

# WATERFALL

Page 1 of 2

**BY:** Curt & Tammy Worlock, 3613 Citrus Tree Court, Plant City, FL 33566 (813)-759-8313

**MUSIC:** CD - International Dance Ballroom - Slow Waltz - E. Musicali - Track 10 - "Watermark"

**SEQUENCE:** Dance **SPEED:** As on Mini-Disc **RELEASE:** January 2005

**RHYTHM:** Waltz **PHASE:** VI **FOOTWORK:** Described for M - W opposite (or as noted)

**E-MAIL:** cworlock@tampabay.rr.com **WEB SITE:** www.stardustdancecenter.com

## DANCE

### **1 - 5 WAIT; RUNNING SPIN; BACK RISING LOCK SYNC; OPEN TELE; SLOW LILT PIVOT TO CP;**

- 1 - Wait 1 meas in CP FCING RLOD w/lead foot free;
- 123& 2 - Bk L LOD toe turned in pivot ½ RF, fwd R LOD between W's feet cont RF trn, cont RF trn sd & bk L to CP DRW/bk R w/R sd lead to CBJO DRW;
- 123& 3 - Bk L (fwd R outsd ptr), bk R comm LF trn blend to CP, cont LF trn bk & sd L/XRIB of L trng LF to CP DLC;
- 4 - Fwd L comm LF trn, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP DLW;
- 1-3 5 - Thru R heel lead comm LF trn rising to toe, cont LF trn stretching R sd and trn W square, fwd L toe pointing DLW (fwd L heel lead comm LF trn rising to toe, keeping head to R cont to rise allowing M to trn you to CP, bk R head still to R) to CP DLW;

### **6 - 9 OPEN FINISH; DRAG HESITATION; OUTSIDE CHANGE TO BANJO; MANEUVER:**

- 6 - Bk R comm LF trn, sd & fwd L toe pointing DLC, fwd R outsd ptr to BJO DLC;
- 12- 7 - Fwd L comm LF trn, fwd & sd R cont LF trn, cont to rotate LF slightly drawing L to R to CBJO DRC;
- 8 - Bk L (fwd R outsd ptr), bk R blending to CP trng LF, cont LF trn sd & fwd L (sd & bk R) to CBJO DLW;
- 9 - Fwd R outside ptr comm RF trn, fwd & sd L cont RF trn, cont slight RF trn cl R to L to CP RLOD;

### **10-13 PIVOT FC LINE,, RUMBA CROSS INTO SPIN & TWIST;; TO SEMI; WHIPLASH (C-BODY);**

- 123& 10 - Bk L pivot ½ RF, fwd R between W's feet to CP LOD, strong step fwd L comm RF trn/XRIB of L cont RF trn to fc WALL;
- 123 11 - Cont RF trn sd & slightly bk LOD toe turned in pivot ½ RF, fwd R LOD between W's feet cont RF trn, cont RF trn fwd & sd L/soften slightly & hook RIB of L (cl R to L/fwd L around ptr comm to unwind M) to CP DRW;
- (123&) 12 - Unwind RF, cont RF unwind rising to R toe, sd & fwd L (cont unwind fwd R, fwd L brush R to L trng square to M to CP DLW, sd & fwd R) to SCP DLC;
- (123) 13 - Thru R, pt L ft fwd as you lead W to swvl LF w/slight sway to L, chg to slight sway R (thru L, swvl LF on L & pt R bk keeping head to R, chg sway head now to L) to CBJO DLC;

### **14-16 BACK & FALLAWAY RONDE TO WHISK; W SWVL DEVELOPE; FWD SIDE CLOSE (DLW);**

- 14 - Bk L, trng slightly RF sd & fwd R leading W to ronde as you ronde L ft CCW, XLIB of R (fwd R, trng RF sd & bk L ronde R ft CW, XRIB of L) to SCP DLC;
- 15 - Lead W to trn L to CONTRA BODY, rise slightly straightening L leg, and sway slightly to R to look twd but over W (swvl LF on R to fc RLOD, raise L knee toe pointing down to floor, extend L leg fwd outsd ptr RLOD parallel to floor) in CBJO DLC;
- 16 - Fwd R, trng RF fwd & sd L, cont RF trn cl R to L (bk L, trng RF bk & sd R, cont RF trn cl L to R) to CP DLW;

