

# I Got a Mess 'a Blues

CHOREOGRAPHERS: MOLLY (RALPH) HALSALL

11 6338 VENDOR RD. SARDIS, B.C. Canada. V2R 1G6 Ph: (604) 649-5792

RECORD: RCA 447-0628 'A Mess of Blues' Elvis Presley

RHYTHM/SPEED: PH VI JIVE 44 rpm (unphased KcK B TRN)

FOOTWORK: Opposite (W's instructions)

SEQUENCE: INTRO A B C B C B END



## -- INTRO --

- 1 - 4 WAIT; 2 KCK B TRNS; BFLY 2 PT STPS; 2 KCK B CHG;  
1-2 wait bk to bk ld hnds on hip other hnd straight up over head palm trnd in;  
kck L fwd/inpl L trn 1/2 RF (W LF), inpl R bring arm dwn trng palm out, kck L/inpl L  
trn 1/2 RF (W LF), inpl R to BFLY WALL;  
3-4 pt L fwd LOD look LOD, fwd L, pt R fwd LOD look RLOD, fwd R;  
kck L/inpl L, R, kck L/inpl L, R;

## -- A --

- 1 - 3 BOTH TRN UNDR 2 TRPLS; SWVL WK 4; THROWAWAY;  
1 undr jnd ld hnds trn LF (W RF) L/R, L/R, R full arnd to SCP LOD;  
2 with swl action on wgt'd ft fwd L, R, L, R;  
3 chasse fwd L/R, L (sd trng LF R/L, R) to CP LOD, sd and fwd R/L, R (W bk L/R, L)  
to LOP LOD;  
4 - 6 CHG PLCS L TO R BOTH AMERICAN SPN;;;  
4 rk apt L, rec R, trng slightly RF chasse sd L/R, L (W trn LF undr ld hnds R/L, R) to LOP;  
5 chasse sd R/L, R, rk apt L, rec R;  
6 chasse sd L/R, L spng LF (W RF) on lt, chasse sd R/L, R to CP WALL;  
7 - 9 FALWY THRKY TO TANDEM KCK B CHG;; CHKN WK 2 SL;  
7 rk bk to SCP L, rec R, chasse fwd L/R, L (W sd trng LF R/L, R) to CP LOD;  
8-9 sd and fwd R/L, R (W bk and sd L/R, L trng LF to LOD jnd ld hnds blind bk) to LOD,  
(W trn RF to LOP) kck L/inpl L, inpl R; sm bk L, -, R, -(W swl R, -, swl L, twrd M);  
10-12 CHKN WK 4 QK; LINK RK TO SEMI KCK B CHG;;  
10-11 sm bk L, R, L, R (W swl R, L, R, L); rk apt L, rec R, tog L/R, L to CP DW;  
12 trng to SCP chasse sd R/L, R, kck L/inpl L, inpl R;

## -- B --

- 1 - 4 LOP RK TO SHE GO HE GO R HND'S TRIPLE WHEEL;;;  
1-2 rk apt L, rec R, fwd L/P, L (W fwd R/L, R trng 1/2 LF undr ld hnds) trng 1/2 RF look at W's  
bk; fwd trng 3/4 LF undr ld hnds R/L, R (W bk L/R, L) to fc part and COH, rk apt L, rec R;  
3-4 jn rt hnds wheel RF chasse sd L/R, L (W trng awy from M sd R/L, R) tch W's bk w lt hnd,  
trn awy from W sd R/L, R (W trn twd M sd L/R, L tch M's bk); trng twrd part (W trn awy)  
sd L/R, L tch W's bk (W sd R/L, R spin RF on R), sd R/L, R to end CP WALL;  
5 - 8 CHG PLCS R TO L KCK B CHG;; ROLLING OFF ARM;;  
5-6 rk bk to SCP L, rec R, chasse sd L/R, L trng 1/2 LF (W trn 3/4 RF undr ld hnds);  
chasse sd and fwd R/L, R (W sd & bk L/R, L) to LOP LOD, kck L/inpl L, R;  
7-8 chng hnds M's rt W's lt rk ap L, rec R, fwd L/R, L trng 1/2 RF (W 1/2 LF) to end both fcng  
WALL and W in crook of M's rt arm; wheel RF fwd (W bk) R, L, sm stps R/L, R fcng LOD  
(W roll out of M's arm RF 7/8 L/R, L to OPOG) M's rt W's lt hnds remain jnd;  
9 - 12 LINK TO WHIP SPN;; CHG PLCS L TO R RK THRU REC;;  
9-10 repeat meas 11 part A with W's rt hnd blind bk in M's lt; cont trng RF xRib (W fwd L),  
cont trng sd L (W fwd R btwn M's ft), inpl R/L, R (W inpl L/R spn 1 1/2 RF, inpl L) LOP LOD;  
11-12 repeat meas 4 Part A; chasse sd R/L, R to LOP, rk thru twrd RLOD L, rec LOPF WALL R;

