



# TAMARA TWIRLERS

Round Dance Club München e.V.

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## DISCO FOX WORKSHOP 2005

13.11.2005

### **FIGUREN**

Basic [*Grundschrift*]

Change hands behind back [*Hand- & Platzwechsel*]

Change places left to right [*Platzwechsel*]

Change places right to left [*Damensolo*]

#### **Flirt (lady's, man's)**

He goes left

He goes right

#### **Lady dive back [*Damentaucher*]**

Left turning basic [*Linksgedrehter Grundschrift*]

#### **Neck slide exit**

Right turning basic [*Rechtsgedrehter Grundschrift*]

She goes left

She goes right

Underarm turn to tamara [*Brezel*]

Unwrap (from tamara)

Unwrap (from wrapped)

Wheel [*Gedrehtes Körbchen*]

Wrap [*Körbchen*]

### **POSITIONEN**

Double handhold [*Doppelhandhaltung*]

#### **Left stacked handhold (left over right hands)**

Right hand shake

#### **Stacked handhold (right over left hands)**

Tamara position (Lady's tamara) [*Brezel*]

Wrapped position [*Körbchen*]

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### **WORKSHOP-TERMINE**

So, 09. Okt. 2005 18:30

So, 23. Okt. 2005 18:30

**So, 13. Nov. 2005 18:30**

So, 04. Dez. 2005 18:30

So, 11. Dez. 2005 18:30