

If I Were A Boy (rel Jan 2010 – cuesheet Jul 2019)



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Music: If I Were A Boy by Beyonce (CD If I Were A Boy, Kuschelrock 25 or download)
Rhythm/Phase: BL PH IV+1 (Riff Turn)
Footwork: Opposite throughout, directions for M unless otherwise stated
Sequence: Intro – AB – ABC – A (1-8) – End

INTRO

½ **CLOSED POSITION FACING WALL AND PARTNER,,**
In CP Fcg WALL & ptr ld ft free for both wt 2 beats,,

Part A

1-8 **BASIC;; TURNING BASIC;; CROSS BODY; FORWARD BREAK; NEW YORKER-2x;;**

- 1-2 {**Bas**} Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L; sd R w/ bdy rise, -, fwd L w/ slipping action, bk R; (W Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R; sd L w/ bdy rise, -, bk R w/ slipping action, fwd L;)
3-4 {**Trng Bas**} Sd L, -, trng 1/4 LF w/ slp pvt action bk R, fwd L trng 1/4 LF; sd R, -, fwd L w/ ckg action, bk R; (W Sd R, -, trng 1/4 LF w/ slp pvt action fwd L, bk R trng 1/4 LF; sd L, -, bk R w/ ckg action, fwd L;)
5 {**X bdy**} Sd and bk L trng LF, -, bk R w/ slipping action trng LF, fwd L trng LF to fc DRW; (W Sd and fwd R, -, fwd L Xng in front of M trng LF, small sd R;)
6 {**Fwd brk**} Sd and fwd R w/ bdy rise to L Open Fcg, -, fwd L w/ contra ck like action, bk R; (W Sd and bk L w/ bdy rise to L Open Fcg, -, bk R w/ contra ck like action, fwd L;)
7-8 {**NY-twice**} Sd L w/ body rise, -, fwd R w/ slipping action lowering and comm turn to sd by sd pos, bk L comm trn RF to fc ptr; (W Sd R w/ body rise, -, fwd L w/ slipping action lowering and comm turn to sd by sd pos, bk R comm trn RF to fc ptr;) Repeat meas 7 in opp DIR;

9-16 **DBL HNDHOLD 4 OPENING OUTS;;; UNDERARM TURN; LUNGE BREAK; HIP LIFT-2x;;**

- 9 {**Opg out**} From Bfly Pos sd and fwd L w/ bdy rise comm bdy rotation in the DIR of L ft, -, lower on L compl upper bdy trn and extend R ft to sd, rise and rotate in Bfly Pos; (W From Bfly Pos sd R and bk w/ bdy rise comm bdy rotation to match ptr, -, XLIB lowering, fwd R in Butterfly Position;)
10 {**Opg out**} From Bfly Pos sd and fwd R w/ bdy rise comm bdy rotation in the DIR of R ft, -, lower on R compl upper bdy trn and extend L ft to sd, rise and rotate in Bfly Pos; (W From Bfly Pos sd L and bk w/ bdy rise comm bdy rotation to match ptr, -, XRIB lowering, fwd L in Butterfly Position;)
11 {**Opg out**} Repeat meas 9 of Part A;
12 {**Opg out**} Repeat meas 10 of Part A;
13 {**Undrm trn**} Sd L w/ bdy rise, -, XRIB lowering, fwd L; (W Sd R w/ bdy rise comm RF trn undr jnd ld hnds, -, XLIF lowering and cont trng 1/2 RF, fwd R compl RF trn to fc ptr;)
14 {**Lun brk**} Sd and fwd R w/ bdy rise to L Open Fcg, -, comm slight RF bdy trn lowering on R ldg W bk extend L to sd and bk, comm slight LF bd trn rising on R to rec; (W Sd and bk L w/ bdy rise to L Open Fcg, -, bk R w/ contra ck like action, fwd L;)
15 {**Hip Lift**} Sd L bringing R ft to wghted ft, -, w/ slight pressure on R ft lift hip, lower hip; (W Sd R bringing L ft to wghted ft, -, w/ slight pressure on L ft lift hip, lower hip;)
16 {**Hip Lift**} Sd R bringing L ft to wghted ft, -, w/ slight pressure on L ft lift hip, lower hip; (W Sd L bringing L ft to wghted ft, -, w/ slight pressure on R ft lift hip, lower hip;)

