RLOD, __);

PART B

1-4

- 1 QQS **ALEMANA TO LARIAT [ROPESPIN OPTION];;**
2 QQS **[ALEMANA]** LOP/WALL fwd L, rec R, cl L to R alemana lead prep, __ (W cl R to L, fwd L, fwd R, __);
Bk R lead W alemana trn, rec L, cl R to L lead W rt sd **[lead W rf spiral option],** __
(W fwd L outsd M's lt sd rf trn 1/2, fwd R rf trn 1/2, fwd L M's rt sd **[rf spiral option],** __);
3 QQS **[LARIAT]** Sd L lead W lariat, rec R, cl L to R, __ (W fwd R cw around M, fwd L, fwd R, __);
4 QQS Cont lead lariat bk R, rec L, sd R LOP/WALL, __ (W cont cw around M fwd L, fwd R, sd L, fc COH, __);

5-8

- HD TO HD 3T;;; SPT TRN;**
5 QQS **[HD TO HD]** Trn lf 1/4 bk L fc LOD, fwd R, fwd L, __ (W trn rf 1/4 bk R fc LOD, rec L, fwd R, __);
6 QQS **[HD TO HD]** Trn rf 1/2 fc RLOD bk R, fwd L, fwd R, __ (W trn lf 1/2 fc RLOD bk L, fwd R, fwd L CP, __);
7 QQS **[HD TO HD]** Trn rf 1/2 fc LOD bk L, fwd R, sd L fc WALL, __ (W trn lf 1/2 fc LOD bk R, fwd L, sd R fc COH, __);
8 QQS **[SPT TRN]** Fwd R LOD trn lf 1/2, fwd L, sd R LOP/WALL (W fwd R LOD trn rf 1/2, fwd R, sd L fc COH, __);

9-11

- NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);**
9 QQS **[NY]** Swivel rf fwd L RLOD, rec R, sd L fc WALL, __ (W swivel lf fwd R RLOD, rec L, sd R fc COH, __);
10 QQS **[OP CRAB WK & CK]** Swivel lf fwd R LOD, swivel rf sd L, swivel lf fwd L LOD cking, __
(W swivel rf fwd L LOD, swivel lf sd R, swivel rf fwd R LOD cking, __);
11 QQQQ **[BK TO FACING HIP RKS]** Rec bk L, rk sd R, rk sd L, rk sd R fc ptr (W rec bk R, rk sd L, rk sd R, rk sd L fc ptr);

PART A

1-4

5-8

9-12

13-16

OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;
OP OUT; FAN; HOCKEY STICK;
OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;
FWD WK; UNDERARM TRN TRANS; OP HIP TWIST; FAN;

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PART B MOD

1-4 **ALEMANA TO LARIAT [ROPESPIN OPTION];;;;**
5-8 **HD TO HD 3T;;; SPT TRN;**

9-12 **HALF BASIC TO CROSS BODY 2T;;;**
9 QQS **[HALF BASIC]** CP/WALL fwd L, rec R, sd L prep cross body lead, __ (W bk R, fwd L, fwd R COH, __);
10 QQS **[CROSS BODY]** Bk R, fwd L lf trn, sd R CP/COH, __ (W fwd L lf trn, bk R, sd L CP fc WALL, __);
11 QQS **[HALF BASIC]** CP/COH fwd L, rec R, sd L prep cross body lead, __ (W bk R, fwd L, fwd R WALL, __);
12 QQS **[CROSS BODY]** Bk R, fwd L lf trn, sd R LOP/WALL, __ (W fwd L lf trn, bk R, sd L LOP fc COH, __);

13-15 **NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);**

PART B MOD (1-14)

1-4 **ALEMANA TO LARIAT [ROPESPIN OPTION];;;;**
5-8 **HD TO HD 3T;;; SPT TRN;**
9-12 **HALF BASIC TO CROSS BODY 2T;;;**
13-14 **NY; OP CRAB WK & CK;**

END

1-4 **BK TO AIDA WITH ARM SWEEP; HIP RKS TO FC;**
ARM SWEEP TO FENCE LINE & EXTEND;;
1 QQS **[BK TO AIDA]** Bk L, bk R, bk L lt arm sweep ccw fc LOD, __ (W bk R, bk L, bk R rt arm sweep cw fc LOD, __);
2 QQS **[HIP RKS TO FC]** Slow rk fwd R, rk bk L, rk fwd R fc ptr & WALL, __ (W rk fwd L, rk bk R, rk fwd L fc COH, __);
3 S__ **[ARM SWEEP TO FENCE LINE]** Sweep L arm cw, __, soft rt knee xLif RLOD, __
4 S__ (W sweep R arm ccw, __, soft lt knee xRif RLOD, __);
[EXTEND] Extend lt arm bk upper body fwd & look rt (W extend rt arm bk upper body fwd & look lt);