### **17-20 WALTZ FWD; DOUBLE NATURAL; FWD HIGH LINE HOLD & SLIP; TO CURVING 3 (DRW);**

- 17 - Fwd L, sd & fwd R, cl L to R (bk R, sd & bk L, cl R to L) still in CP DLW;
- 12- 18 - Fwd R between W's feet comm RF trn, fwd & sd L cont RF trn, cont RF trn touch R to L (bk L comm RF trn cl R to L heel turn, fwd L/fwd R) to CBJO LOD;
- (123&) 19 - Fwd R LOD outsd ptr cont slight RF trn, w/L sd leading fwd & sd L look LOD, hold/trng LF on L bk R (bk L, bk & sd R trng RF head now to R, hold/trng LF on R fwd L) to CP DLC;
- 20 - Fwd L DLC comm LF trn, w/R side leading fwd R DRC cont LF trn and comm to sway L to open W's head, cont LF trn fwd L to CP DRW (head to R);

### **21-24 BACK HOVER BRUSH TO SEMI; OPEN NATURAL; ROYAL SPIN & TWIST TO SEMI; (DLW);**

- 1-3 21 - Bk R, closing W's head rise brushing L to R, sd & fwd L (fwd L closing head, rise brushing R to L, sd & fwd R opening head again) to SCP DLW;
- 22 - Fwd R comm RF trn, sd L cont RF trn, cont RF trn sd & bk R (fwd L, fwd R between M's feet, sd & fwd L) to CBJO DRC;
- 123 23 - Small step bk L toe to R heel trng RF, cont RF trn fwd R outsd ptr, cont RF trn fwd L/soften slightly & hook RIB of L (strong step fwd R outside & around ptr, lifting L leg from hip first w/straight leg & then bending knee L ft curls in small CW ronde up, then down to touch L to R/fwd L around ptr comm to unwind M) completing 1 full RF trn to end CBJO DRC;
- (1--&) 24 - Unwind RF, cont RF unwind rising on R & trng W square to CP DRW, sd & fwd L (cont unwind fwd R, fwd L brush R to L trng square to M, sd & fwd R) to SCP DLW;
- (123)

**25-28 NAT HOVER FALLAWAY; BACK SLIP TO SEMI (DLW); CHAIR & SLIP; DOUBLE REVERSE;**

- 25 - Thru R comm RF trn, fwd L cont trng RF, bk R (thru L, fwd R toe pointing to M's L instep trng RF, bk L) to SCP DRW;
- 26 - Bk L, trng LF leading W to CP bk R, sd & fwd L (bk R, trng LF to CP fwd L, sd & fwd R) to SCP DLW;
- 27 - Lower well in L knee lunge fwd R w/fwd poise, rec L comm LF trn rising through body and trng W square, bk R to CP DLC;
- 12- 28 - Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF spin touch L to R (bk R comm LF trn, cl L to R heel trn, (123&) cont LF trn sd & slightly bk R/XLIF of R) to CP DLC;

**29-32 OPEN REV & SLIP; CHECKED REV HOLD & SLIP; TO FWD LINK SEMI; FWD HOV TO BJO;**

- 123& 29 - Fwd L comm LF trn, fwd & sd R cont LF trn, bk L to CBJO DRC/trng LF on L slip bk R to CP LOD;
- 12-& 30 - Fwd L, fwd & sd R w/R sd leading, hold/trng RF on R bk L (bk R, cl L to R heel trn checked, hold/trng RF on L fwd R) to CP DLW;
- 1-3 31 - Fwd R DLW, rising brush L to R trng RF to CP almost DRW, sd & fwd L (bk L, rising brush R to L trng RF, sd & fwd R) to SCP LOD;
- 32 - Fwd R, fwd L trng W to CP, sd & bk R (fwd L, fwd & sd R trng LF, sd & fwd L) to CBJO DLW;

