

"Pick A Bale of Cotton"

Choreographers: Irv & Betty Easterday, 18723 Dover Dr, Hagerstown MD 21742

Phone: 301-733-0960 / email: Roundarama@aol.com

Music: S.T.A.R. # 142B {Cinderella-Rockefella} Available Palomino Records

Rhythm: Jive Phase VI August 2001 Suggested Tempo: 36-39 rpm

Sequence: INTRO A B C A A END Timing: QQQaQQaQ unless noted



MEAS

1 - 4

QQQQ

QQQQ

INTRO

BFLY LOD WAIT 2;; DIG STEPS;;

1 - 2 BFLY M fc LOD wait 2 meas;; **[DIG STEPS]** L knee trn twd R tch L toe beside R instep, cl L to R, R knee trn twd L tch R toe beside L instep, cl R to L; REPEAT;

PART A

1 - 8

LINK RK - THRWY OVERTRN;;; CHKN WLKS;; KICK KICK

SAILOR SHUFFLE TWICE;; SAILOR SHUFFLE TWICE;

1 - 3 **[LINK RK]** LOP fc LOD rk bk L (W rk bk R), rec R to fc, sd & fwd L/cl R, sd L (W sd R/cl L, sd R); sd R/cl L, sd R end CP, **[THRWY OVERTRN]** rk bk L to SCP (W rk bk R), rec R; lead W to pk up sd L/ cl R, sd L comm LF trn (W fwd R trn L/ cl L cont trn , sd & bk R) end loose CP M fc DCR, cont trn sd R/cl L, lead W to trn 1/2 LF sd & fwd R (W bk L/cl R trng LF 1/2, fwd L twd RLOD) end lead hds jnd both ptrs tandem fc RLOD;

SSQQQQ

4 - 5 **[CHKN WLKS]** Tandem ptrs fac RLOD lead hds jnd lead W to trn 1/2 RF bk L (W swivel 1/2 RF fwd R),-, bk R (W swivel LF fwd L),-, bk L (W swivel RF fwd R), bk R (W swivel LF fwd L), bk L (W swivel RF fwd R), cl R (W swivel LF fwd L) end BFLY M fc RLOD;

6 - 7 **[KICK KICK SAILOR SHUFFLE TWICE]** Bfly M fc RLOD kick LIF of R (W kick RIF of L), kick L to sd (W kick R to sd), XLIB of R (W XRIB)/ sd R, sd L; Kick RIF of L (W kick LIF of R), kick R to sd (W kick L to sd), XRIB of L (W XLIB)/ sd L, sd R;

QaQQaQ

8 **[SAILOR SHUFFLE]** BFLY M fc RLOD XLIB of R (W XRIB)/ sd R, sd L, XRIB of L (W XLIB)/sd L, sd R;

9 - 16

RK TO CHOPPER;; CHG HDS BHD BK - L TO R - REV UNDRM -

CHASSE TRNS - SYNC CHASSE;;;;;

QQS SQQ

9 - 10 **[RK TO CHOPPER]** Release M's R & W's L hds rk bk L (W bk R), rec R, raise jnd hds fwd L trng RF ptrs pass R shoulders lead W to spiral LF under jnd has (W fwd R spiral LF), hold (W hold completing spiral) end LOP M fc ptr & DLC; ronde R XIB of L comm RF trn (W sd L), unwind RF to fc ptr, (W hold), LOP fc DLC stp in plc L, R;

11 -12.5 **[CHG HDS BHD BK]** LOP fc ptr & DLC rk bk L (W rk bk R), rec L, fwd L/cl R, fwd L trng 1/4 LF chg to R/R hhdld bhd M's bk (W fwd R/L,R comm RF trn); cont LF trn sd & bk R/ cl L, sd R rejoin lead hhdld (W sd L/ cl R. sd L) end LOP fc M ptr & RLOD;