## -- C --

- 1 - 4 RK TO SPANISH ARMS KCK B CHG;; CURLY WHIP;;  
1 rk apt L, rec R to BFLY trn 1/2 RF (W trn 1/2 LF raise jnd ld hnds), sd L/R, L trng RF  
1/2 (W sd R/L, R trn 3/4 RF on R in modified wrap keep jnd hnds raised) to BFLY COH;  
2 lowering raised hnds sd R/L, R, kck L/inpl L, inpl R to CP COH;  
3-4 rk fwd L (W bk R), rec R (W rec L strt trn LF), sm chasse sd L/R, L trng 1/8 RF (W  
trn 7/8 LF undr jnd ld hnds R/L, R into CP); xRib (W sd L) trng RF, cont trn sd L  
(W cl R) cont trn, chasse sd R/L, R to CP COH;  
5 - 8 FALWY THRKY STOP & GO 1/2 RK REC;; SD HLD FC REC;  
5-6 repeat meas 7 Part A to end fcng RLOD; sd & fwd R/L, R (W bk L/R, L) to LOP, rk ap L, rec R;  
7 chasse fwd L/R, L (W fwd R/L, R trn 1/2 LF undr ld hnds), rk fwd R (W rk bk L extend lt arm  
strait up) extend rt arm up, rec L bring arms dwn while raising jnd ld hnds in frnt;  
8 still fcng RLOD stp sd & bk R (W sd & fwd L mvng acrs in frnt of M under jnd ld hnds),  
hold trng to look at part, sd L to fc in BFLY, rec mvng apt to LOPF WALL;

## -- END --

- 1 - 4 CHASSE L&R; FALWY THRKY KCK B CHG;; CHKN WK 2 SL;  
1-4 sd L/R, L to CP WALL, sd R/L, R; repeat meas 7-8-9 part A;;  
5 - 8 2 KCK B TRNS; SL RK/TRN REC TO FC; 2 KCK B CHG;  
SL RK APT REC;  
5-6 repeat meas 2 of intro strt fcng & end bk to bk; rk fwd L twrd RLOD (W rk fwd LOD)  
trng RF (W LF), -, rec R to fc Part in LOPF, -;  
7-8 in LOPF repeat meas 4 of intro; rk apt L shooting trng hnds up, -, rec tog R bring  
hnds dwn to chest height palm to palm & extend slightly sdwrd, -;

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wall), -;

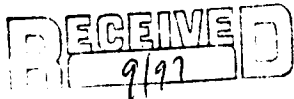
WALL), -;

all, -;

all, -;

UP, -;





47

# SINCE YOU'VE GONE JIVE

COMPOSERS: **BOB & JACKIE SCOTT** (706) 226-6806  
1176 REDBIRD LANE, DALTON, GA 30721  
RECORD: RCA 447-0628 "A MESS OF BLUES" by ELVIS PRESLEY  
FOOTWORK: OPPOSITE UNLESS OTHERWISE NOTED  
RATING: PHASE III + 1 (Spanish Arms) TRIPLE JIVE  
SEQUENCE: INTRO-A-A-B-A-B-A-END



## INTRO

- 01-04 BK TO BK POS WAIT;; CIRCLE AWAY 2 TRIPLES; SWIVEL TOG 4 SCP;  
01-04 in bk to bk pos wait 2 meas;; circle away fwd L/cl R, fwd L, fwd R/cl L, fwd R trng L fc to fc ptr, fwd L,R,L,R w/swiveling action to SCP/LOD;

## PART A

- 01-04 JIVE WALK; SWIVEL 4; THROWAWAY; SLOW BACK WK 2;  
01-04 fwd L/cl R, fwd L, fwd R/cl L, fwd R; fwd L,R,L,R w/swiveling action; sd L/cl R, sd L, sd R/cl L, sd R trng 1/4 LF (pu R/L, R, sd & bk L/cl R, sd L to fc RLOD); w/trailing hnds on hip bk L,-,bk R,-;  
05-08 CHG L TO R - RK REC;; SLOW SD DRAW CL 2X;;  
05-08 rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF; sd R/cl L, sd R (rk bk R, rec L, fwd R/cl L, fwd R trng 1/4 LF und joined hnds; sd L/cl R, sd L cont LF tm to fc ptr), rk bk L, rec R; w/sd "rock the boat action" sd L,-,cl R,-; sd L,-,cl R,-;  
09-12 CHG R TO L - LINK RK SCP;; RK REC/SWIVEL 2;  
09-12 rk bk L, rec R, sd L/cl R, sd L trng 1/4 LF, sd R/cl L, sd R (rk bk R to SCP, rec L, sd R/cl L, fwd R trng 3/4 RF und joined hnds; sd & slightly bk L/cl R, sd & bk L), rk bk L, rec R; sm chasse fwd L/R,L, bk L/R,L (rk bk R, rec L; sm chasse fwd R/L, R trng RF to SCP/LOD, bk L/R,L); rk bk L, rec R, fwd L,R;