Part B

- 1-8** **RIFF TURN; FENCE LINE WITH ARMS; NEW YORKER; RIFF TURN;
HAND TO HAND-2x;; AIDA PREPARATION; AIDA LINE AND HIP ROCK 2;**
- 1 **{RiffTrn}** Sd L raise ld hnds to start W into RF spn, cl R to L as W compl spn, sd L keeping ld hnds up start W into RF spn, cl R to L as W compl spn;
(W Sd and fwd R spin RF compl one full trn undr jned ld hnds, cl L to R, sd and fwd R spn RF compl one full trn undr jned ld hnds, cl L to R;)
 - 2 **{Fnc line w/ arms}** In Bly Pos sd L raising trl hand up and over, -, X lun thru R w/ bent knee looking twd LOD, rec bk L; (W In Bly Pos sd R raising trl hand up and over, -, X lun thru L w/ bent knee looking twd LOD, rec bk R;)
 - 3 **{NY}** repeat meas 8 of Part A;
 - 4 **{RiffTrn}** repeat meas 1 of Part B;
 - 5 **{Hnd-Hnd}** Sd L w/ bdy rise, -, swvg 1/4 on L ft to L Open, bk R lowering, fwd L trng to fc;
(W Sd R w/ bdy rise, -, swvg 1/4 on L ft to L Open, bk L lowering, fwd R trng to fc;)
 - 6 **{Hnd-Hnd}** repeat meas 5 of Part B in opp DIR;
 - 7 **{Aida prep}** Sd L to mod slight open "V" shape twd ptr, -, thru R, trng RF stp sd L;
(W Sd R to mod slight open "V" shape twd ptr, -, thru L, trng LF stp sd R;)
 - 8 **{Aida Line-Hip rk 2}** cont RF trn bk R in Aida Line,-, rk fwd L, rec R;
(W cont LF trn bk L in Aida Line,-, rk fwd R, rec L;)
- 9-16** **SWIVEL TO FACE-SPOT TURN; TIME STEP TO HALF OPEN; BOLERO WALKS TO FACE;;
UNDERARM TURN; HIP LIFT; FENCE LINE-2x;;**
- 9 **{Swvl to fc-Spt trn}** Fwd L twd RLOD w/ bdy rise trn ¼ LF to fc,-, XRIF lowering and cont trn on Xing ft ½ LF, fwd compl trn ¼ to fc ptr; *(W Fwd R twd RLOD w/ bdy rise trn ¼ RF to fc,-, XLIF lowering and cont trn on Xing ft ½ RF, fwd compl trn ¼ to fc ptr;)*
 - 10 **{Tim stp}** Stp R sd w/ bdy rise, -, XLIB lowering, fwd R to ½ OP LOD;
(W Stp L sd w/ bdy rise, -, XLIB lowering, fwd L;)
 - 11 **{BL wlk}** Fwd LOD L,-, fwd R, fwd L;
(W Fwd LOD R,-, fwd L, fwd R;)
 - 12 **{BL wlk}** Fwd R LOD,-, fwd L, fwd R to fc ptr and WALL;
(W Fwd L LOD,-, fwd R, fwd L to fc ptr and COH;)
 - 13 **{Undrm trn}** Repeat meas 13 of Part A;
 - 14 **{Hip Lift}** Repeat Meas 16 of Part A;
 - 15 **{Fnc line}** In Bly Pos sd L with bdy rise, -, X lun thru R w/ bent knee looking twd LOD, rec bk L;
(W In Bly Pos sd R with bdy rise, -, X lun thru L w/ bent knee looking twd LOD, rec bk R;)
 - 16 **{Fnc line }** Fwd R trng RF to fc WALL, sd L, cl R *(W fwd L trng LF to fc COH, sd R, cl L to R) to CP fcg WALL;*

Part C

1-8 ½

BASIC TO FAN; FAN TO HOCKEYSTICK; FINISH HOCKEYSTICK; SHOULDER TO SHOULDER; SLOW HIP ROCK 2; BASIC;; MERENGUE BASIC 6;..

- 1 {**Bas to fan**} Sd & bk L,-, bk R, rec L fcg WALL; (*W sd & fwd R,-, fwd L, sd & bk trng LF;*)
- 2 {**Fan to hkystk**} Sd R,-, fwd L, bk R; (*W bk L to Fan Pos,-, cl R to L, fwd L;*)
- 3 {**Fin hkystk**} Sd & slightly bk L,-, sd & fwd R, fwd L;
(*W fwd R,-, fwd L, fwd R trng ½ LF undr jnd ld hnds;*)
- 4 {**Shldr-shldr**} From Bfly Pos sd R w/ bdy rise, -, XLIF to Bfly Scar Pos lowering, bk trng to fc ptr; (*W From Bfly Pos sd L w/ bdy rise, -, XRIB to Bfly Sidecar Pos lowering, fwd to fc ptr;*)
- 5 {**Slow Hip rk 2**} Rk sd L rolling hip sd and bk, -, rec R w/ hip roll, -;
(*W Rk sd R rolling hip sd and bk, -, rec L w/ hip roll, -;*)
- 6-7 {**Bas**} repeat meas 1-2 of Part A;;
- 8- {**MR Bas 6**} Sd L start w/ insd edge of ft, cl R, sd L, cl R; sd L,cl R,
(*W Sd R cl L, sd R, cl L; sd R, cl L,)*) There are two extra beats in the music, which I do not keep running here

9-16

FENCE LINE; OPEN BREAK; BREAK TO LOP; BOLERO WALK 3; SWIVEL TO FACE SPOT TURN; NEW YORKER; TIME STEP-2x;;

- 9 {**Fnc line**} Repeat Meas 15 of Part B;
- 10 {**Op brk**} Sd and fwd R w/ bdy rise to L Open Fcng Pos, -, bk L lowering, fwd R;
(*W Sd and bk L w/ bdy rise to L Open Fcng Pos, -, bk R lowering, fwd L;*)
- 11 {**Op brk**} Sd L,-, trn RF XRIB, fwd L twd RLOD; (*W Sd R,-, trn LF XLIB, fwd R twd RLOD;*)
- 12 {**BL wlk**} Fwd R RLOD,-, fwd L, fwd R; (*W Fwd L RLOD,-, fwd R, fwd L;*)
- 13 {**Swvl to fc-Spt trn**} Repeat meas 9 of Part B;
- 14 {**NY**} repeat meas 8 of Part A;
- 15 {**Tim stp**} Stp L sd w/ bdy rise, -, XRIB lowering, fwd L;
(*W Stp R sd w/ bdy rise, -, XRIB lowering, fwd R;*)
- 16 {**Tim stp**} Repeat in the opp DIR;

End

1-4

SLOW HIP ROCK 2; BASIC;; LUNGE SIDE:

- 1 {**Slow Hip rk 2**} Repeat Meas 5 of Part C;
- 2-3 {**Bas**} repeat meas 1-2 of Part A;;
- 4 {**Lun sd**} Sd L and lowering on ld ft,-; (*W Sd R and lowering on ld ft,-;*)