**33-36 SLOW OUTSD SWVL; THRU TO HINGE; REC W SWVL TO SAME FT LNG LINE; CHG SWAY;**

- 1-- 33 - Bk L RLOD leaving R ft fwd & slowly lead W to swvl RF to SCP LOD;
- 12- 34 - Thru R, sd & fwd L trng W LF to CP, lead W to hinge then relax L knee with R sway (thru L, sd & fwd R trng (123) LF, XLIF of R leaving R ft pointing RLOD look well to L);
- 1-- 35 - Rec R toe pointing DRW rising to swvl W RF to prep position, lower on R to extend the line allowing L ft to slide sd & slightly bk to LOD, looking twd but over W (rec R/swvl RF on R to prep pos head to R fcing DLC allow L ft to brush next to R, lower on R to extend the line allowing L ft to slide fwd to LOD, head well to L);
- 36 - Leading from L hip slowly comm to trn slightly RF stretching R sd to open head to L and W's head to R/trn (—&) LF thru hip & upper body to lead W fwd (after M has lead sway change/fwd L heel lead moving around the M on his L sd);

**37-42 & TRIPLE TELESPIN ENDING;; TO HALF OPEN; OPEN IN & OUT RUN;; OPEN NATURAL;**

- 12- 37 - Transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, sd & slightly bk L LOD partial wgt to (123&) face WALL/cont LF trn thru hip & upper body to lead W fwd (fwd & sd R trng LF square to M at end of step, cl L to R toe trn, fwd R LOD/fwd L heel lead moving around the M on his L sd);
- 12- 38 - Transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, sd & slightly bk L LOD partial wgt to (123&) face WALL/cont LF trn thru hip & upper body to lead W fwd (fwd & sd R trng LF square to M at end of step, cl L to R toe trn, fwd R LOD/fwd L heel lead moving around the M on his L sd);
- 39 - Transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, sd & fwd L (fwd & sd R trng LF square to M at end of step, cl L to R toe trn, sd & fwd R) releasing joined lead hands to HALF OPEN DLW;
- 40 - Fwd R comm RF trn, sd L cont RF trn as you scoop up ptr with your L arm under W's R arm, cont RF trn sd & fwd R LOD (fwd L comm slight RF trn, fwd R between M's feet cont RF trn, sd & fwd L) to V-SHAPE LEFT HALF OPEN LOD;
- 41 - Fwd L comm slight RF trn, fwd R between W's feet cont RF trn as you scoop up ptr with your R arm under W's L arm, sd & fwd L (fwd R comm RF trn, sd L cont RF trn, cont RF trn sd & fwd R) to HALF OPEN LOD;
- 42 - Fwd R comm RF trn, sd L cont RF trn re-joining lead hands, cont RF trn sd & bk R (fwd L, fwd R between M's feet, sd & fwd L) to CBJO DRC;

**43-46 IMPETUS TO SEMI; VIENNESE CROSS; HOLD, BACK TO THROWAWAY OVERSWAY;;**

- 43 - Bk L DLW comm RF trn, cl R to L heel trn, sd & fwd L (fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, sd & fwd R) to SCP DLC;
- 123& 44 - Thru R, fwd L comm LF trn, fwd & sd R cont LF trn w/slight R sd stretch/XLIF of R (cl R to L) to CP DRC;
- 23 45 - Hold, trng LF bk R LOD, bk & sd L lead W to step fwd swvl LF on L staying low in L knee & upper body trng W to CP (hold, trng LF fwd L, strong step fwd & sd R swiveling LF to CP);
- 46 - Develop the throwaway oversway by trng slightly LF and extend line over measure by bringing R sd thru to W leaving R ft bk to RLOD (keeping L toe on floor extend L ft bk towards LOD trng head well to L);