## PART B

- 01-04 AWAY KICK/FC TCH 2X;; ROLL 3/CLAP; REV ROLL 3 FC;  
01-04 in SCP/LOD progressing down ln sm sd L, kick Rfl, sd R trng to fc, tch L besd R; repeat meas 1PART B; trng LF roll twd LOD L,R,L to fc, tch R & clap hnds against ptr's hnds; trng RF roll twd RLOD R,L,R to fc joining lead hnds, tch L;  
05-08 CHG Hnds BEH BK-SPANISH ARMS W/SPIN;; DOUBLE RK;  
05-08 rk bk L, rec R, slightly fwd L/cl R, fwd L trng 1/4 LF; slightly sd & bk R/cl L, sd R cont trng 1/4 LF to fc ptr/COH (rk bk R, rec L, fwd R/L, fwd R trng 1/4 RF; sd L/cl R, sd & bk L trng RF to fc ptr/WALL, rk bk L, rec R; join both hnds fwd L/R,L trng 1/4 RF, R/L,R trng RF (rk bk R, rec L; fwd trng 1/8 LF beginning partial wrap R/L,R, fwd trng 1/8 RF coming out of partial wrap L/R,L spinning RF full turn) fc ptr/WALL in BFLY pos; rk bk L, rec R, rk bk L, rec R;

## ENDING

- 01-04 CHASSE L&R; CHG R TO L-CHG L TO R;;  
01-04 sd L/cl R, sd L, sd R/cl L, sd R; rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF; sd R/cl L, sd R (rk bk R, rec L, fwd R/cl L, fwd R trng 1/4 LF und joined hnds; sd L/cl R, sd L cont LF tm to fc ptr), rk bk L, rec R, sd L/cl R, sd L trng 1/4 LF, sd R/cl L, sd R (rk bk R to SCP, rec L, sd R/cl L, fwd R trng 3/4 RF und joined hnds; sd & slightly bk L/cl R, sd & bk L),  
05-08 SPANISH ARM W/SPIN 2X;; RK REC/APT PT;  
05-08 rk bk L, rec R; join both hnds fwd L/R,L trng 1/4 RF, R/L,R trng RF (rk bk R, rec L; fwd trng 1/8 LF beginning partial wrap R/L,R, fwd trng 1/8 RF coming out of partial wrap L/R,L spinning RF full turn) fc ptr/COH in BFLY pos; rk bk L, rec R; join both hnds fwd L/R,L trng 1/4 RF, R/L,R trng RF (rk bk R, rec L; fwd trng 1/8 LF beginning partial wrap R/L,R, fwd trng 1/8 RF coming out of partial wrap L/R,L spinning RF full turn) fc ptr/WALL; rk apt L, rec R, step bk L, pt R twd ptr;

PALOMINO RECORDS, INC.  
1404 WEAVERS RUN RD.  
WEST POINT, KY 40177

**COMPOSERS** : George & Judie McFarlane (916) 929-6617  
2265 Ralston Road, Sacramento, CA 95821  
**RECORD** : RCA Gold Standard, 447-0628, (Elvis Presley)  
**FOOTWORK** : Opposite unless otherwise noted  
**SEQUENCE** : Intro,A,A,B,A,B,A,END

**ROUNDALAB Phase IV+2**  
(Sailor Shuffle, She Go He Go)

### INTRO

- 1-4 **SAILOR SHUFFLE TWICE;; PROGRESSIVE ROCK 4; CHASSE L & R;**  
1-2 Wait 2 pkup notes in bff - xLib/sd R,sd L,xRib/sd L,sd R; xLib/sd R,sd L,xRib/sd L,sd R;  
3-4 rk apt L,rec xRif, rk apt L,rec xRif to cpw; sd L/cl R,sd L,sd R/cl L,sd R;

### PART A

- 1-6 **CHG PLACES R TO L (LOD) SHLDR SHOVE;;; LINK RK JIVE WALKS TO OP;;;**  
1-3 rk bk L to scp,rec R,sd L/cl R,sd L (W fwd R trng rf under jnd lead hnds to fc ptr);  
sd R/cl L,sd R to lop lod, rk apt L,rec R trng rf (W trng lf); sd L/cl R,sd L twd ptr bringing  
shoulders tog and trng to fc ptr,bk R/cl L, bk R (W sd L/cl R,sd L);  
4-6 rk apt L,rec R,fwd L/cl R,fwd L (W fwd R/L,R trng rf) to scp lod; sd R/cl L,sd R to cpw,  
rk bk L to scp,rec R; fwd L/cl R,fwd L,fwd R/cl L,fwd R to op lod;  
7-12 **STP KICK CHASSE ROLL (RLOD) STP KICK;; THROWAWAY;**  
**CHICKEN WALKS (2S - 2Q) LINK RK;;;**  
7-9 fwd L,kick R fwd,sd R rld trng to fc ptr/cl L,fwd R trng rf (W trn lf); cont trn sd L/cl R,  
sd L to lop fcng ptr,fwd R rld,kick L fwd; sd L/cl R,fwd L (W sd R/cl L,bk R) trng lf to cp  
lod,sd R/cl L,sd R (W bk L/cl R,bk L) to lop fcng ptr & lod;  
10-12 bk L (W fwd R with swling action & L hnd on hip),-bk R (W fwd L with swling action),-;  
bk L,R, rk apt L,rec R; fwd L (W fwd R)/cl R,fwd L,sd R/cl L,sd R trng to cpw;

