

FOREVERMORE by *Richard & Jo Anne Lawson*

237 Mamie Lane, Birmingham, AL 35215 205-853-4616

RECORD : WINDSOR W-4781

TIME : 2:14

FOOTWORK : Opposite, except as noted.

MPM : 34

PHASE : V

RHYTHM : Waltz

SEQUENCE : INTRO AB AB ENDING

SPEED : For Comfort

----- INTRODUCTION -----

1 - 4 WAIT; ; APT, PT,-; SPIN MNVR;

(1-2) in OP fcg WALL wait 2 meas; ; (3) apt L, pt R twd ptr,-; (4) mnvr on R to fc RLOD, sd L, cl R (W spin lf L, R, L) to CP fcg RLOD;

5 - 8 OVER SPIN TURN; BK BOX; SD SWAY L & R; ;

(5) pvtg rf bk L, fwd R trn rise on ball of ft (W fwd L & brush R to L), rec bk L to CP WALL; (6) trng lf bk R, sd L, cl R to CP DW; (7) sd L stretch L sd, draw R,-; (8) sd R stretch R sd, draw L,-;

----- PART A -----

1 - 4 HOVER; QK OPEN REV; FEATHER FIN; CHG OF DIRECT;

(1) fwd L, fwd & rise to ball of ft, rec L to SCP fcg DC; (2) fwd R, fwd L trng lf/sd & bk R, bk L (W fwd L trng lf, sd & bk R/sd & fwd L, fwd R outsd ptr) to CBJO fcg DRC; (3) bk R, bk L trng lf, sd & fwd R (W fwd L, fwd R trng lf, sd & bk L) to CBJO fcg DW; (4) fwd L blind to CP, fwd & sd R with R shldr lead & trng lf, draw L to R (W bk R, bk & sd L with L shldr lead & trng lf, draw R to L) to CP fcg DC;

5 - 8 TELEMARCK TO SCP; THRU CHASSE TO BJO; MNVR; HES CHG;

(5) fwd L start lf trn, sd R cont lf trn, sd & fwd L (W bk R start lf trn, heel trn & chg wgt to L, sd & fwd R) to SCP fcg DW; (6) thru R, sd L/cl R, sd L to BJO fcg DW; (7) mnvr R to CP fcg RLOD, sd L, cl R; (8) bk L trng rf, sd R trng rf, draw L to R (W fwd R trng rf, sd L trng rf, draw R to L) to CP fcg DC;

9 - 12 TURN LF CHASSE BJO; PU, SD, CL; TURN RF CHASSE SCAR; PU, SD, CL;

(9) fwd trn lf on L, sd R twd LOD /cl L, sd R trng to BJO fcg DRC; (10) in BJO trn rf bk L picking up W to CP fcg LOD, sd R, cl L; (11) trng rf fwd R, sd L twd LOD/cl R, sd L to SCAR fcg DRW; (12) in SCAR trn lf bk R picking up W to CP fcg LOD, sd L, cl R;

13-16 DIAMOND TURN; ; ; ;

(13) trng lf fwd L, sd R, bk L to BJO fcg DRC; (14) trng lf bk R, sd L, fwd R to BJO fcg DRW; (15) trng lf fwd L, sd R, bk L to BJO fcg DW; (16) trng lf bk R, sd L, fwd R to BJO fcg DC;

----- PART B -----

1 - 4 1 LF TURN; HOVER CORTE; BK, BK/LK, BK; BK WHISK;

(1) in BJO fcg DC fwd trn lf on L, sd R, cl L to CP DRC; (2) bk R trng lf, sd & fwd L with hvrg action, rec bk R to BJO fcg DW; (3) bk L, bk R/lk LIFR, bk R; (4) bk L, fc ptr stp sd R, XLIBR to SCP fcg LOD;

5 - 8 SYNC WHISK; WEAVE TO BJO; ; MNVR, SD, CL;

(5) thru R trng rf to CP/cl L, sd R, XLIB trng slightly lf end SCP fcg DC; (6) fwd R, fwd L trng lf to CP, sd & bk R (W fwd L, sd & bk R trng lf, fwd L) to BJO fcg RLOD; (7) bk L, bk R trng lf to CP, sd & fwd L (W fwd R, fwd L trng lf, sd & bk R) to BJO fcg DW; (8) mnvr on R to CP fcg RLOD, sd L, cl R;

9 - 12 TURN RF CHASSE SCAR; LEFT MNVR; TURN LF CHASSE BJO; MNVR, SD, CL;

(9) trng rf bk L, sd R twd LOD/cl L, sd R to SCAR fcg DC; (10) in SCAR XLIF trng lf (W XRIB), sd R, cl L to CP fcg RLOD; (11) trng lf bk R, sd L twd LOD/cl R, sd L to BJO fcg DW; (12) XRIF (W XLIB) trng rf, sd L, cl R to CP fcg RLOD;

13-16 IMPETUS TO SCP; IN & OUT RUNS; ; THRU, FC, CL;

(13) bk L bringing R to L start rf heel trn, chg wgt to R cont trn, fwd L (W fwd R pvt rf, sd & fwd L arnd M bring R ft to L & brush, fwd R) to SCP LOD; (14) fwd R trng rf, sd & bk L to CP, bk R (W fwd L, fwd R btwn M's ft, fwd L) to BJO RLOD; (15) bk L trng rf, sd & fwd R btwn W's ft cont rf trn, fwd L (W fwd R start rf trn, fwd & sd L cont trn, fwd R) to SCP DC; (16) thru R, fc ptr sd L, cl R to CP DW;

----- ENDING -----

1 - 4 SD SWAY L & R; ; SD, THRU TO PROM SWAY; CHG OF SWAY;

(1-2) in CP fcg DW repeat meas 7-8 of Intro; ; (3) sd L, thru R, sd & fwd L trng to SCP fcg DC & stretch body upward to look over jnd lead hnds, relax L knee; (4) without wgt chg chg stretch of body, & head pos with upper body rotation,-;