QQ

QaQQQ

12.5-13 **[CHG PLCS L TO R - REV UNDRM]** LOP fc RLOD rk bk L(W rk bk R), rec R; sd L/cl R, sd L trng 1/4 RF (W fwd R/cl L, fwd R trng 3/4 LF under jnd hds), fwd R, L (W prog LOD LF underarm L, R) end R shoulders adjacent M fc COH W fac WALL;

QaQQaQ

14 **[CHASSE TRNS]** Maintain M's L & W's R hhdld lead W to prog LOD sd R/ cl L, sd R trn 1/2 RF to fc WALL free arms to sd (W LF fc COH), sd L/cl R, sd L trn 1/2 LF to fc COH place M's R hd on W's R hip;

SS

QaQaQaQ

15 - 16 **[SYNC CHASSE]** M fac Wall W fac COH prog LOD sd R, -, cl L, -; sd R, cl L/sd R, cl L/sd R, cl L/sd R;

PART B

1 - 8 CHG PLCS L TO R - RK TO SHAG - SUSIE Q 6;;;;;X THRU - BALL/CHG - THROWAWAY;;

1 - 2.5 [CHG PLCS L TO R] LOP LOD rk bk L to SCP (W rk bk R), rec R, sd L/cl R, sd L trng 1/4 RF raise jnd hds (W fwd R/cl L, fwd R trng 3/4 LF under jnd hds); sd & fwd R/cl L, sd & fwd R (W sd & bk L/ cl R, sd & bk L) end BFLY M fc WALL,
QQ QQQQ 2.5 - 3.5 [RK TO SHAG] BFLY WALL rk bk L (W bk R), rec R; stp in plc L, kick R to sd, stp in plc R, L; stp in plc R, kick L to sd, stp in plc L, R; stp in plc L, kick R to sd, QQQQ QQ
QQ QQQQ 3.5 - 6 [SUSIE Q 6] BFLY WALL XRIF of L (W XLIF), sd L; XRIF of L (W XLIF), sd L, XRIF of L (W XLIF), sd L;
Q - -aQ 7 - 8 [X THRU - BALL/CHG] BFLY WALL XRIF of L (W XLIF), hold, hold/rec on ball of L, small fwd R preparing to lead W fwd; [THROWAWAY] lead W to pkup sd L/cl R, sd L comm LF trn (W fwd R trn LF/ cont trn L, sd & bk R) end BFLY M fc LOD, release M's R & W's L hds sd R/ cl L, sd & fwd R (W bk L/ cl R, bk L) end LOP LOD;

9 - 16 CHG PLCS L TO R - PASSING AM SPIN TWICE - ROLL OFF ARM EXT D - RK REC PT HOLD;;;;;;

9 - 10.5 [CHG PLCS L TO R] LOP LOD rk bk L to SCP (W rk bk R), rec R, sd L/cl R, sd L trng 1/4 RF raise jnd hds (W sd R/cl L, fwd R trng 3/4 LF under jnd hds); sd & fwd R/cl L, sd R (W sd & bk L/ cl R, sd & bk L) end R/R hds M fc WALL,
10.5-13.5 [PASSING AM SPIN TWICE] R/R hds jnd M fc WALL rk bk L (W bk R), rec R; trn 1/4 LF L/R,L release hdhld(W fwd R/L,R free spin RF), trn 1/4 LF R/L,R end R/R M fc ptr & COH; rk bk L (W bk R), rec R, trn 1/4 LF L/R,L release hdhld(W fwd R/L,R free spin RF); trn 1/4 LF R/L,R end R/R hdhld M & WALL,
13.5-15 [ROLL OFF ARM EXT D] R/R hdhld M fc WALL rk bk L (W rk bk R), rec R; small fwd L/R,L comm RF trn (W fwd R/L,R trn LF 1/2) end W to M's R sd R/R hds jnd at W's R waist free L hds to sd ptrs both fc DWR, comm 5/8 RF trn fwd R,L; R,L lead W to free spin RF (W RF trn bk L,R,L,R free spin RF) fc DLW sd R/ cl L, sd R (W RF L/R, L) end CP M WALL;
QQS 16 [RK REC PT HOLD] CP WALL rk bk L to SCP(W rk bk R), rec R, pt L to sd, hold;