### PART B

- 1-4 **SHE GO HE GO CHG HANDS BEH BK (SCP);;; STP KICK TWICE;**  
1-3 rk apt L,rec R,fwd L/cl R,fwd L trng 1/4 rf (W trn lf under jnd lead hnds); fwd R/cl L,fwd R  
trng 3/4 lf under jnd lead hnds (W trn 1/4 lf) to fc ptr, rk apt L,rec R; fwd L/cl R,fwd L trng  
1/4 lf & chg W's R hnd to M's R hnd (W fwd trng rf beh ptr),sd R/cl L,sd R cont lf trn &  
chg W's R hnd to M's L hnd beh M's back to scp lod;  
4 stp in place L,kick fwd R,stp in place R,kick fwd L to scp;  
5-8 **RK THE BOAT TWICE; PRETZEL TURN;;;**  
5 fwd L with straight knee,cl R relaxing knee and bending slightly backward,fwd L with  
straight knee,cl R relaxing knee and bending slightly backward;  
6-8 rk bk L,rec R,sd L/cl R,bk L trng rf (W trn lf) and keep lead hnds jnd; cont trn sd R/cl L,  
fwd R (end sd by sd with M's L and W's R hands jnd beh their backs) rk fwd L,rec R;  
begin lf trn (W rf trn) sd L/cl R,fwd L,sd R/cl L,sd R to cpw;

### END

- 1-4 **SAILOR SHUFFLE TWICE;; PROGRESSIVE RK 4; CHASSE L & R;**  
1-4 Repeat measures 1-4 of Intro.  
5-8 **THROWAWAY; CHICKEN WALKS (2S - 2Q) LINK/PT SD;;;**  
5-6 sd L/cl R,sd L (W pkup R/cl L,sd R),sd R/cl L,sd R (W bk L/cl R,bk L) to lop fcng ptr & lod;  
bk L (W fwd R with swling action & L hnd on hip),-bk R (W fwd L with swling action),-;  
7-8 bk L,R, rk apt L,rec R; fwd L (W fwd R)/cl R,fwd L,-,point R sd to wall;

47

Assisted by Roy & Ruth Teal

4 - 8 KJ  
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**1 - 4 WAIT 2 NOTES & 2 MEAS; ; CHICKEN WKS 2 SLOWS & 4 QKS; ;**  
(1-2) in LOFP fcg LOD wait 2 notes & 2 meas; ; (3) bk L-, R-; (4) bk L, R, L, R;

1 - 5 LINK RK; PRETZEL TURN; , , KICK BALL CHG; KICK BALL CHG, ,  
UNWRAP PRETZEL; , , RK, REC;

(1) sml chasse fwd L/R, L to SCP (W sml chasse fwd R/L, R to SCP), sd R/L, R; (2) [Pretzel Trn] rk bk L, rec R, chasse sd & fwd L/R, L trng 1/2 rf keeping M's L & W's R hnds jnd; (3) chasse sd & fwd R/L, R trng 1/4 rf end in SD BY SD POS, [Kick Ball Chg] kick L/ball of L ft, cl R; (4) kick L/ball of L ft, cl R, [Unwrap Pretzel] chasse sd & fwd L/R, L trng 3/4 lf still M's L & W's R hnds jnd; (5) sd R/cl L, sd R to SCP LOD, rk bk L, rec R;

**6 - 8 JIVE WK; SWIVEL 4; THROWAWAY;**

(6) fwd L/fwd R, fwd L, fwd R/fwd L, fwd R; (7) [Swvl 4] with swvl action fwd L, R, L, R; (8) [Throwaway] sd L/cl R, sd L, sd R/cl L, sd R to LOFP fcg LOD (W pu in frt of M R/L, R, sd & bk L/cl R, sd L making 1/2 trn on triples);

9-12 CHG PLACES L TO R; , , RK, REC; 4 RK THE BOATS; ;

(9) rk bk L, rec R, sd L/cl R, sd L trng 1/4 rf (W fwd R/cl L, fwd R trng 3/4 lf undr ld hnds); (10) sd R/cl L, sd R to SCP, rk bk L, rec R; (11-12) [*Rk The Boat*] fwd L with straight knee & leaning fwd & ext jnd ld hnds fwd & low, with rking motion & relaxed knees cl R leaning bk & tuck jnd ld hnds in twd chest, repeat 3 times; ;