PART C

1 - 8 FALWY RK - CHG PLCS R TO L;;; CHG PLCS L TO R OVERTRN - BOTH SIMPLE SPIN;; STOP & GO EXT D;;;

1 - 3 [FALWY RK]CP fc WALL rk bk L (W rk bk R), rec R to fc, sd L/cl R, sd L; sdR/cl L,sd R end CP fc WALL, [CHG PLCS R TO L] Rk bk L to SCP (W rk bk R), rec R; sd L/ cl R, sd L trng 1/4 LF release SCP raise jnd hds (W sd R/ cl L, fwd R trng 3/4 RF under jnd lead hds), sd & fwd R/ cl L, sd R (W sd & bk L/ cl R, sd & bk L) end LOP fc ptr & COH;
4 - 5 [CHG PLCS L TO R OVRTRN] LOP COH rk bk L (W rk bk R), rec R, sd L/ cl R, sd L trng 5/8 RF (W fwd R/ cl L, fwd R trng 3/4 LF under jnd hds); sd R/ cl L, sd R (W sd L/ cl R, sd L cont LF trn) end LOP ptrs fc RLOD lead hds jnd & extended fwd, QQ
QQQaQ 6 - 8 [BOTH SIMPLE SPIN] Using jnd hds to lead spin release hdhld trn LF in place L, R (W trn RF in place R, L) end LOP fc ptr & WALL;
[STOP & GO EXT D] LOP fc WALL rk apt L, rec R (W rk apt R, rec L), fwd L/ cl R, fwd L (W trng 1/2 LF under jnd hds R/L, R) end W to M's R sd ptrs fc WALL; place M's R hd on W's L shoulder blade to stop her movement rk fwd R, rec L (W rk bk L, rec R), cont rk action rk bk R, rec L (W rk fwd L, rec R); cont rk action rk fwd R, rec L (W rk bk L, rec R), small bk R/ cl L, bk R (W trng 1/2 RF under jnd hd L/R,L) end LOP fc Wall;

9 - 16

REV UNDRM TO TANDEM - CATAPULT;;; MOOCH;;;;;

9 -11 [REV UNDRM TO TANDEM] LOP fc ptr & WALL jn R/R hdhld rk bk L (W rk bk R), rec R, sd L/cl R, sd L no trn (W fwd R/ cl L, fwd R trng LF under jnd hds) end TANDEM W behind M both ptrs fc WALL; in place R/L,R (W small sd L/ cl R, sd L) end dbl hdhld to M's L sd, [CATAPULT] Tandem rk fwd L (W rk bk R), rec R release R/R hdhld; in place L/R lead W fwd past M's L side, in place L trng 1/4 LF (W fwd R comm 1 1/4 RF free spin/ cont spin L, R), in place R/L,R end SCP M fc COH;

QQQQ
QQQQ
QaQQQ
QQQQ
QQQaQ

12 - 16 [MOOCH] SCP fc COH rk bk L (W rk bk R), rec R to 1/2 OP, flk L fwd (W fwd R), cl L; flk R fwd (W fwd L), cl R, rk bk L (W bk R), rec L; trng RF 1/2 sd L/cl R, sd L to L 1/2 OP ptrs fc WALL, rk bk R (W rk bk L), rec L; flk R fwd (W fwd L), cl R, flk L fwd (W fwd R), cl L; rk bk R (W rk bk L), rec L, trng 1/2 LF sd R/ cl L, sd L end LOP M fc ptr & LOD;

REPEAT A TWICE

END

1 - 2.

RK TO DBL WHIP - CORTE - TWIST;;

QQQQ QQQQ

1 - 2 [RK TO DBL WHIP] LOP M fc WALL W fc COH rk bk L (W rk bk R), rec L to fc ptr CP DLC lead hds held low by M's L hip comm R/R trn, cont RF trn sd L, XRIB (W XRIF, sd L); sd L, XRIB (W XRIF, sd L) M fc COH, [CORTE - TWIST] CP bk & sd L full wgt leg relaxed, twist LF on last beat;