**1 - 3 THROWAWAY; 4 SAILOR SHUFFLES; ;**

(1) sd L/cl R, sd L, sd R/cl L, sd R to LOFP fgc LOD (W pu in frt of M R/L, R, & bk L/cl R, sd L making 1/2 trn on triples); (2) [4 *Sailor Shuffles*] with M's R & W's L arms ext xLib/sd R, sd L, xRib/sd L, sd R; (3) repeat meas 2;

4 - 8 CHG PLCS L TO R; , , 4 SAILOR SHUFFLES; ; , , RK, REC; 4 PT STEPS;

(4) rk bk L, rec R, sd L/cl R, sd L trng 1/4 rf (W fwd R/cl L, fwd R trng 3/4 lf undr ld hnds); (5) sd R/cl L, sd R to LOFP fcg WALL M's R & W's L arms ext, [4 *Sailor Shuffles*] xLib/sd R, sd L; (6) xRib/sd L, sd R, xLib/sd R; (7) sd L, xRib/sd L, sd R, rk bk L, rec R to SCP; (8) [4 *Pt Stps*] pt L sd & fwd with outsd edge of ft in contact with flr, stp sd & fwd L, pt R thru with outsd edge of ft in contact with flr, sd & fwd R;

**1 - 3 RF TURNING FALLAWAY; PRETZEL TURN; , , KIC BALL CHG;**

(1) trng rf 1/4 sd L/cl R, sd L, cont trng rf 1/4 sd R/cl L, sd R to SCP fcg RLOD; (2) [Pretzel Trn] rk bk L, rec R, chasse sd & fwd L/R, L trng 1/2 rf keeping M's L & W's R hnds jnd; (3) chasse sd & fwd R/L, R trng 1/4 rf end in SD BY SD POS, [Kick Ball Chg] kick L/ball of L ft, cl R;

4 - 8 KICK BALL CHG, , UNWRAP PRETZEL; , , RF TURNING FALLAWAY; , , RK, REC, WK, 2; QK VINE APT 3, PT ARMS UP;

(4) kick L/ball of L ft, cl R, [Unwrap Pretzel] chasse sd & fwd L/R, L trng 3/4 lf still holding M's L & W's R hnds; (5) sd R/cl L, sd R to SCP fcg LOD, [Rf Trng Fllwy] rk bk L, rec R; (6) trng rf 1/4 sd L/cl R, sd L, cont trng rf 1/4 sd R/cl L, sd R to SCP fcg LOD; (7) [Rk Rec Wk 2] rk bk L, rec R, fwd L, fwd R; (8) [Qk Vn 3 Pt] qk vn apt 3 on diag L, R, L, pt & M's L & W's R arms up;

| Jivin' The Blues |                     |  |  | by Wrzenski            |          |      |        |
|------------------|---------------------|--|--|------------------------|----------|------|--------|
| INT AAB AB A END |                     |  |  | record                 | phs IV+1 | time | 45 rpm |
|                  |                     |  |  | RCA 447-0628           | rhy J    | 2:38 | 24 mpn |
| INT              | WT in LOP fcg LOD - |  |  |                        |          |      |        |
|                  | CHKN WKS 2 SLOWS -  |  |  | 4 QKS -                |          |      |        |
| A                | LINK RK -           |  |  | PRETZEL TRN -          |          |      |        |
|                  | - KICK BALL CHG     |  |  | TWC - UNWRAP PTETZEL   |          |      |        |
|                  | - RK REC            |  |  | JIVE WK -              |          |      |        |
|                  | SWVL 4 -            |  |  | THROWAWAY -            |          |      |        |
|                  | CHG PLCS R to L -   |  |  | - RK REC               |          |      |        |
|                  | 4 RK THE BOATS -    |  |  |                        |          |      |        |
| B                | THROWAWAY -         |  |  | 4 SAILOR SHUFFLES -    |          |      |        |
|                  |                     |  |  | CHG PLCS R to L -      |          |      |        |
|                  | -4 SAILOR SHUFFLES  |  |  |                        |          |      |        |
|                  | - RK REC            |  |  | 4 PT STPS -            |          |      |        |
| END              | RF TRNG FLLWY -     |  |  | PRETZEL TRN -          |          |      |        |
|                  | - KICK BALL CHG     |  |  | TWC - UNWRAP PRETZEL   |          |      |        |
|                  | - RF TRNG FLLWY     |  |  |                        |          |      |        |
|                  | RK REC - WK 2       |  |  | QK VN 3 - PT & EXPLODE |          |      |        |

SEPTEMBER 1982

Published Monthly at 976 Garnet Ave., San Diego, Calif. 92109

MINNESOTA BLUES

CHOREOGRAPHERS: Bennie & Dixie Humphries, 1410 E. Manhatton, Tempe, AZ 85262, (602) 839-7720  
RECORD: RCA Gold Standard 447-0628. "A Mess of Blues" flip "It's Now or Never"-Elvis Presley.  
RELEASE: July 1982. Intermediate level Swing. (Final)  
SEQUENCE: INTRO, A, A, B, C, B, C, ENDING.

INTRO

Meas.

- 1-4 WAIT; WAIT; PT, STP, PT, STP; PT, STP, PT, STP;  
Wait 2 measures fcng partner and wall about 8 feet apart;;  
Pt fwd L and pt at L toe with R finger, stp fwd L, pt fwd R and pt at R toe  
with L finger, stp fwd R (W opp); REPEAT meas. 3;

PART A

- 1-3 (BFLY/WALL) (SD BASIC) SD/2,3, SD/2,3; RK APT, REC, (TAMARA WRAP) SD/2,3; SD/2,3  
RK APT, REC;  
Sd L/tog R, sd L, sd R/tog L, sd R; Rk apt L, rec R, sd L/tog R, sd L trng 1/4 LF to  
LOD trng W to Tamara wrap (W R/L, R both hnds joined M L & W R hnds high M R &  
W L hnds low trn RF 3/4 to fc RLOD); Sd R/tog L, sd R, rk bk L, rec R (W sd L/tog R,  
sd L, rk bk R, rec L;  
4-6 (UNWRAP TO BFLY/WALL) SD/2,3, SD/2,3; RK APT, REC TO SEMI/LOD, (BASIC) FWD/2,3;  
BK/2,3, RK BK, REC;  
Sd L/tog R, sd L trng RF 1/4 to fc wall (W unwrap LF R/L, R to fc M), still in  
BFLY sd R/tog L, sd R; Rk apt L, rec R to SEMI/LOD, fwd L/tog R, fwd L; Bk R/tog L,  
bk R, rk bk L, rec R;  
7-9 (UNDR ARM TRN) FWD/2,3, (CHNG HNDS) SD/2,3; RK APT, REC, (REVERSE UNDR ARM TO  
TANDUM) FWD/2,3; SD /2,3, RK BK, REC;  
Fwd L/tog R, fwd L, (W R/L, R trng RF undr M L & W R hnds), chng hnds to M R &  
W R sd R/tog L, sd R; Rk apt L, rec R, fwd L/tog R, fwd L (W R/L, R passing on M R  
sd undr joined R hnds trn 1/2 LF to be bhnd M both fcng LOD); Sd R/tog L,  
sd R chng hnds bhnd bk to M L & W R (W sd L/tog R, sd L), rk bk L, rec R (W bk R,  
rec L);  
10-12 (W UNDR) FWD/2,3, SD/2,3; RK APT, REC, (BASIC TO SEMI) FWD/2,3; BK/2,3, RK BK, REC;  
Still fcng LOD fwd L/tog R, fwd L (W R/L, R pass M L sd undr M L & W R arms LF 1/2  
to be in frnt of M), sd R/tog L, sd R (W sd L/tog R, sd L); Rk apt L, rec R,  
fwd L/tog R, fwd L trng W to SEMI/LOD (W R/L, R trn RF to semi); Bk R/tog L, bk R,  
rk bk L, rec R;  
NOTE: 1st time thru A go bk to BFLY to repeat A. 2nd time stay in SEMI/LOD.

PART B

- 1-3 (TRNG BASIC) SD/2,3, SD/2,3; RK BK, REC, (UNDR ARM TRN) FWD/2,3; SD/2,3, RK APT, REC;  
(SEMI/LOD) Sd L/tog R, sd L trng RF to RLOD, sd R, tog L, sd R; Rk bk L, rec R,  
fwd L/tog R, fwd L trng W Rf Undr M L & W R arms (W R/L, R trn RF 1/2 to fc M  
& LOD); Sd R/tog L, sd R, rk apt L, rec R to BFLY/RLOD;  
4-6 (SPANISH ARMS) SD/2,3, SD/2,3; RK APT, REC TO SEMI/RLOD, (TRNG BASIC) SD/2,3;  
SD/2,3, RK BK, REC;  
Trn 1/4 RF to COH sd L/tog R, sd L holding both hnds M L & W R high M R & W L  
low trn W LF 1/4 to fc COH keep M L & W R hnds high (W R/L, R trn LF to COH  
momentary in frnt of M), sd R/tog L, sd R trn W RF bk to fc M & wall (W L/R, L  
trn RF bk to fc M and wall still in BFLY); Rk apt L, rec R to SEMI/RLOD,  
sd L/tog R, sd L RF to LOD; Sd R/tog L, sd R, rk bk L, rec R (SEMI);  
7-8 (TWO FWD 2 STPS) FWD/2,3, FWD/2,3; ROLL, 2,3,4 TO OPN/LOD;  
Fwd L/tog R, fwd L, fwd R/tog L, fwd R; Roll LF L, R, L, thru R to momentary  
BFLY/WALL (W roll RF);

CONT'D. OVER

MINNESOTA BLUES

PART C

Meas.

- 1-3 (OPN VINE 8)SD,BHND,SD,FRNT; SD,BHND,SD,FRNT; KICK,STP,KICK,STP;  
Sd L,bhnd R to LOP/RLD, sd L,frnt R to OP/LOD; REPEAT MEAS 1 to end in  
SEMI/LOD; Kick L,stp L,kick R,stp R to fc partner and wall;
- 4-6 KICK,STP,KICK,STEP; BHND,SD,KICK,STP; KICK,STP,RK APT,REC BFLY/WALL;  
(CP)Kick L outsd W feet,stp L,kick R btwn W feet,stp R(W kick R btwn M  
feet,stp R,kick L outsd M feet,stp L); Stp L bhnd R, sd R to fc,kick L  
outsd W feet,stp L; Kick R btwn W feet,stp R,rk apt L,rec R BFLY/WALL;
- 7-9 (SWEETHEART WRAP)SD/2,3,BK/2,3; RK BK,REC,(UMBRELLA)FWD/2,3;SD/2,3,RK BK,REC;  
Sd L/tog R, sd L wrap W LF to M R sd(W R/L,R trn LF M L & W R hnds high  
M R & W L hnds low end in wrap pos on M R sd),bk R/tog L,bk R(W bk L/tog R,  
bk L); Rk bk L,rec R,fwd L/tog R,fwd L small stps allowing W to move in frnt  
of M both fcng wall raise both hnds above W head(Do not trn loose of both  
hnds from meas 7 untill meas 12. W fwd R/tog L,fwd R to be in frnt of M-do not  
unwrap as both raise hnds over W head);Sd R/tog L, sd R small stps(W sd L/  
tog R, sd L small steps),rk bk L,rec R(W rk bk R,rec L both still fcng wall);
- 10-12 (BOTH TRN)TRN/2,3,SD/2,3;RK BK,REC(M TRN)TRN/2,3; SD/2,3,RK BK,REC SCP/LOD;  
L/R,L strt LF trn to COH(W R/L,R trng RF to COH both hnds now above M head  
in umbrella W bhnd M),sd R/tog L, sd R small stps(W sd L/tog R, sd L small  
stps);Rk bk L,rec R(W bk R,rec L),L/R,L trn RF end in BFLY/WALL(W sd R/  
tog L, sd R without trng); Sd R/tog L, sd R,rk bk L,rec R to SCP/LOD first time  
through-second time stay in BFLY for ending;

ENDING

- 1-3 (VINE 4)SD,BHND,SD,FRNT;(W TWRL)SD,BHND,(LACE UP )FWD/2,3(LOP/LOD);(BASKET  
BALL TRN)FWD/TRN,FWD,(FWD 2 STP)FWD/2,3;  
Side L, bhnd R, sd L,frnt R;Sd L,bhnd R,fwd L/tog R,fwd L chng sds(W twrl RF  
R,L,fwd R/tog L,fwd R chng sds undr M L & W R hnds);Fwd R/trn LF,fwd L to  
OP/RLD,fwd R/tog L,fwd R to fc BFLY/COH;
- 4-6 (VINE 4)SD,BHND,SD FRNT;(TWRL 2)SD,BHND,(LACE UP )FWD/2,3(LOP/RLD);  
(BASKET BALL TRN)FWD/TRN,FWD,FWD/2,3;  
Sd L,bhnd R, sd L,frnt R;Sd L,bhnd R,fwd L/tog R,fwd L chng sds(W twrl R,L,  
fwd R/tog L,fwd R chng sd undr M L & W R hnds); Fwd R/trn LF,fwd L to OP/LOD,  
fwd R/tog L,fwd R LOD;
- 7-8 (CIRCLE AWAY TWO 2 STPS)FWD/2,3,FWD/2,3; PT,STP,PT,HOLD;  
Fwd L/tog R,fwd L to COH(W to wall),fwd R/tog,fwd R to fc partner and wall;  
Pt fwd L and pt at L toe with R finger,stp fwd L,pt fwd R and pt at R toe  
with L finger,hold;

# A MESS OF BLUES

Composers: Bob & Barbara Herbst, P. O. Box 8476 LRS, Beaumont, Tx. 77711 phone: (713)755-4332  
 Record: RCA Gold Standard 447-0628 "A Mess of Blues"  
 Elvis Presley (Flip of "It's Now or Never")  
 Release Date: March 1980 Rhythm: Two step and swing  
 Footwork: Opposite, directions for M except where noted.  
 Sequence: INTRO ABC ACB Ending

## MEAS.

## INTRODUCTION

- 1-4 WAIT; WAIT; APT.-.PT.-.; TOG(CP WALL).-.TCH.-.;  
 1-2 OP fcg M fcg WALL wait 2 meas;;  
 3-4 Apt L.-,pt R twd ptrn.-; tog R to CP M fcg WALL.-,  
 tch L to R.-;

## PART A

- 1-4 BCX;; REVERSE BCX;;  
 1-2 (CP M fcg WALL) sd L,cl R to L,fwd L.-; sd R,cl L to R,  
 bk R.-;  
 3-4 Sd L,cl R to L,bk L.-; sd R,cl L to R,fwd R.-;  
 5-8 SCISS TO SCAR; SCISS TO BJO(OK); FISHTAIL; WALK.-.FC.-.;  
 5-6 (CP M fcg WALL) sd L,cl R to L,XLIF of R (W XIB) to end  
 SCAR M fcg RLOD.-; sd R,cl L to R,XRIF of L (W XIB) to  
 end BJO M fcg LOD prepared for fishtail.-;  
 7-8 XLIB of R (W XIF),sd R,fwd L,lock RIB of L (W lock IF);  
 fwd L.-,fwd R turning 1/2 RF to face ptrn(CP M fcg WALL).-;  
 9-12 RF TURN TWO STEP; RF TURN TWO STEP; SD.CL.SD.CL; SD.-.THRU.-.;  
 9-10 (CP M fcg WALL)do 2 RF turning two steps L,R,L.-; R,L,R  
 to end CP M fcg WALL.-;  
 11-12 Sd L,cl R to L,sd L,cl R to L; sd L.-,XRIF of L (W XIF)  
 to end BFLY M fcg WALL.-;

## PART B

- 1-4 FC TO FC; SD.CL.TURN (TO BJO).-; FWD.LK.FWD.-.; FWD.LK.FWD.-.;  
 1-2 (BFLY M fcg WALL)sd L,cl R to L,sd L trn LF (W RF) to bk  
 to bk pos.-;sd R,cl L to R,sd R trn 1/2 RF to BJO M fcg LOD  
 (W sd L trn 3/4 LF).-; Hint: Stay close together in bk to  
 bk pos. W swivel on L to BJO. M use L shoulder lead.  
 3-4 (BJO M fcg LOD)fwd L, lock RIB of L (W lock IF),fwd L.-;  
 fwd R,lock LIB of R (W lock IF),fwd R.-;  
 5-8 HITCH; HITCH-SCISS (TO FACE); VINE.2.3.4; PIV.-.2(CP WALL).-;  
 5-6 (BJO M fcg LOD)fwd L,cl R to L,bk L.-; bk R,cl L to R,  
 fwd R turning to face ptrn & wall (W sd L,cl R to L,  
 XLIF of R to face ptrn & COH).-;  
 7-8 (Loose CP M fcg WALL) vine LOD sd L,XRIB of L (W XIB),sd L,  
 XRIF of L (W XIF) maneuvering to CP M fcg RLOD for pivot;  
 do one RF cpl pivot L.-,R to end CP M fcg WALL.-;  
 9-12 RF TURN TWO STEP; RF TURN TWO STEP; SD.CL.SD.CL; SD.-.THRU.-.;  
 9-12 Repeat Part A meas 9-12;;; Second time end SCP LOD

## PART C

- 1-4 (GREEN DCCR SWING)SD/STEP,STEP,SD/STEP,STEP; APART,TCG.  
CHG SDS/2.3; TO LOP/2.3,roll,2; TO OP/STEP,STEP,FC/STEP,STEP;  
 1 (BFLY M fcg WALL) GREEN DCCR SWING sd L/R,L,sd R/L,R;  
 2 Rock apt L,tog R,chg sds L/R,L(W turns LF under joined  
 M's L W's R hands passing R shoulders);  
 3 M turns 1/2 RF (W 1/2 LF) retaining joined hands R/L,R, M rolls  
 3/4 LF (W rolls 3/4 RF in front of M) L,R;  
 4 M turns 1/2 LF to OP (W RF) L/R,L, step R/L,R to face ptrn  
 in BFLY M fcg WALL;  
 5-8 GREEN DCCR SWING;;;  
 5-8 Repeat Part C meas 1-4 ending first time in CP M fcg WALL  
 and second time in BFLY M fcg WALL

## MEAS.

## ENDING

- 1-4 FWD TWO STEP; FWD TWO STEP; CUT.BK.CUT.BK; DIP.-.RECOVER.-.;  
 1-2 SCP LOD fwd L,cl R to L, fwd L.-; fwd R,cl L to R,fwd R.-;  
 3-4 Cut L over R,step bk on R,cut L over R,step bk on R (W  
 also cut over); dip bk on L.-,rec on R to CP M fcg WALL.-;  
 5-8 TURN TWO STEP; TURN TWO STEP; TWIRL/VINE.-.2.-.; APT.-.PT.-.;  
 5-6 Repeat Part A meas 9 & 10;;  
 7-8 Vine LOD sd L.-,XRIB of L.-,W does 1 RF twirl R.-,L.-  
 under joined lead hands)to CP fcg M fcg WALL; apt L.-,  
 pt R twd ptrn.-;